

REGIS

1989

COLLEGE



Visions of Excellence

RANGER

*T*able of Contents

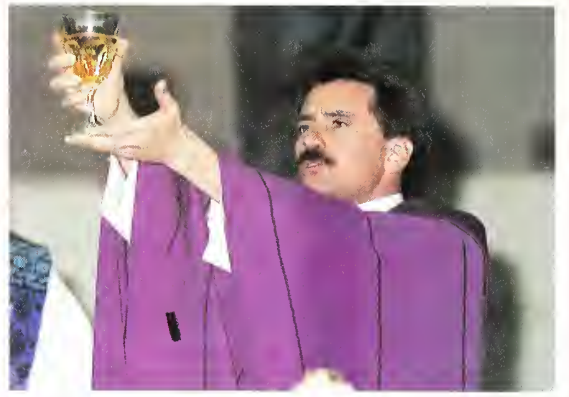
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Ranger 1989

Regis College
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Regis

You can feel it as you walk across the Boettcher Commons, you can see it in Loyola Hall and you can hear it in the pub every Thursday night. The VISIONS OF EXCELLENCE is truly evident here at Regis College.

Here at Regis the influence of the Jesuit Community is a strong part of the reason for which we reach for excellence. One student remarked, "There is something about those Jesuits that balances out the seriousness of academics and the idiocy of college."

Regis College is a Jesuit college that is going into its second century of educating youths. This year's book is a reminder of how our lives were influenced by the VISIONS OF EXCELLENCE.



Loretto Heights

Loretto Heights College has been a creative institution that successfully met the challenge of change. The evolutionary process at Loretto Heights was planned and responsive to educational and/or societal needs. Often times, the College had been on the leading edge of academic innovation.

From its beginning in 1893 as a girl's academy founded by the Sisters of Loretto, the College had evolved through a number of stages. In 1918, the Sisters of Loretto recognized the need for higher education for women in the Rocky Mountain Region. In conjunction with their well established academy, the Sisters created Loretto Heights College. The first graduating class was in 1921. In 1940, the academy was closed and Loretto Heights College became exclusively a four year college for women. The next major step in the change process occurred in 1968. Recognizing the changes taking place in higher education, the Sisters of Loretto turned the governance of the College over to an independent Board of Trustees. In 1971, male students were admitted on a full time basis.

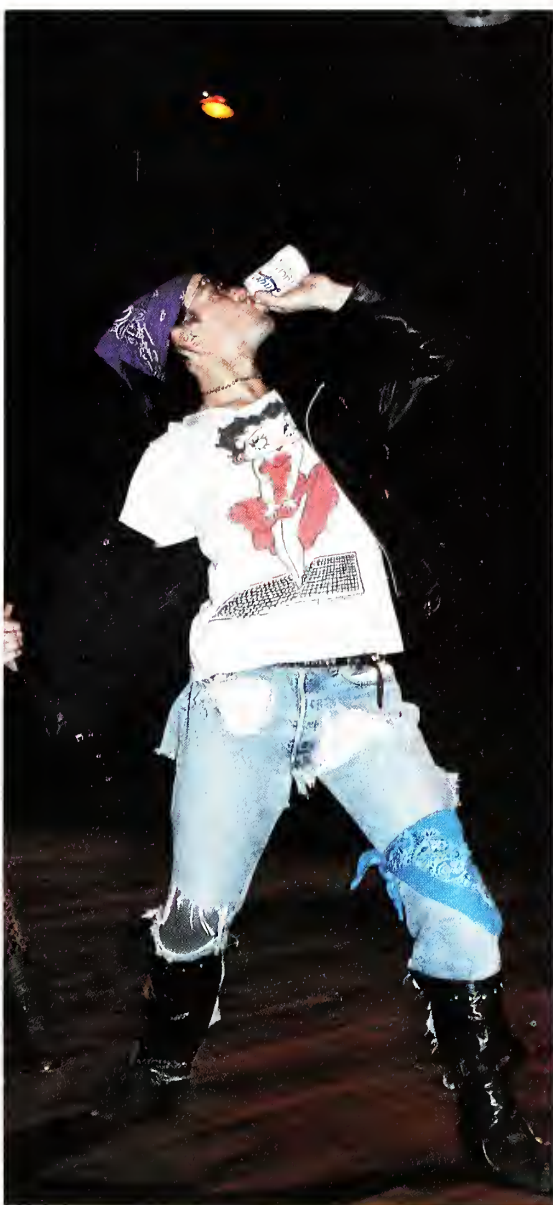
Although Loretto Heights was a liberal arts college, it had long recognized the values of professional programs build upon a liberal arts foundation based on our Judeo-Christian heritage. In 1926, Teacher Education was added to the curriculum. A nationally recognized Nursing Program began in 1948, and its most recent addition in the professional area, the Program in Business began in 1978.

The addition of the Program in Business was not the last change that Loretto Heights College would experience. During the fall of 1987, the College had begun experiencing unexpected financial problems. It was at the beginning of 1988 that the most drastic change in the College's evolution would occur. The decision was made to try and sell the College so that it would not have to be completely closed down. An arrangement was made with Regis College to assume Loretto Heights and it then seemed that the College would at least be able to survive under the leadership of Regis. Even though Loretto would now be able to continue some of its programs at Regis, there were a lot of mixed feelings among the students. There was anger at how the arrangement was handled on the part of Loretto students. Most of the emotions were anxiety because many of the students were uncertain as to how this change would effect them. Now the students of Regis are proud to have the Loretto Heights students join them because there is much we can learn from each other. The new courses that are now offered at Regis give everyone here an opportunity to further their education in some very highly reputable areas, especially in our new Health Management Program. Together we will continue to produce high quality students, and also continue on with the Visions of Excellence.









Unity

1988 brought not only a new year, but also a new Regis College. During the course of the year, many changes have occurred here at Regis College. The changes range from a new landscape to the acquisition of Loretto Heights.

Throughout the year, the campus went through a million dollar face lift. With money donated for this purpose, Regis not only installed new plants and trees, but also long-needed sidewalks and the addition of the plaza outside of the student center.

With the acquisition of Loretto Heights came two new programs to Regis, the Dance Program and the Nursing Program. The Dance Department developed a ten year reputation at Loretto Heights for producing both strong performers and innovative choreographers. The Nursing Program offers practical training in the field of nursing.

All over the campus you can see not only new faces but also new places. Along with the Loretto Height Nursing and Dance Departments came a whole new look for the basement of Main Hall. With the renovation of Main Hall came a new feeling of rejuvenation for the people here at Regis. With the celebration of our centennial, Regis College pledged another hundred years of providing VISIONS OF EXCELLENCE.

As Regis College continues to grow and changes continue to occur, it is evident that, although we are now one hundred years old, we will continue to strive for VISIONS OF EXCELLENCE.





Campus Life

Hello, ladies and gentlemen! Welcome to flight 1989. Please fasten your seatbelts, because we are about to embark on one of the most exciting adventures ever. We are going where no one has gone before; we are going to Regis College Campus Life. In case of emergency simply dial your home phone number and ask for Mom or Dad. In the unlikely event that the atmosphere would change, we have equipped you with everything you would need to survive on your own. For those of you who require a little help from a friend, there is always one in reach. Here at Regis the activities never

cease. Regis offers a wide variety of dances like the Welcome Back Dance, Fall Frolic, Winter Garden Ball, Sadie Hawkins, Morp, Unprom and Prom, (for those of you who need the security of dancing with a partner). If the weather should turn nasty and cold, there is always snow football in the Boettcher Commons, or the ever popular snowball fights. When the weather is hot and sunny, you can find people tanning in the sun, participating in Dorm Olympics or just simply hanging out. If there are any questions, please direct them to the nearest Regis College student or Student Activities. Thank you for flying flight 1989 and have a great year.





Let's start at the very beginning

This year Freshmen orientation took a new twist. Under the command of Kathleen Beutner, Executive Board's Director of Student Relations, the transfer students and the class of 1992 had a time to remember. With the help of many people like Jim McCormick, Pam Myrick and the SAINTS (Students Assisting Incoming and New Transfer Students), orientation went off without a problem. This year saw a new approach to the get-to-know-you scene. Gail Novathy from New York brought her 90-minute ice-breaking program called Play-fair to the orientation in hopes of bringing everyone together. Not only did students participate, but a few stray faculty members were also spotted in the crowd. Another annual fun event is the trip to Denver's premier amusement park, Elitches. After a

quick dinner at Marriott, the school's athletic buses were loaded with new students who were eagerly awaiting a fun "night on the town." After riding the Wild Cat, they gathered their prizes and loaded up the buses for a quick trip home.

The final event that brought this year's well-remembered orientation to a close was the Welcome Back Dance. By this time almost all the returning students were moved back in and looking forward to getting back together with all of their friends. The Welcome Back Dance was timed to bring both new and returning students together for an evening of fun and dance. The fieldhouse was where the dance was held and those who went to the dance had a grand time. It was also the best of way to to gear up for the coming semester.



Above: RA Joe Adducci and Jill Janney participate in the fun at Elitches's.

Left: Jim McCormick, Ann Fox, and Jenette Ortiz check in new students.





Top: Freshmen along with group leaders untangle the mess they've created.

Jennifer Merkel and Mary Cunningham were among the many SAINTS that helped at orientation.

After all the group orientation was finished, it was time to get down to business. Both freshmen and new students had to take the placement exams to help put them in the right level of courses. The tests alone were bad enough, but after the students finished these it was time to meet with their appropriate advisors. Here the students were given help in determining what classes to take. After about an hour or so, most of the schedules were completed and the students were ready for Financial Clearance. To get through this process seems relatively easy and you would think it wouldn't take very long. Wrong. You report to the door on the east side of the library

at your respective time and join your friends in line. What seems like forever actually takes about a half an hour or so. By the time you're done you come out with brain fatigue and a nasty case of writer's cramp. As you leave the basement of the library with an enormous wad of paper in your hands and that painful tuition receipt, you get ready for the first day of classes. All these things to remember seem like a lot, but there is always someone around that can lend you a helping hand, and that's what Regis is all about. The feeling of unity is strong at this campus, and everyone can find a way to share in the VISIONS OF EXCELLENCE.





*SAINT William Hiller
"Please tell me you don't
live on fourth floor."*

*Top: Freshmen parents take
a tour of the campus.*

*Left: Freshmen lean on each
other.*

*Opposite page: Small groups had time to discuss
what college was going to be about.*

*Left: Pam Espinaza and Ian Buchanan enjoy
themselves at Elitche's*



Above: Sophomore Amy Flaherty and Tom Zummach hand out t-shirts.

Above: Elena Cooney, Jennifer Merkel, and Matt Middendorf get the fire going.



Top: Matt Middendorf and Paul Stocking cook up a storm.



A Day On The Rocks

The Sophomore class spent yet another wonderful day in the mountains. This year the event took place in the beautiful Genesee Park conveniently located just a short drive west on I-70. The members of the Sophomore class who participated had a great time. The day started by gathering the class in the parking lot and then proceeding to the park. Once there, the class spent a good part of the day simply enjoying the great outdoors. The sophomore class used this time to get to know one another

and to spend some quality time with their friends. The day consisted of volleyball, hacky sack and nature walks. On one walk some sophomores discovered the president of the sophomore class, Robben Eddleman, sunbathing near a rock, while others discovered that the day was a refreshing change from the city. One sophomore was quoted as saying "I had such a great time that I would do this once a week instead of once a year."



Above: Sophomores relax while playing hacky sack.

Left: Elizabeth Tennessen and Dave Walsh enjoy the beautiful view.

For The Health of It

With the Coors Life Direction Center in its second year, fitness on campus is becoming increasingly important. More students are realizing that working out can not only improve your body, but also improve your overall health. This year the fitness center started a challenge to encourage not only students but also faculty and staff to become more fit. The Fitness Challenge was offered both semesters and produced a male and female winner from each class level, as well as a winning hall floor and dorm with the most amount of accumulated points. While all this was happening, across the parking lot the fieldhouse continued to offer

a great gym to play basketball or volleyball as well as a pool and two racquetball courts for those who like to have fun while getting a great workout. The fieldhouse also has a weight room for those athletes under the guidance of a trainer.

For some people, working out is merely a way to keep their bodies in shape; for others, working out is a way to release stress. With stress becoming more and more predominant in our society, it is very important that we find a way to minimize the amount of stress in our lives. Here at Regis we are using fitness as a way to remain healthy and happy students.



Opposite page: Aaron Crouts takes a break after riding the Fitron Cycle.

Jill Simmons cools off after a hard workout.

Middle: Elizabeth Tennesen explains the shoulder press to Christina Beloud.

Brigid Swanson attempts the bench press.







Opposite page: Jim Marsh " Whip cream, my favorite."

Left: Ronald Regan and his new wife Pebbles were among the presidents seen on campus during Halloween.

Sarah Love enjoys a party off-campus.





Scared Senseless

Once again this year Halloween brought out the usual ghosts and goblins. Regis was the place to be for those who didn't get into the annual Mall Crawl. Regis offered a new addition to the Halloween scene this year, with the combination of the Baseball team's Monster Mash Bash and

MORP. For those who enjoy a good laugh, The Rocky Horror Picture Show was offered on the 31st. For those that were in the mood to see scary movies, West Hall had its second annual Fright Night. Some of the major attractions were "The Exorcist", "The Omen", and "Evil Dead II".



When In Rome Do As The Romans



Toga ... Toga ... Toga ...
This year's Toga party was another great success for DeSmet. The traditional party has become one of the most loved activities on campus. The students of Regis came out in some of the most imaginative Togas to be seen and danced all night to the music of a Disc Jockey from our own KRCX.





Above: Shellie Dyman, Maribeth Winston, and Lisa Schaefer sport their togas.

Far right: Linda Berner "Where's that music coming from?"

Rob Albano and Jennifer Merkil discuss sales.



Opposite page: Kari Card, Lisa Schaefer, Maribeth Winston, and Julie Ford have a ball at Toga.

Opposite page: Dave Card commences the party with a reading of the Toga poem.





Top: Frank Torres and Kelly Vinola stop for a close-up.



Above: Linda Berger and friend show us ticket sales.

Right: John Neuroth was among the many people who rented a hotel room to party long into the night.



A Night To Frolic

When you think of fall, you think of the leaves changing, temperatures dropping, and classes starting. Fall is the time of the year for football and raking leaves. Here at Regis, it is the start of not only a new semester but also a series of semi-formal dances. To kick off this year's dances, the PAC (Program Activity Council) sponsored the annual Fall Frolic. This year, Fall Frolic was held at the Sheraton Denver Tech Center and featured

the music of R.P.M.

For many, this is a special dance. It starts the year off with a chance to spend an evening with that special someone. For many couples, the hardest part of the evening was choosing a place to go for dinner. With such a vast selection of restaurants in the Denver area, it truly is an accomplishment to choose just what you're in the mood for. Unfortunately, even with all the choices, some still chose to eat at McDon-

ald's.

When the clock struck one, for some the evening was over; for others, the evening had just begun. Many Regis students like to rent rooms right in the hotel to avoid having to drive home at such a late hour. Some head for the nearest 24 hour restaurant to grab a bite to eat, and still others find comfort in spending time with their dates.



Above: Brian Gallagher, Rebecca Vogel, Shannon Ryan, and John Chiapel pause for a picture while dancing.

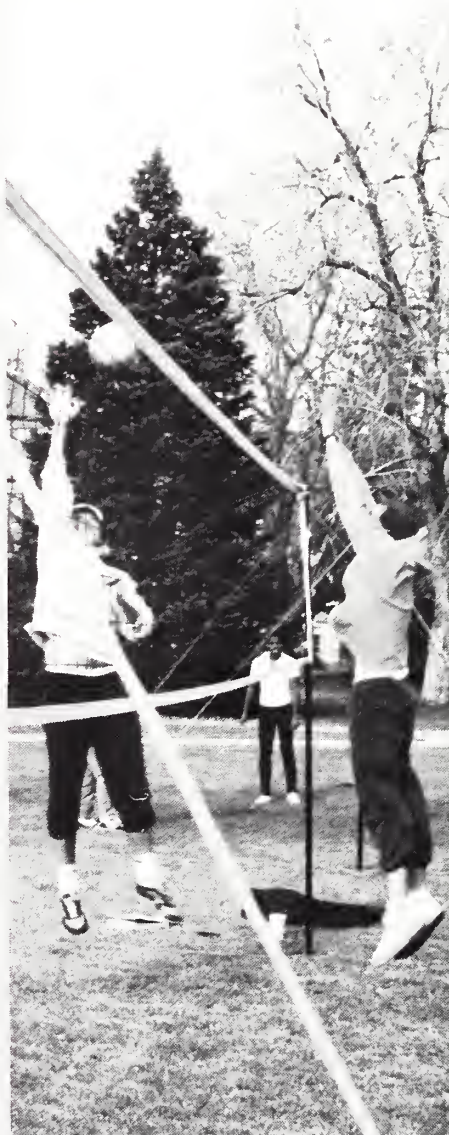
Left: Kelly Murphy and Shannon Donahue grove to the music of R.P.M..

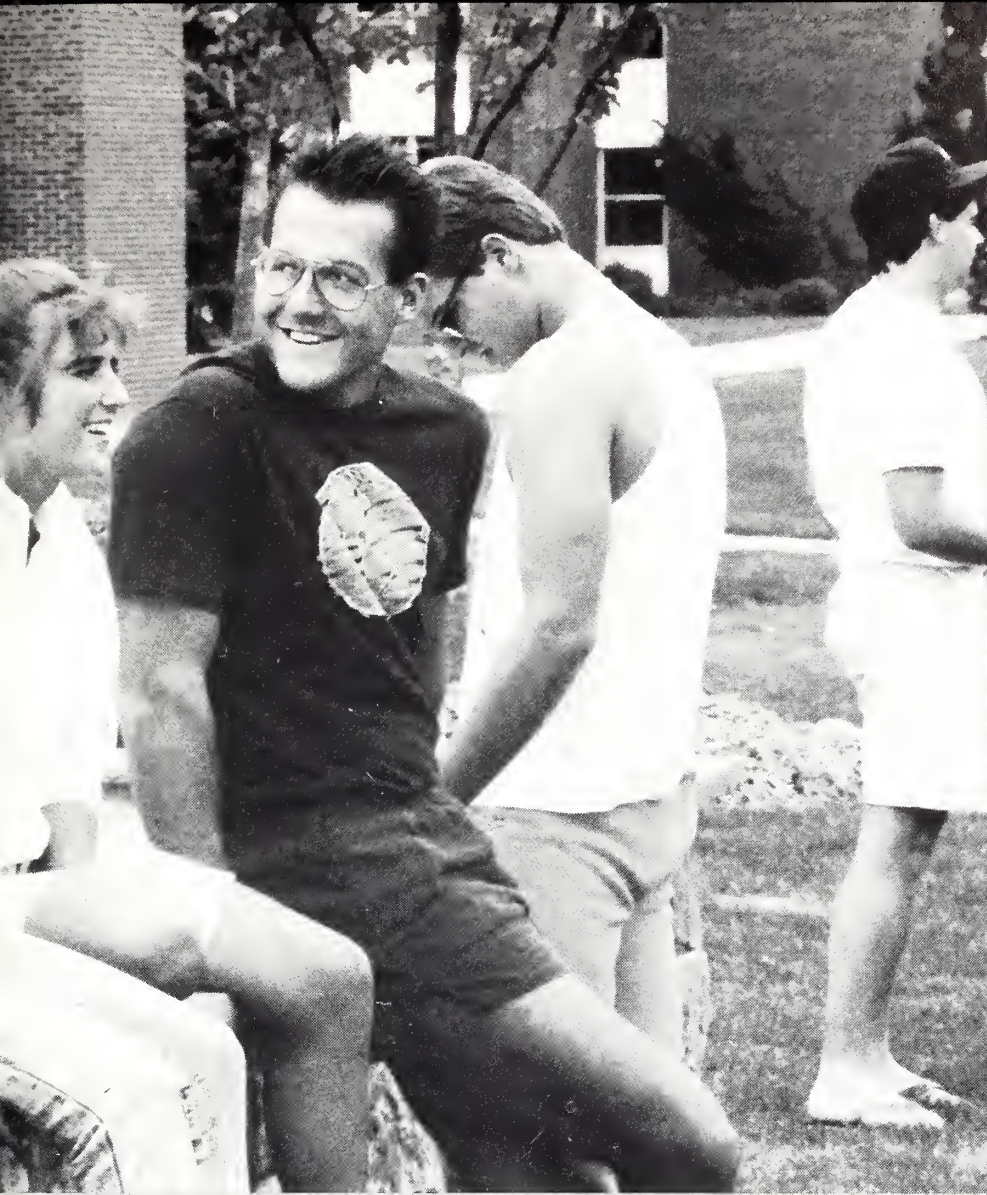


Hanging Out

The Boettcher Commons seems to be the place that students choose to hang out while not in classes. The quad has been forever immortalized by the endless amount of memories that it holds for each student. To some, the quad is simply a short cut from one place to another; for others, the quad is where to meet to play hacky sack, frisbee, and talk with friends. The quad is also the place that, when the snow falls, you can catch a game of snow football in front of the library. Once again this year, the quad was also where the annual Dorm Olympics were held.

Over the years, the quad has seen a lot of changes. Just this year alone, the quad got the new name of The Boettcher Commons, and saw the addition of new sidewalks as well as a new plaza outside of the Student Center. Along with these additions, the statue experienced a renovation and a dedication.





Opposite Page: Groups gather in the Boettcher Commons for lunch.

Right: Robert Blanchard, James Blanchard, Sue Roughton, Leslie Koltys, Shawn Tassone, and Corina Reid talk in the Plaza between classes.



Left: Romona Ellyin, Sue Roughton, and Kelly McEwen get ready to play catch.

Left: Linda Berner, glad to be back at school does a cartwheel on the sidewalk.



Linda Polson takes advantage of the warm weather to teach accounting in the Commons.

Opposite: Students get together for Volleyball

Kimberly Kos and her mom "Let's do lunch."

Sam Patterson, Megan Stewart, Deb Vinola, Mary Jo Acke, and Barry Hall take a break for their booth during parents weekend breakfast.



United Again

As the month of November arrives, so do the parents full of anxieties about how their sons or daughters are coping with the new environment.

Their introduction to the Regis community started Friday, November 4th, with a warm welcome by Meghan Stewart, registration volunteers, and others from the development office. The welcoming continued with a reception in the President's Lounge and a dance/theatre production in the O'Sullivan Center.

Saturday started with a continental break-

fast, at which booths of various clubs and organizations were present to show parents and students what type of activities Regis offers. A performance by Regis' nationally ranked Forensics team, International Fair, Parent Association Meeting, workshops and a Faculty cabaret were among other activities parents attend.

On Sunday, the weekend's activities drew to a close with mass and brunch. All in all, parents left Regis with a better understanding of their sons and daughters "new" home.



Above: Rich Rock and his parents have dinner in the cafeteria.

Left: Arden Baranowski and her parents, enjoy the sun on the last day of Parent's Weekend.



Dancing In The Holiday's

What better way to end the fall semester than with a dance. This year the Winter Garden Ball was just that dance. The ball was held at the Regency Inn on I-25, and despite the cold weather a large amount of people came. The music was provided by A.S. Anova and the Regis students really liked their music. Students were not the only people enjoying the ball, Santa Claus was also able to make a special guest appearance.

With Christmas approaching quickly, it was nice to see that the Regis students were filled with the Christmas spirit. Their love was seen through the senior class as they sang Christmas carols throughout the hotel. As the night progressed, more and more people arrived "casually late"; due to the success of the band, a good number of students stayed until the last number was played.



Above: R.P.M. slows down the music for a moment together.

Right: R.P.M.'s music was well recieved by the students who attened.





Left: The music allows students to boogie the night away.



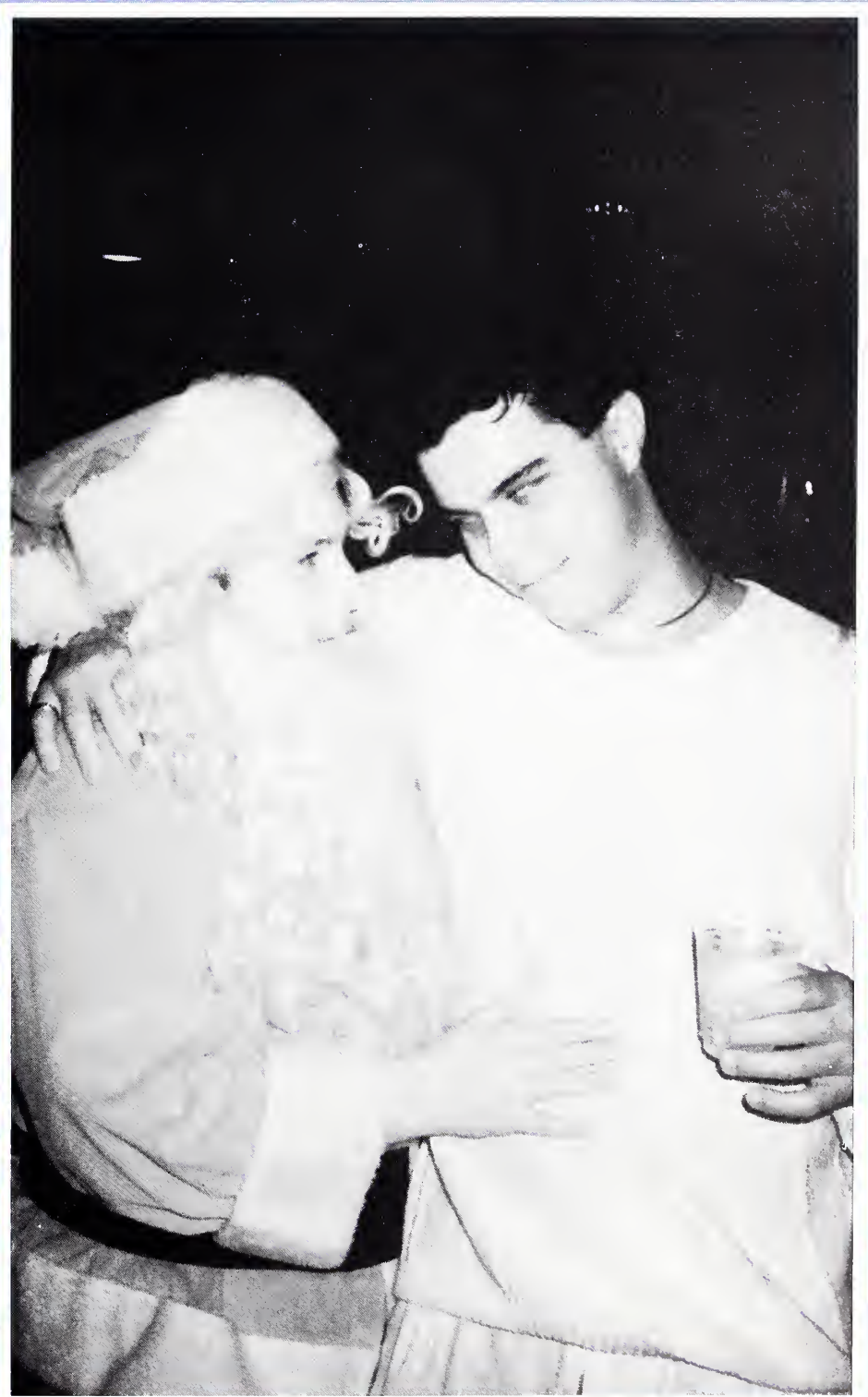
Left: Linda Berger, Mary Johnson, and Shawn Tassone discuss the evening's activities.

Below: Many couples cuddled together during a slow song.



Above: Kelly Vinola and Chris Sieber take a break from dancing.



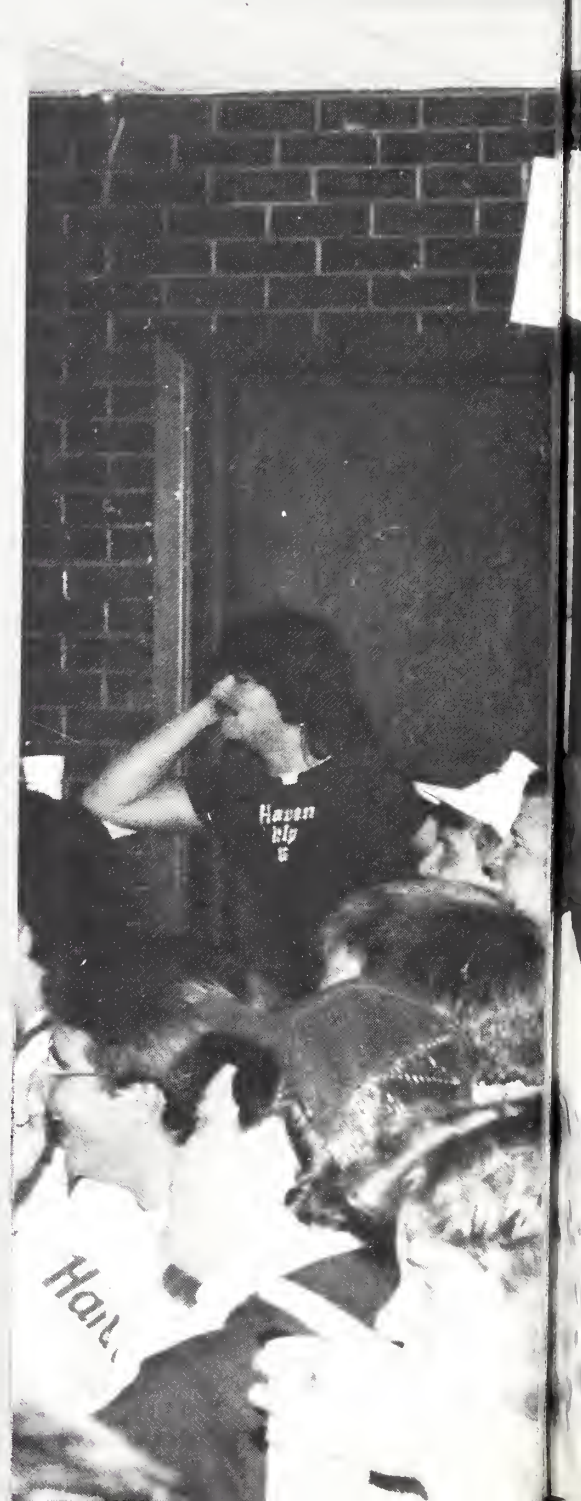


Rangers Fill The Station

Where can a person go on a weeknight to get away from the dorms and/or homework? Why, the Ranger Station of course! The Ranger Station, conveniently located on campus, is a place where students can go to relax and get away from the anxieties of life. They can satisfy not only their thirst, but also their hunger by ordering a fresh, custom-made pizza. During your wait, you can pass the time by playing a game of pool or you can plug some quarters into the video games located in the Game Room. While you eat your pizza and gulp down a Coke, you can enjoy your favorite music on the great stereo system, or you watch your favorite movie on the big screen T.V. For those who just can't tear themselves away from homework, the pub offers free pizza delivery anywhere on cam-

pus.

Just like the rest of the campus, the Ranger Station received a little facelift this year. New tables and chairs were put in and the Regis Ranger was painted on the window of the Game Room. To get more people to take advantage of this unique little place, the PAC (Program Activities Council) started showing a movie every Tuesday evening that was either free or just one dollar. On Thursdays, the PAC introduced a new activity called "Thursday Thrills". The PAC brought in live bands, and comedians for everyone to enjoy. Since the Regis campus is a dry one, the pub is the only place to have alcohol. The pub is not only for public use, but it can also be rented by anyone on campus to have a dorm party or any wing activity.





Far Right: James Marsh shows us his talent at the pub.

Opposite Page: Students enjoy a night of fun and excitement in the pub.

Right: Weekly entertainment was brought in for Thursday Thrills.



Deb Vinnola, Liz Howard, Deb Waldman, and Mary Jo Acke take a break from working.

Above: Change of Pace was heard at the opening night of the Ranger Station.





The use of the pub by Regis students has greatly increased this year. The Toga party was held in the pub, and later in the year the pub held the Monster Mash Bash and MORP. With the increased use of the facilities, there are more students working in the Ranger Station. This job entails the responsibility of making sure that the students being served are of age. With the arrival of this year's Freshmen, who are unable to drink legally, students working at the bar must be aware of who can drink and who can't. Whether you can drink or not is not the issue, because the pub is there for you to enjoy.

Religion: A Way Of Life

Here at Regis College, religion is a way of life. For many, the religious overtone offers a special sense of security and togetherness. Because Regis is such a close-knit community, it is very hard for one to pick out all the different religions that are practiced. Although Regis College is a Jesuit institution and Catholicism is the dominant religion, is not the only one.

Regis College offers a variety of things that you can get involved in to help you enhance your Spiritual side. Campus Ministry is the main drive behind the Religious part of Regis. They focus mainly on the mass, but they also work to help students better understand their beliefs.

For many, college is a time to break away from the norm, and this sometimes includes the religion in which they were raised. Regis offers a chance for students to choose what they want to do in their lives not only careerwise, but also spiritually. Regis offers a support for those who are searching for the place that they feel most comfortable.

Life in college is hard enough as it is, and to do it alone only makes it harder, so for this we offer a suggestion. The campus is full of people who can make your college experience just a little bit easier. Try stopping into the Religion Department or Campus Ministry, you may find it helps.





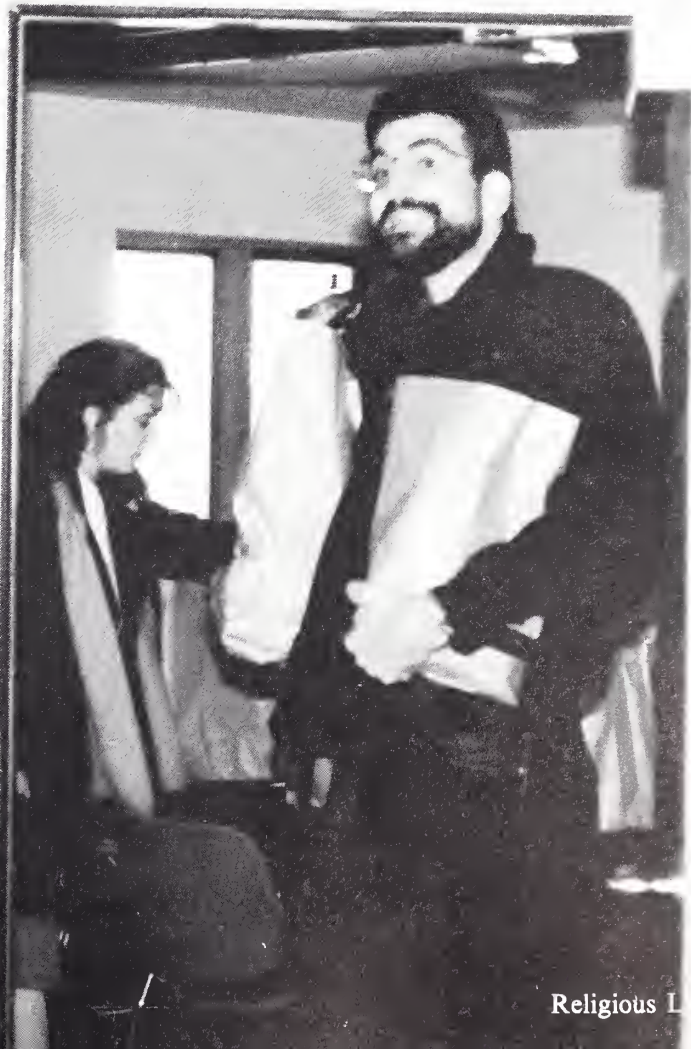
Bottom: Ken Phillips and Sarah Hemming, prepare for Soup 'n Scripture.

Below: The Voigt and Wittenberg families attend mass during parents weekend.

Left: Father Kevin Burke S.J., Ken Phillips, and the choir practice for Sunday Liturgy.



Above: Father Vincint O'Flaherty S.J., prepares for mass.



Right: Tom Reynolds deals cards at the Black Jack table to students which include Katie Masterson.



John Green learns to play Rolette before heading to Las Vegas.

Rich Carter lights a cigarette when the tension increased





Reno Comes To Regis

The second annual Casino Night, sponsored by Circle K International, was a big success. A variety of fun events and gambling tables were offered. These included a mock wedding chapel, where Regis students enjoyed marrying their favorite sweetheart, craps, roulette, poker, wheel-of-fortune, and the ever-popular blackjack.

The evening was not only enjoyed by the students, but also by members of the faculty. Those who volunteered their time spent the even-

ing dealing cards while dressed in the attire of the Roaring 20's. To add to the atmosphere, "cigarette girls" roamed the casino.

Chips were won and lost throughout the night, but in the end it seemed as if everyone had something to show for their venture. The chips were used in the auction that climaxed the evening. Students walked away with everything from baseball caps to picnic sets to tickets to the Denver Symphony Orchestra.



Above: Circle K International Members Beth Stone, Julie Clayton dress to the "T".

Left: Black Jack proved to be the most popular game at Casino Night.

Library

What's Dayton Memorial Library besides a place to get books? It's gotten to be the most popular place to do homework on campus. One reason that it's such a good place to study is the quiet atmosphere that it offers, and the isolation from the distractions in the dorms. You can either find someplace to study by yourself, or if you prefer to study in a group, there are conference rooms available to students. The library underwent a few changes to make books and information more easily accessible to students. As with some of the trees on campus, the card catalog is now history. It has been replaced by a number of user-friendly computer terminals placed throughout the library. At the push of a button, a student has access not only to our own books, but also to a dozen or so outside libraries ranging from the University of Northern Colorado to local schools like Metro State and the University of Denver. The students can see what the books are about and whether the book is checked out or not. The library also offers access to an Inter-Library Loan program. A new system

has also been installed to speed up checking out books. Now student ID cards carry a bar code sticker on the back, and with the flick of a light pen, a book is checked out and ready to go. The basement of the library has a new computer lab which is located where the old DEC terminals used to be. This addition doubles the terminals in the library and each personal computer is connected to the VAX (Regis's new frame).

For those who need to take a break from their studies, the library offers more than just a place to study, it is also a great place to catch a few "Z's" or to simply reflect on oneself. The audio-visual room has lots of equipment and with the helpful staff working there, using any of it is easy and fun. The audio-visual room offers a wide variety of videos that may be checked out by students. Sometimes finding a book isn't that easy, but don't panic, the staff throughout the library is very friendly and helpful and will do all they can to show you where it is and, if necessary, offer a few suggestions.



Above: Carmeliza Oban was one of the many work studies who helped computerize the library.

Right: Infotrac is one of the most useful tools at the library.





Above: Anne Bonelli uses the library for research.

Left: Linda Berner is daydreaming after a couple hours of intensive study.

Going For The Gold

Once again O'Connell Hall proved that, in Dorm Olympics, they are number one. This years olympics got off to a shaky start due to the great success of the Toga par-

ty the night before. Many residents found it hard to rise and shine in time for the competition , so it was postponed to a later date. The olympics included such events as the cap

relay, the frisbee toss, the three legged relay and the ever-popular tug-of-war. Although O'Connell did have a hard time standing up, they still came out on top.



Above: Rebecca Vogel, Tasha Zonski, Stephanie Hodges, Carrie Peters, and Kevin Hodges look on as Julie Smith throws the ball.

Right: James Blanchard, Tom Brucher, Erica DiBattista, Carrie Peters, Mike Trigno, Vicky Hillman, and Kenin Hodges competed in the tug-of-war.





Above: Patricia Quintero and Wheel Barrel partner have a bundle of laughs.

Top: Joseph Mullen dashes across the Quad in the Relay Race.

Left: Father Kevin Burke S.J. and Sue Roughton join legs for the race.

Top: Julie Clayton helps her student with a difficult word.

Below: Michelle Hubert and Julia Coffey help little Jason read his Valentine hearts.

Top Right: Members of a local gang shelter visit Regis and try the exercise equipment.

Bottom Right: Elizabeth Tessessen demonstrates the equipment of the Life Direction Center.





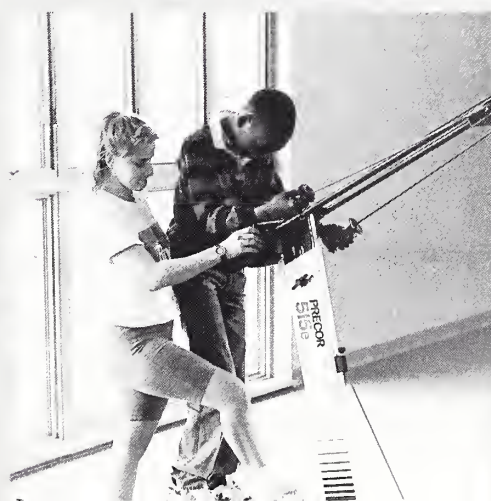
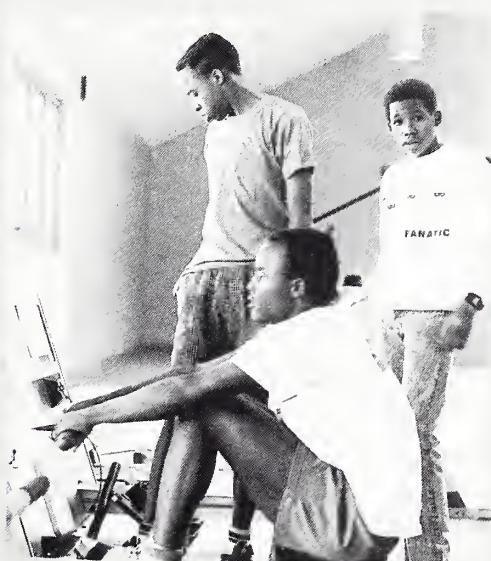
Helping the Community

When you take a look around Regis, it is evident that the feeling of love is in the air. Here at our Jesuit institution, caring and sharing are a way of life. The VISION OF EXCELLENCE is carried out by helping those less fortunate than us. The way Regis students show their love is through community service. Every year each class, each club, and each organization are required to perform some sort of community service.

For many, the decision on where to do their community service is a hard one. There are so many places in our community that could use our help. This year, a big part of Regis' community service is geared towards the

homeless and the illiterate in the Denver area. Another way that Regis students help is to assist low income families with filing tax returns. Samaritan shelters are another place where students use their talents to help others. Even just going out and spending time with those who are unable to get around helps in more ways than words can describe. One of the opportunities for community service allows students to work with The Red Shield Community Center and help teenagers stay out of gangs. This year, there is race being sponsored by Regis to help the students and community interact. With a little help, many students find a place that best suits their abilities. With time, the students begin to feel like a part of a whole new family—a family of people who just need someone to say that they care.

Community service not only offers students a chance to help others, but it also gives each student a sense of the "real world". When students donate their time to help others it makes them realize that there are a lot of people in our community that need help. It also shows the students that someday they may need a helping hand, and it's nice to know that there are still places like Regis where the VISION OF EXCELLENCE is still a way of life.





Top. Kimberly Kos, Frank Torres, Elizabeth Tennesen, and David Cummings enjoy spritzers and snacks.



Above: Senior Kelly McEwen was among the students at the opening of the Snack Bar.

Right: Shellie Dyman gets ready to feast on the food.





Snack Bar

The outside campus was not the only place that experienced a facelift in 1988. The new semester not only brought new people, but a new snack bar as well. As you enter the snack bar, you would hardly recognize that this was the same place that you had grabbed a cheeseburger and fries just a semester before. The new snack bar's look is one that the students seem to really enjoy. When you walk in, it's like walking into a small cafe. The snack bar now offers the feeling of a real sit down meal, with the speed of a fast

food restaurant.

This year the snack bar offers the same food that is being served in the dining room as well as the usual assortment of foods for the person on the run. For those student who are eating light, the snack bar offers such things as the salad bar and fruit cups. You will find that the snack bar is a great place to grab a quick meal, or just to sit down and talk with a friend. All in all the new snack bar is the place to be.



Above: Bookstore employees enjoy the Grand Opening.

Marriot Representatives were present at the Grand Opening.

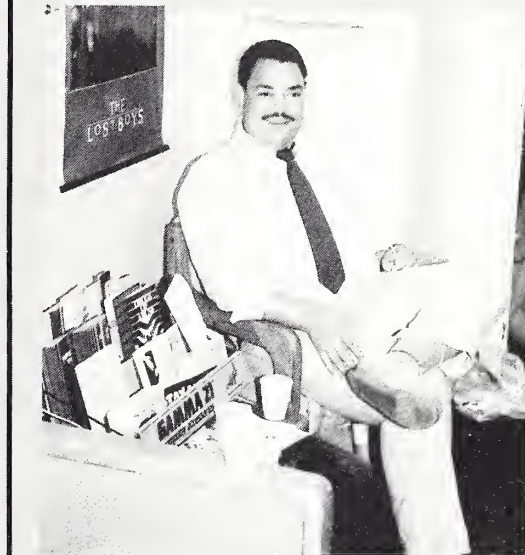
Home Away From Home

For those who live on campus, home is a small but cozy dorm room. For most, that room is shared with one other person. Over the course of the year, you and your roommate will encounter endless amounts of adventures; it is here that lasting friendships are formed. Dorm life is much different than that of living off campus. For one thing, instead

of living with two or three other people, you find yourself in a building that houses a hundred and fifty people or so. This, to some, may cause slight conflicts, and for this reason each hall is equipped with a staff of R.A.'s and an R.D. to handle all those crises. Life on campus almost guarantees that you will never be alone.



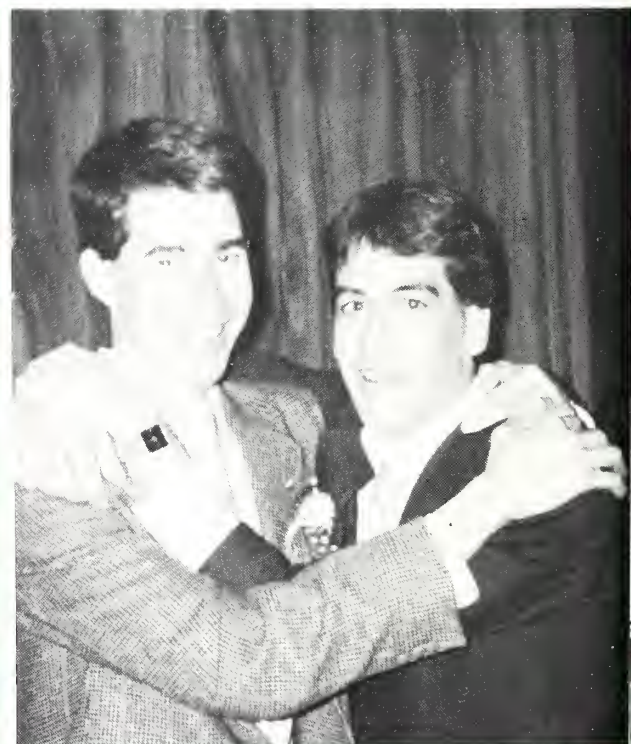
Right: Greg Kolomitz is hard at work in his dorm.

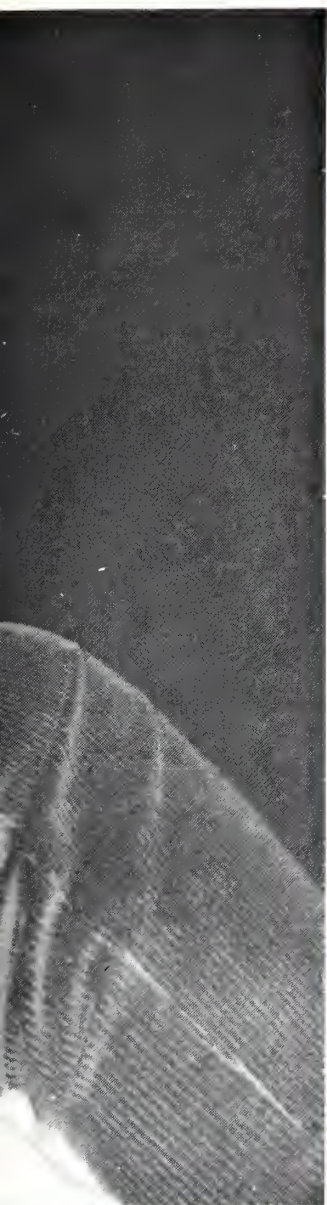


Top: West Hall's R.D. Rich Carter is always willing and able to help students in need.

Above: Paul Otterbine and Sara Hemming wash a 4x4 in the parking lot.

Left: Ann Fox gives Craig Scott a back rub after Mid-Term exams.





Above: Tom Zummach gets carried away by John Farley at the Sadie Hawkins dance.

Far Left: Will Barnes, Neil Mandt, and Brenden Summers enjoy the dance.

Bottom Left: Students dance the night away.

Middle Bottom: Liz Howard, and friend, relax after dancing.

Left: Dan Barcia and Danny Newton steal a moment alone.

A Change of Pace

Once a year the once-popular cartoon of Li'l Abner comes to life here at Regis College. The tradition of the male chasing the female is put on hold for one evening as the women of Regis get up enough nerve to ask their favorite guys out. For some students, this particular practice offers a nice change of pace for those men who find themselves continually having to pay for everything.

When the words "Sadie Hawkins" are heard, immediately the thought of a female asking out a male is laughed at. Some people do not like the idea of having the female decide everything that will happen on their date. Along with the privilege of asking someone out for an evening of dinner and dancing comes the problem of financing the perfect evening. To pull the financial end of this deal off, most females have to give up one afternoon of their favorite extracurricular activities, shopping. The money saved by this sacrifice is well appreciated, and is usually well worth it.

As the appointed time nears, a final check is done on the evening's attire. Some girls have spent a considerable amount of time doing their make up and hair, and after four to five dress changes, they finally decide on the perfect dress for the evening. For men, the task of getting dressed is considerably less stressful. Most men simply pick out a suit in the appropriate color, grab a shower and take off.

Once you are both ready, it's off to dinner you go. Some of the major attractions for dining at are the Armadillo, the Brown Palace, Baby Doe's, and Chile Peppers. After about an hour of delicious

food and relaxed atmosphere, it's time to head to the dance and rock the night away.

This year's Sadie Hawkins music was provided by the band A.S. Anova and was enjoyed by all. The students were so impressed with the band that most people stayed until the very end. Right up until the band began to pack up their things, people were still dancing and having a great time.

One of the best things about dances off campus is that it takes the student out of the academic setting, and lets them be just who they want to be without the worry of homework or exams. When students go off campus they tend to get more dressed up; thus, Sadie Hawkins, like other dances, proved to be a beautiful display of sophistication. When dances such as this occur, you can bet that the place will turn into a fashion show for women and men.

When the dance was over, many couples retired to their hotel rooms, as the dance was held in the Denver West Marriott. Other students went to parties off campus, and still other students found refuge in a cup of coffee or hot chocolate at the nearest restaurant open twenty-four hours.

Once again, the men and women of Regis College survived another Sadie Hawkins dance. The women managed to find the funds to pay for it and the men gave in and let the women make the decisions. All in all everyone seemed to have had a great time, and, who knows, maybe someday we won't have to come up with an excuse for the girls to ask the guys out.

Bottom: Students arrive early and await the excitement of the evening.

Below: Shannon Donahue and John Farley get close for a picture.



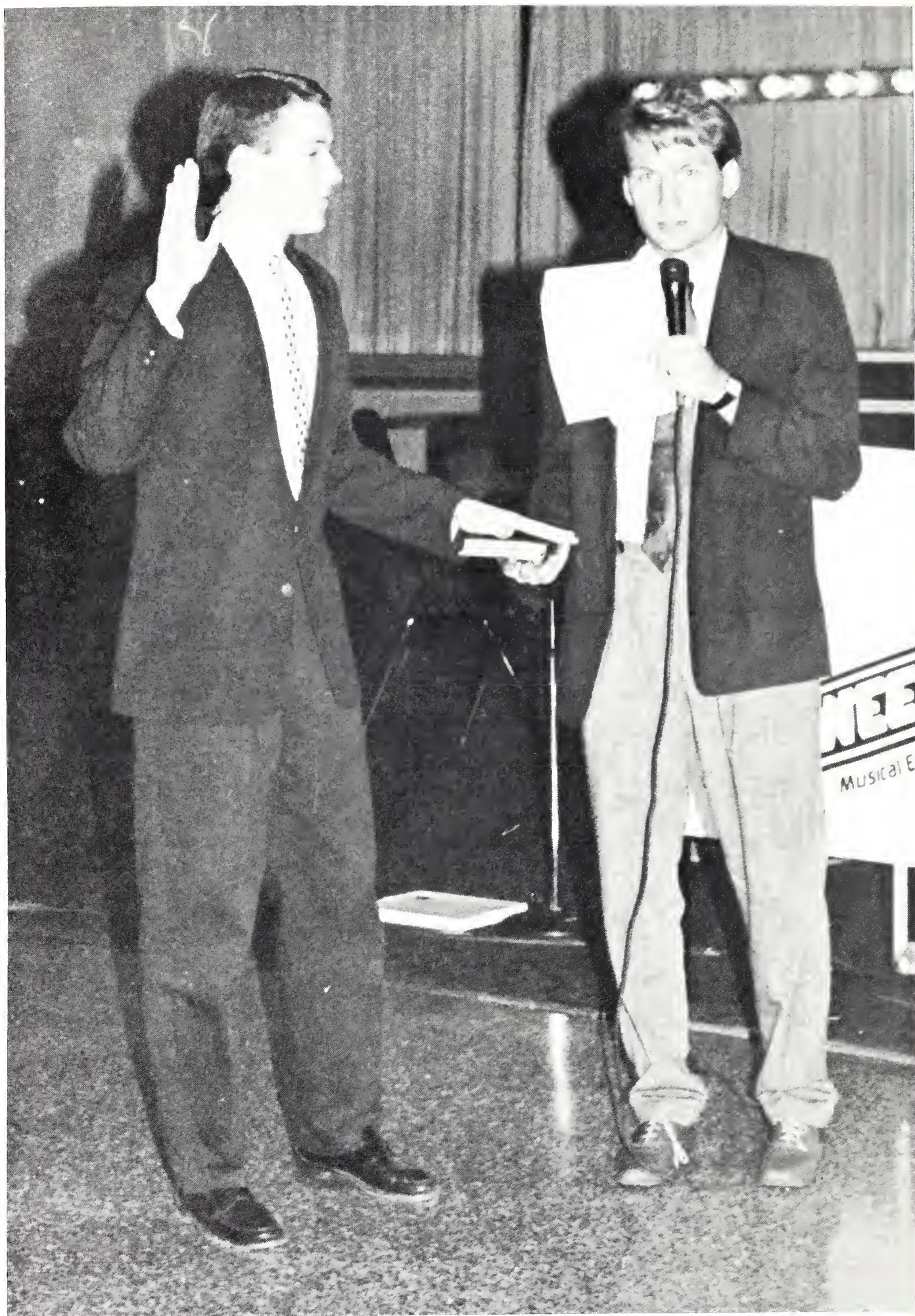


Left: Keith Jones and Brigid Swanson take time out for a glass of punch.

Shawn Shanahan and Lisa Schaffer pose for the camera at Sadie Hawkins.

Regis students jammin' to the tunes of A.S. Anova.





Inauguration

On Friday, April 14th, the annual Inaugural Ball was held in the Student Center. The ball, which lasted from 9:00 p.m. to 1:00 a.m., was the perfect opportunity for students to meet and welcome the new Executive Board members and to say farewell and thank you to the old.

Prior to the ball, the old and new Executive Board members' evening began with a bus trip to Bennigan's and Luigi's. Once at the Ball, the board members and the other students in attendance enjoyed music provided by Sweetness and Company.

At about 10:30 p.m., after a few words from Jim McCormick, Director of Student Activities, the inauguration ceremony began. With retiring Chief Justice Phil Biel presiding, the old executive board members were officially retired. After the the old board was retired, the new Student Executive Board were sworn in and welcomed into their new positions. Also inaugurated at this time, were the new Program Activities Council coordinators and chairpersons and the Hall Governing Board presidents from the three dorms.



Opposite: Pete Louree is sworn in by Phil Biel.

Top: Melissa Castelli, Kelly Murphy, Deb Vinola, Mary Jo Acke, and Michelle Hyman are honored during inaguration.

Middle: The 1989-90 Student Executive Board: Elizabeth O'Flaherty, Greg Kolomitz, Chris Lewis, Aileen Barker, Donald Connor, Pete Louree, and Kathleen Beutner.

Left: Deb Waldman says a few words to the crowd.

A Wild and Crazy Night

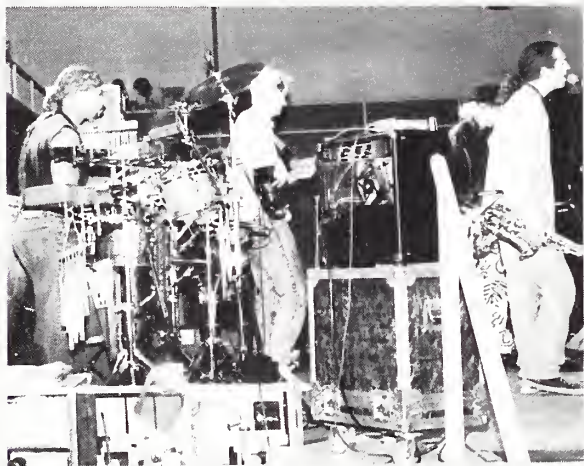
With the addition of the Program Activities Council (PAC) came a new type of program to Regis. For the first time in many years, a touring concert group came to the college to put on a musical performance.

This first group to come to Regis was the Crazy 8's from Portland, Oregon. This group has performed in cities across the United States and have shared the stage with such groups as the Clash, Oingo Boingo, the Beach Bouys, and the Violent Femmes. The

Crazy 8's were named as one of nine groups to watch in 1985 by Rolling Stone Magazine.

The concert was performed in the field house which meant a lot of preparation on the student's part. Many volunteers helped to lay carpet on the floor, set up the sound system, and set up chairs for the evenings performance. Within hours, the field house was transformed into a very large dance floor, and everyone was ready to dance the night away. As the night wore on, about a hun-

dred students joined in the festivities and had a great time dancing, or just enjoying the Raggae music. Even though there weren't a lot of student's there, everyone had a lot of fun. Deb Waldman, head of the PAC commented after the concert, "I only wish we could have given the numbers they deserved.". Everyone that showed up was amazed at the ability of the band and their performance.



Above: The Crazy 8 band opens the concert.

Right: Students enjoy the band's performance and dance to the beat.





Top: The drummer shows his stuff.

Above: Students show their enthusiasm.

Left: The lead singer of the Crazy 8 band sings his heart out.





Right: Couples enjoy a glamorous evening at Prom as they dance to the music of A.S. Anova.

Bottom: Fr. Kevin Burke enjoys a dance with Michelle Hubert.

Opposite Top: This cute couple sits and relaxes.

Opposite Bottom Right: Sandy Spranger and her date Adam Simental share a moment together.









Ranger Days — Stranger Nights

"Ranger Day and Stranger Nights" was the theme for the 1989 end to the annual Ranger Week. This year was yet another huge success, and dubbed by many as the social event of the year.

On April 22nd, the Boettcher Commons was once again roped off and transformed into a carnival-type setting complete with numerous booths, a barbecue, volleyball nets and a stage for the live bands of the day. Just off to the side were a variety of amusement rides for those brave enough to be spun in every which direction.

Students could gain admission to this event for a low price which included a Ranger Day mug, T-shirt and wristband. Everyone enjoyed the outside Barbecue that provided hamburgers, hotdogs, and all the trimmings and sidedishes for lunch and dinner.

Game booths surrounded the area and provided

students with unending entertainment. Beer and Brats were served in one, and right next to this, a student could try his or her luck at a mini-basketball game or win a Spuds doll if the ball formed a tic-tac-toe. On the other side of the Commons, students were lining up to try their luck at dunking their teachers and R.A.'s. A variety of items could be bought throughout the day.

Perhaps the most popular aspect of the day was the 10 straight hours of music. Dotsero started the day off at noon. Following them came Big Head Todd & the Monsters with Band Du Jour continuing next. Sound and Fury made yet another appearance at Regis at 8 p.m. that evening and the night ended with a well-received appearance by Roots Redemption at midnight.









Opposite Page Top Far Left: Amy Flaherty, Brigid Swanson and Michele Hubert make plans for the day.

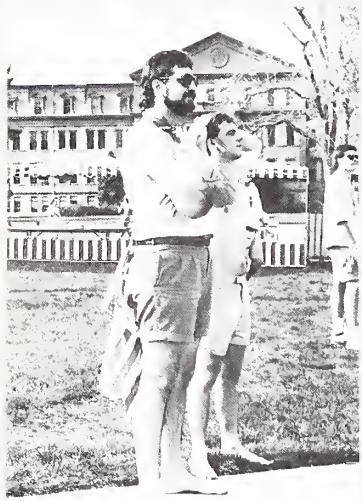
Opposite Page Top: Bob Sweeny and friends watch other students enjoy themselves at Ranger Day.

Left: Two guys are have a good time at Ranger Day.

Lower Left: Students pay for their tickets and are ready for the big day.

Niki Paolicci and Dyanna DeCola laugh at the camera man.







Once a year for the past 30 years, the neighborhood of Regis College has lived through one Saturday filled with the sounds of joyous students and loud music. Ranger Day has grown in size and organization since its birth in 1959.

Then, it was a day of entertainment that started with a morning Mass. Ranger royalty was then crowned and the games began. These included frisbee and hula hoops as well as softball and the popular "Pontiac vs. Sledge Hammer". According to later publications, sledge hammer won. After a full afternoon of numerous events, an outdoor barbecue dinner and jam session with a Dixieland group from Boulder, students called it a night and agreed that the day was a huge success.

Well, it's 30 years and quite a few changes later. Today, neighbors of Regis College can see a gigantic Spuds Mackenzie peeking over the buildings and a mini—amusement park in the parking lot behind the student center. They can also hear the sounds of a variety of live bands throughout the afternoon and into the evening.

Yes, things have advanced over the years, but the bottom line is — nobody ever leaves disappointed.





DeSmet Hall

As you enter the first floor of DeSmet Hall, you can sense the unity of this dorm. Throughout all four floors there is a feeling of unity. Everyone can feel at home in DeSmet. The Hall Governing Board and the Resident Assistants do their best to make sure of this. HGB has set up game nights on certain Monday and Wednesday nights. Games such as life-size Monopoly and Trivial Pursuit give everyone a chance to relax and enjoy a study break with the rest of their friends from this dorm.

Another fun event that the residents can always look forward to is the all-dorm ice-cream sundae parties. What better cure is there for the problem of too much homework and too much stress? A study break with all your friends and all the calories you need to calm your nerves and increase your energy level.

Over the past summer, DeSmet received a few new additions. There is now a sidewalk leading across to Carrol Hall where there used to be just flat rock slabs. Another addition was the new fire alarm system that was installed. Now each room has in-

dividual fire and smoke detectors that have a red light that goes on in the hallway when triggered. Now it's a little easier to find out who sets off the alarm. This new system has had its share of problems, but it looks like all the bugs are finally worked out of it.

Anyone who walks through the halls on any floor of this dorm will always find at least one open door. A friendly face can always be found and something fun is always going on somewhere.

The R.A.'s, along with Fr. Jeff Harrison and Fr. J. Callahan started a Mass-n-Munch on every other Wednesday night this spring semester. Having a night mass right in their dorm has proved to be very popular with the residents of DeSmet.

This year's staff and residents in DeSmet have made DeSmet a great place to call home. The staff consists of Resident Director, Monique Wiggins; Head Resident Assistant, Lee Smith; and Resident Assistants, Anita Seymore, Christy Boone, Joe Adducci, John Fennell, Paul Otterbine, and Arden Baranowski.

Far Left: Teresa Martinelli takes time away from the mirror for a picture.

Top: Wendy Miller, Anne Bonelli, Michelle Hubert, Patti Kayo, Pam Espinoza, Roberta Jones, Julia Coffey, Arden Baranowski, Jill Janney, Rolla Awad, Gale Rafferty, Julie Chauvin, Heather Bearan, Brigid Swanson, Irene Arguelles, Carla Bollinger, Maribeth Winston, Shellie Dyman.

Above: Kevin Norris, Ernie Johnson, Chris Seiber, Sean Shanahan, Sam Patterson, David Frees, Keith Jones, Dereck Bushman, Mike Brockway, Scott King.

Left: Valerie Dodrill, and David Cummings, are true friends.

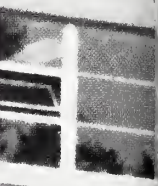
O'Connell Hall

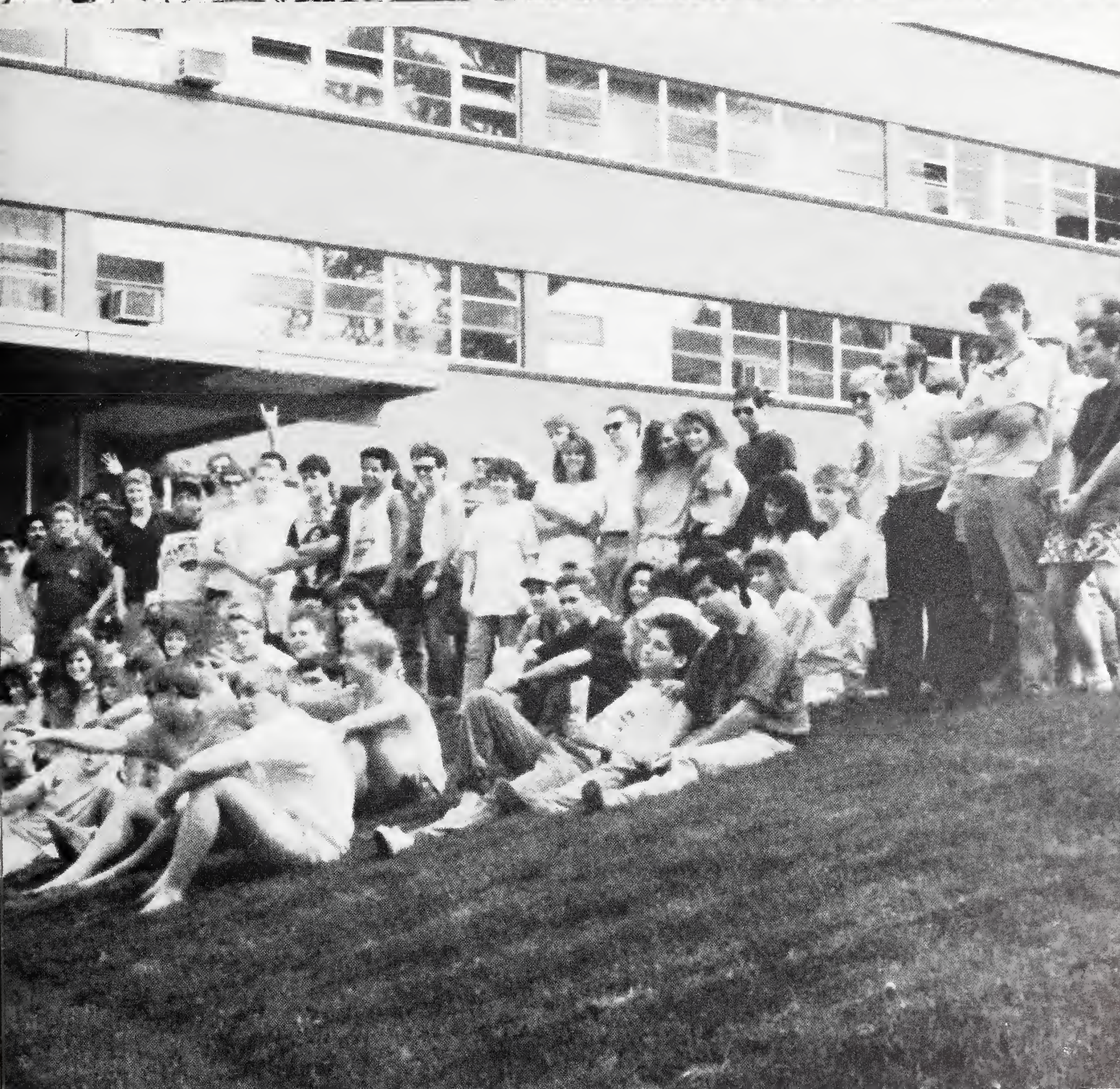
When you first arrive on campus, you have already been assigned a place to live, for some, the name that appears on your housing form reads. . . O'Connell Hall.

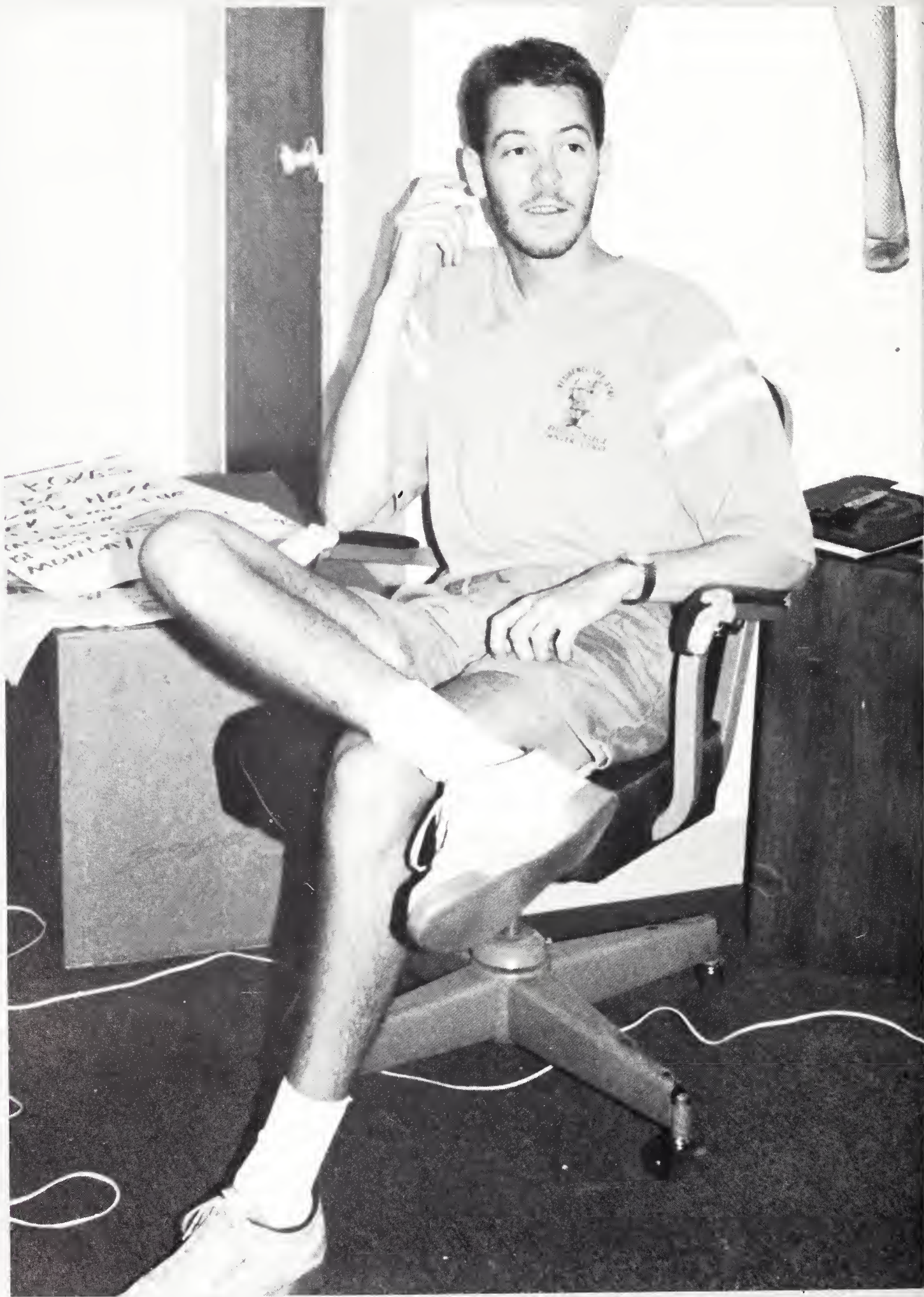
O'Connell Hall is located in the far north east corner of the Regis campus. To those who know of O'Connell hall, it is often referred to O'C. O'Connell is staffed by a Resident Director named Loring Olk and a crew of students called

Resident Assistant's. The R.A. list includes, Kelly McEwen, Ksaptina Tsapakis, Melissa Coram, Mike Bilbow, Sarah Hemming, and Jason Geno. These students help to make O'Connell Hall a great place to live.

If you have any questions about this hall, you may want to direct them to the nearest person in tiedye, chances are they live in O'C.







West Hall

Hello, and welcome to the West Hall Country Club. We would like to acquaint you with the many features that this Country Club has to offer. For those of you who can't handle waking up and seeing twenty to thirty other people in your bathroom, West Hall offers the ever-popular, semi-private bathrooms. Now to some, they may find that they just don't know what to do with all the sink space, but a true Country Club member has no trouble filling the sink with much-needed items.

For those of you who find the summers too hot and the winters too cold, West Hall offers both central heating and air. This is the dorm that aims to please. If you

find yourself with nothing to do, why not try the sauna? It's guaranteed to heat up your nights.

The Country Club is managed by the Resident Director, Rich Carter, and run by the staff of Shawn Tassone, Robben Edelmann, Pete Louree, Gregory Kolomitz, and Sue Roughton, otherwise known as Resident Assistants (R.A.'s). The staff's job is to make sure that your stay at the Country Club is a pleasant one. If you have any questions or comments, please direct them to your nearest R.A..

Although West Hall may be the most expensive housing on campus, it does offer all the above mentioned conveniences. West Hall strives to be the best.

Its purpose is to provide housing to those who want the college experience without having to give up the modern conveniences they had available to them at home.

This year, West housed not one, but two men of the cloth. Father Adam Bunnell, O.F.M., was joined by Father Kevin Burke, S.J.. With the addition of Father Kevin, the students were given not only another person to confide in, but also another friend.

The Country Club members are a growing breed and it's pretty easy to spot them around the campus. Just look for the many T-shirts that proudly express that West Hall is the Country Club of Regis College.



Opposite: Pete Louree ponders residence life.

Top Left: Second Floor North: R.A. - Pete Louree, James Blanchard, Robert Blanchard, Donald Connor, Cesare

Lucente, Jason Creech, Robert Koren, Daniel Newton, Wesley Horton, Arturo Hodgden, Bryce Montgomery, Chris McNeill, Christopher Maley, Michael Terrigno, James Calvery, Carl Gebhard, Geoffrey Dulaney, Antonio Harter, Joseph Chase, Matthew Hallup, Peter Roniger, Philippi St. Pe, Timothy Lange, Harold Fuselier, Jeffrey Millsap, Michael King, Brian Webb, John Andrew, John Farley, Thomas Zummach, Jason Kirkland, David Kilroy, Patrick Kirse, Javier Canto, Joseph Lockrem, Stephen Arnot.

Above: Second Floor South: R.A. - Robben Edelmann, Alicia Swanson, Kelly Carruthers, Leta Hanson, Hilda Landry, Jennifer Pagel, Monica Hill, Staci Porter, Laurel Allen, Erika DiBattista, Susan Kaiser, Janet Emlich, Kelly McMahon, Alisa Trozzolo, Cody Lacy, Khristen Sollinger, Jennifer Kline, Victoria Hillman, Heather Kreamer, Elizabeth Hintze, Nadia Armijo, Carrie Peters, Stefani Hodgden, Rebecca Vogel, Tasha Zonski, Christie Snyder, Joy Garczynski, Mary Gallegos, LaShaa Ross, Margaret Gladbach, Angela Linnebur.

Left: Third Floor North: R.A. - Susan Roughton, Kathryn Heiss, Shiloe Graham, Dawn Brown, Robin Hansell, Melissa Dito, Cheryl Kubat, Sarah Love, Patricia Dreitz, Lorrie Marcus, Jennifer O'Gara, Christina Lee, Stephanie Carlstead, Mary Maier, James Heilman, William Smoak, Daniel O'Brien, Emily Carbaugh, Nichole Stringer, Jacqueline Doherty, Shannon Ryan, Anna Rice, Deborah Saiz, Kelly Voigt, Megan Connolly, Amy Kramp, Bridget Porter, Tammy Lee.



Off-campus Students

All right, you've been in the dorms for your required two years and now it's time for a change. You want a room that you can call your own and, more importantly, a bathroom that you can leave your towels and soap in. You want a living room that you can kick back and relax in and a kitchen that is stocked with your favorites that you can get to any hour of the day. The answer to your problems is, of course, a place off-campus. The most popular goal of many who live in the dorms is to finally get a place of their own. Welcome to the world of the off-campus students!

Many people use the excuse that they save a lot of money by not staying in the dorms. As tempting as this sounds, you really don't save a whole lot. The biggest advantage of living off-campus is that you always have a place of your own to go to and just

get away. Of course having your own place also means that you can have your own parties.

Besides the responsibilities of paying rent, utilities, and the food bills, there's the problem of cooking. For those who have the time and ability to cook, or for those who only eat Pop-tarts, bread, and fast-food hamburgers, this is no real problem. For those who are heavily involved in school and who like a healthy meal however, this gets to be a big problem. Even though the cost of a meal plan is high, those not having much time will really appreciate the cooked food. It's not surprising that the most popular place for off-campus students to hang out is the Snack Bar in the Student Center. Here the students can share stories about things that happen at their homes while they grab a quick bite to eat.





Far Bottom Left: Tammy Rolloff dreams of men from St. Louis.

Middle: Peter Aguon is late for an important date.

Below: Mark Stephens grabs a bite to eat before work.



Middle Top: Sean Lehmkuhle, David Cummings, Darryl Ng-A-Qui, and Tammy Rolloff pause for a roomie picture.

Frank Weyher, Mark Stephens, Hrolf Huey, and friend finish math modeling. "It's done, where can we get a hot meal?"

Marietta Eccher, Ann Fox, and Beverly Heeke really enjoy living off-campus.





Final Farewell

On May Seventh, Nineteen Hundred and Eighty—Nine, 230 traditional undergraduates graduated from Regis College. The commencement ceremonies were highlighted by a large crowd of family and friends, beautiful spring weather, and plenty of champagne.

The weekend began with a reception on Friday afternoon. A dance in the honor of all the seniors was held the following evening at the Marriot City Center in downtown Denver. Everyone seemed to have a great time.

Saturday also included a Baccalaureate Mass in the Regis College Fieldhouse. A sizeable crowd listened to the words and song put together by the baccalaureate committee and Campus Ministry staff. A large Jesuit contingency was on hand to join in the celebration of the Mass. Fr. David Clarke, President of Regis College, led the mass and a number of graduating seniors participated in the liturgy.

Opposite Top Left: John Morrisroe is one of the many who graduated.

Opposite Top Right: Anxious Regis graduates await the final moment.

Opposite Bottom: Bonnie Hames rejoices in her accomplishments.

Top Left: Fr. David Clarke, S.J. celebrates the Baccalaureate Mass.

Top Right: Joe Chase participates in Baccalaureate.

Left: Regis students listen intently to words of wisdom.



Final Farewell

Sunday morning brought more than just the graduation ceremony itself. At 8 O'clock a.m., the Hilltop Bar opened its doors for the traditional pre—graduation morning party. Bloody Marys and Screwdrivers topped the menu for all those brave enough to partake the spirits at such an early hour.

From there it was off to line up for the processional march. Class marshals Phil Biel and Kim Connelly led in the class, and were followed by the college faculty and a number of administrators and honored

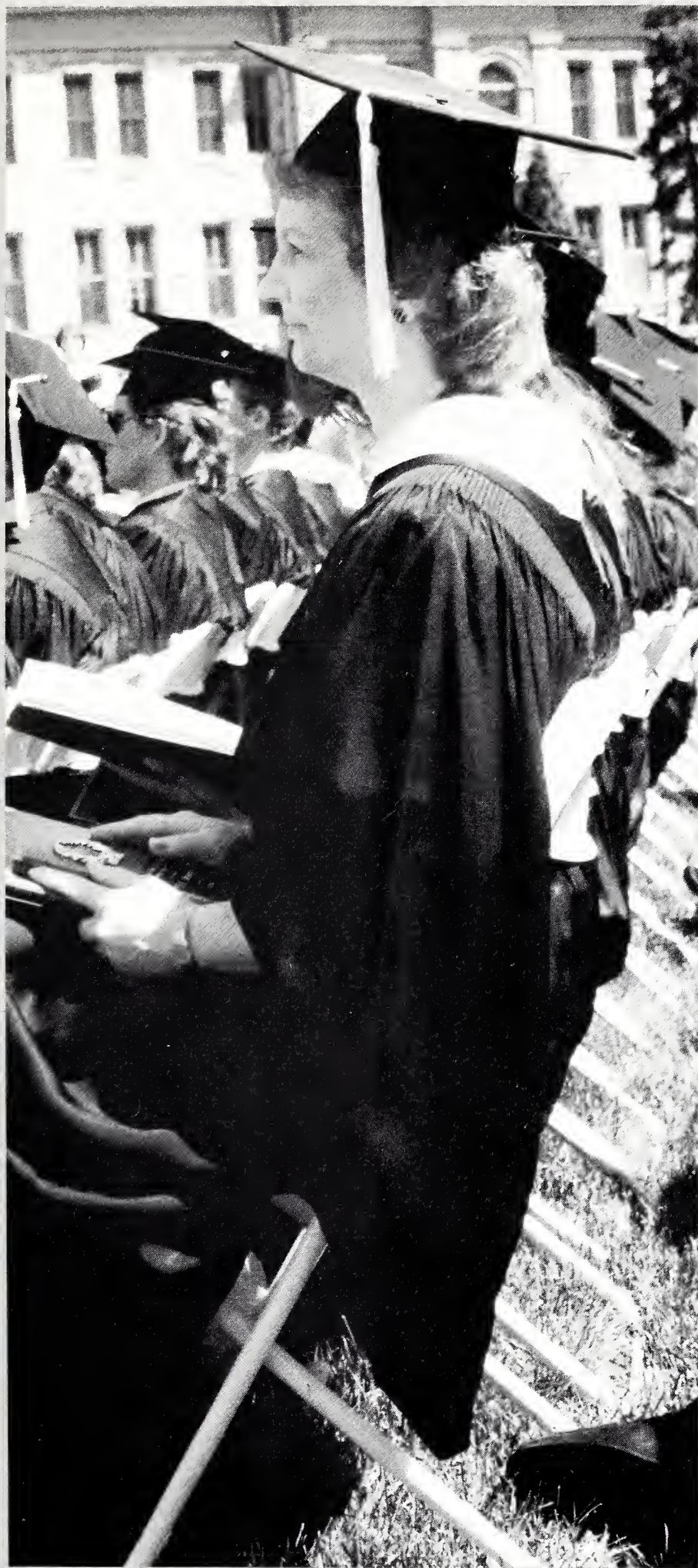
guests. Dr. Bob Preston, acting Vice—President for Academic Affairs, emceed the ceremony. Shannon Donahue delivered the invocation and Paula Hilderdice gave the benediction. Craig Scott, who gave the senior perspective speech reminded his classmates that if we will “make our values known and let our knowledge shine — and temper it with an open mind and a critical ear — we will be heard by the world that awaits us.”

The ceremony itself included not only the presentation of diplomas

for Bachelor of Arts, Bachelor of Science, and Nursing Degrees, but also a number of academic awards and special alumni honors. Fr. David M. Clarke, S.J., President of the college, gave the Class of 1989 a charge, which then concluded the ceremony. A reception in the Commons followed.

Approximately six hundred career program students graduated the day prior to the traditional ceremony. Additionally, eighty to ninety students graduated from Regis College at Colorado Springs.





Opposite Top Left: General Assembly President, Rich Rock speaks to his classmates.

Opposite Bottom Left: Susan Greener receives an award.

Opposite Right: Dr. Terry Schmidt awaits the new graduates.

Left: Sue Moore joins her classmates in the graduation ceremonies.

Top: Craig Scott speaks words of wisdom to his classmates.

Above: Ann Cecchine receives her diploma.



Academics

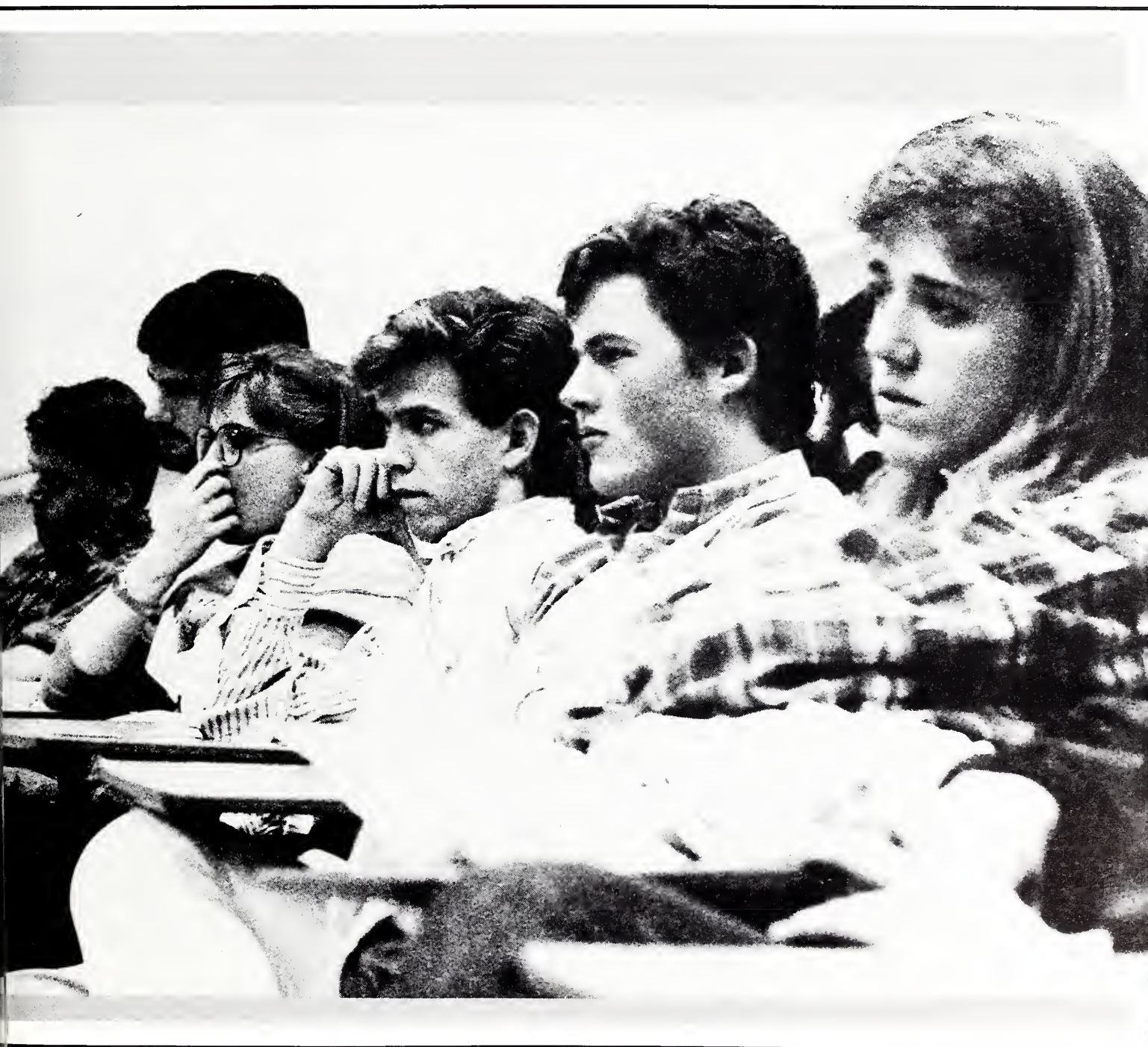
Excellence in the Jesuit Tradition. Every Regis student strives to uphold this valued tradition by excelling in each of his or her courses. With the strong curriculum and the outstanding faculty, the student's task is made a little easier.

One reason for the quality of students that Regis has is the low student to faculty ratio. With a small ratio such as the one we have here, students receive more personalized attention in the classroom. It is this kind of individualized attention that stimulates the students here to do the best that they can. The quality

of the faculty here at Regis is another important reason why this college has quality students. The courses here are enhanced by their enthusiastic personality and their love for teaching.

Regis College has earned a strong reputation for the quality of the students that graduate from here. With continued support of this great group of faculty, and talented students, Regis shall continue its well respected reputation and further its Vision of Excellence.





Administrators Run College Smoothly

The Administrators here at Regis College help the overall structure of the College. They are a very necessary part of the every day activity and organization which helps to run the College smoothly.





Opposite page far left: Fr. Clark celebrates his 25th anniversary as a Jesuit.

Top Left: Dean William Hynes enjoys this chance to mingle and exchange light-hearted conversation.

Opposite page bottom right: Stan Fairhurst pauses a moment before racing into the President's Office.

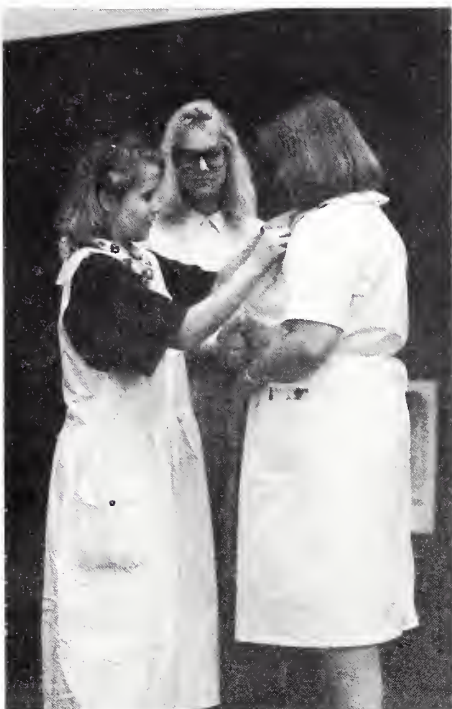
Top: Paul Brocker hands out an award.

Above: Fr. Callahn studies some papers.

Left: Colleen Striegel and Earl Milton working hard to solve a personnel problem.

Opposite page top: Karen Webber looks back on last year's graduation.

Opposite page top left: Valerie Mead, the new Registrar.



Opposite page: Nursing graduate Bruce Seran discusses future plans with relatives.

Opposite page right: Nursing graduates hold on to long lasting memories of the past years.

Opposite page middle: Candace Gearing reminisces about the Nursing Program's changes over the past year and it's many successes.

Bottom Right: Dr. Marie Miliken presenting the graduates with some closing thoughts.

Top right: Nursing pin designed by first graduates of the Regis College Nursing Program.

Top: Nurses Pinning Ceremony.

Above: Kay Kelly prepares to do a slide presentation.



The Regis College Nursing Program

The Program in Nursing at Regis College is a four year Bachelor of Science program designed to prepare students for work as professional nurses today and into the 21st century. A personal and humanistic approach to individual, family and community health is the dominant focus of the program. Caring for people in health or illness, and helping individuals cope with the stresses of living and dying are the essence of professional nursing taught at Regis College. Course work covers: Primary Prevention of disease. Secondary Prevention—including diagnosis and treatment of illness in acute care settings. Tertiary Prevention—establishing long term goals for reaching and maintaining health following the diagnosis and treatment of illness. The curriculum for the Program in Nursing covers four years of study. Elements of research and leadership are integrated throughout the program.

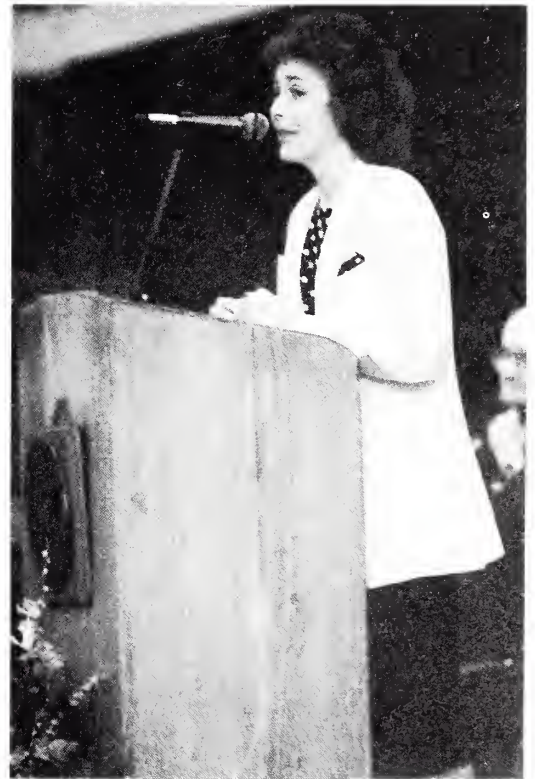
Studies during the first two years include the life sciences microbiology, chemistry, anatomy, and physiology, the social and behavioral sciences, and nutrition. Students may take college Level Examination Program tests to earn credit in sociology and psychology. In addition to studies in the science, courses in humanities and liberal arts are required to provide a broader, humanistic view of the world and its people. During the junior and senior

years, students gain specialized knowledge in nursing by participating in health teaching and client care in both in—patient and out—patient settings in the Denver area. Health care facilities to choose from include St. Joseph Hospital, Lutheran Medical Center, Children's Hospital, the Veterans Administration Hospital, Fort Logan Mental Health Center, Swedish Medical Center, Denver General Hospital, and the Denver Visiting Nurse Service. Each hospital experience provides unique exposure to a particular illness or health need. Work in day—care centers, nursing homes and clinics will supplement these hospital experiences.

After successfully completing the requirements for the Program in Nursing, a Bachelor of Science is awarded. Graduates are eligible to take the State Board Examination in any state.

Professional nursing is an important and rewarding career. As a registered nurse, they will have opportunities to work throughout the world in a variety of settings including entry level administration, hospital care, and public industrial or rural health care.

We have high expectations associated with the VISIONS OF EXCELLENCE that exist in our nursing graduates. Although we can not supply all the answers to problems the nurse will encounter in their career, yet we are confident that a Regis College BSN will provide the necessary knowledge for a successful and rewarding professional position, and an appreciation for the life—long process of questioning and learning.



The Division of Administrative Science and Business

One of the most popular majors among college students is Business. One reason is that the study of business opens the way to multiple career options. Graduates can apply their educations to whatever career field interests them most. And because there are so many possibilities, job opportunities are great.

The Division of Administrative Sciences and Business at Regis offers programs of study in Accounting, Business Administration and Economics.

Through each of these programs, the division provides sound, balanced career preparation. Graduates in Business Administration and Economics are well equipped for entry level positions in all kinds of businesses and governmental organizations. Accounting graduates are qualified to take the Certified Public Accountants examination. Consistently, our graduates in this field have been in demand among the "Big Eight" accounting firms as well as private industries.

Regis alumni have an excellent success record in many areas of business. Many of them hold top management positions in major corporations. Over the years, Regis graduates have entered such industries as banking, insurance, publishing, computer technology, real estate, retailing and commodities investments.

In addition to a strong, well-rounded curriculum in business sub-

jects, each program of study includes a solid foundation in liberal arts courses. This core of liberal studies ensures that students gain a broad education, which not only prepares them for career advancement in the years ahead but also provides the opportunity to explore various fields of knowledge before selecting a major program of study in the sophomore year.

What's more, many of today's business leaders commend the value of a liberal arts education because it instills the qualities which are so important to effective management. Namely, it teaches students how to think clearly and to make decisions and value judgments.

Students of these programs also benefit from field experience and internships available in more than 50 Denver Metropolitan area businesses and organizations. Such opportunities of practical experiences, which are coordinated and supervised by faculty members, many times lead to permanent employment after graduation.

Faculty members of this division are not only well-educated in their particular specialties, but they are also skilled in the practical aspects of the world of business. Together with the students and faculty, Regis College as a whole sets its sights on new Visions of Excellence in the business world of tomorrow.





Opposite Top: Dave Wilson shares the secrets of a successful business.

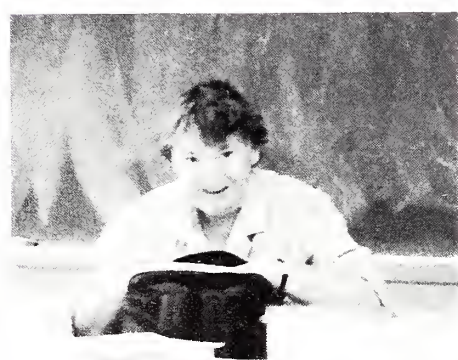
Top Left: Linda Poulson holds regular office hours for students who would like some extra help.

Top Right: Kathy Kirwin keeps everything running smoothly.

Above: Laura Locke and Steve Clemente review their business assignment.

Opposite Bottom: Administrative Science Faculty Top: Dr. Allan Service, Ken Seidenstricker, Bob Lacey, Tom Edmonds, Fr. Jim Richard, Linda Poulson, David Wilson, Dr. John Muth. Bottom: John Flood, Dr. Catharyn Baird, Dr. Esther Mills.

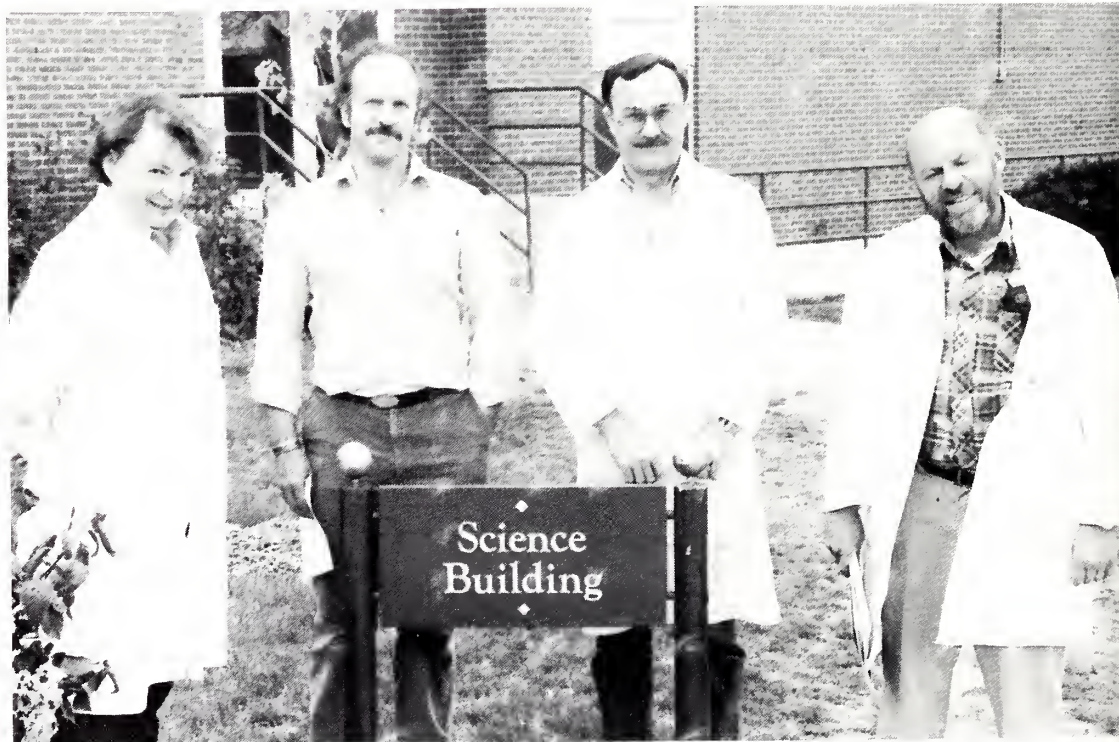
Left: Dr. Baird leads her class in a group discussion.



Above: Dr. Finney gets organized for class.

Right: The Biology staff. Dr. Barbara Finney, Dr. Jack Nolte, Dr. Harry Taylor, Dr. Gary Ranck.

Top: "Roach Group" Derek Buschman and Michelle Eagle Elk display one specimen.



Division of Natural Sciences and Mathematics

In this scientific age, new branches of science are rapidly emerging, creating an increasing number of jobs and a growing demand for scientifically trained people. Career options are available in business, industry, and government, as well as in the professions. Depending upon their course of study, students may prepare for positions in sales, marketing administration, research, teaching, communication, health services and others.

Through the Division of Natural Sciences and Mathematics, Regis College provides excellent programs for study. As a result, graduates with bachelor's degrees are well prepared for immediate career positions or for entry into graduate or medical school.

The division's modern building, constructed in 1966, houses facilities for all scientific disciplines. Several laboratories contain comprehensive, state-of-the-art equipment for the study of the natural sciences as well as computer science. Practical lab experience is stressed, and students have access to these facilities at all times. The building also houses small biology, chemistry and physics libraries, micro computing and word processing facilities which are available to all students. Students also benefit from the assets of metropolitan Denver. Extensive business and industry permit numerous occasions for internships, varied natural resources provide opportunities for observation and research. One example is nearby Barr State Park, the home of multiple breeds of fish, birds, and other ani-

mals, including some on the endangered species list. The entire state of Colorado with its universal mix of mountains, plains, and deserts, offers varied opportunities for scientific study.

Another important advantage for students at Regis is an emphasis on individual attention. Small classes and a favorable student—faculty ratio permit an ideal environment for accomplishment. Whenever additional tutoring is needed, the division supplies it at no extra cost. Faculty members are keenly interested in their students and provide ample support on a day—to-day basis. Frequently, they invite upper division students to participate in research projects. In addition, students may undertake independent research. Regis students also gain a balanced education. Thanks to a solid foundation of liberal arts subjects, graduates are better prepared for career advancement than those who are narrowly trained. Through the study of communications, languages, philosophy, and religion, students acquire adaptability and develop analytical and decision-making skills.

In addition to these established programs, the division also offers a flexible major option which permits students to design an individualized program of study. The purpose is to satisfy unusual and specific career objectives, as well as to satisfy particular requirements of professional schools. For example, students may combine a program in science with courses in business to prepare for a sales or mar-

keting position in a pharmaceutical firm, or they might combine science with communication courses as the foundation for a career in technical writing or scientific publishing.

The Department of Biology offers majors and minors in two areas: 1 Biology and 2 Environmental Studies and Human Ecology. An undergraduate degree can lead in a variety of career directions, including work in research laboratories, teaching at the secondary school level, and positions in business and industry. Students are also well prepared to enter graduate or professional school.

Highlighting these programs are special opportunities for undergraduate research. There is an emphasis on learning by doing, which is enhanced by field experiences, internships and a two course sequence in Investigative Biology, where students learn fundamental research skills through the use of modern electronics equipment. Upper division students have the chance to work as Laboratory Assistants, an opportunity that is rarely offered at the undergraduate level.

The Environmental Studies and Human Ecology Program capitalizes on Colorado's diversity of human and natural habitats and our proximity to the mountains. Classes frequently go on field trips and for weekend capstone workshops at a variety of ecological sites. The Department of Biology clearly shows that it strives for excellence and that its visions are unlimited in scope.

The Chemistry Department offers both a major and a minor in Chemistry. Students have the advantage of well equipped laboratories which include such devices as a nuclear magnetic resonance spectrometer, and atomic absorption spectrometer, and infra-red and ultra-violet visible spectrophotometers.

The Chemistry major allows the students several options upon graduation. Coupled with either the career sequence in management or computer technology this major will allow the student to secure beginning level positions in the areas of chemical marketing and sales, research and development, technical and professional services and industrial production and operations. Coupled with the teacher certification sequence and some additional course work in biology, the chemistry major enables the student to teach at the secondary school level. The combination of this major and any career sequence will give the student adequate preparation to pursue graduate studies in chemistry. About 60 percent of the graduates in chemistry continue their studies either at graduate or professional schools. The remainder choose positions in a wide variety of industry and government organizations. Such as Analytical Chemist, Bank Officer, Chemical Engineer, Civil Engineer, Computer Programmer, Dentist, Environmental Lawyer, Financial Analyst, Forestry Manager, Hospital Administrator, Land Use Planner, Medical Illustrator, Pharmacist, Physician and more.

For on-the-job experience as well as credit, chemistry majors have access to a variety of internships in Denver. For example, the U.S. Geological Survey provides a number of such opportunities which permit students to assist with analytical surveys.

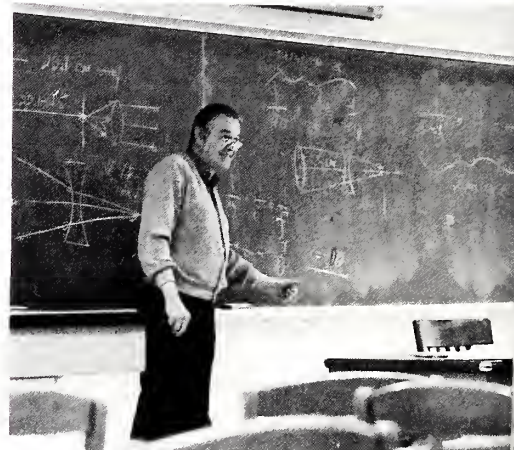
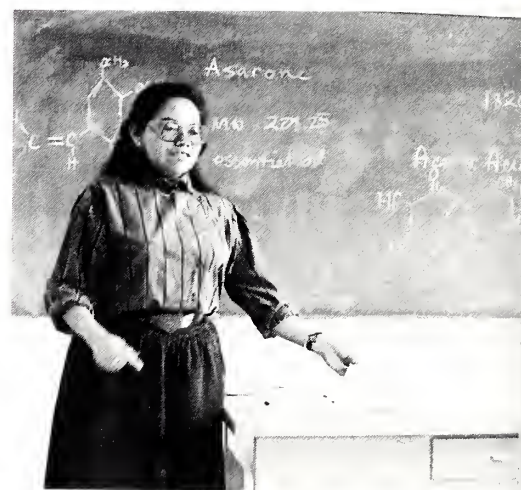
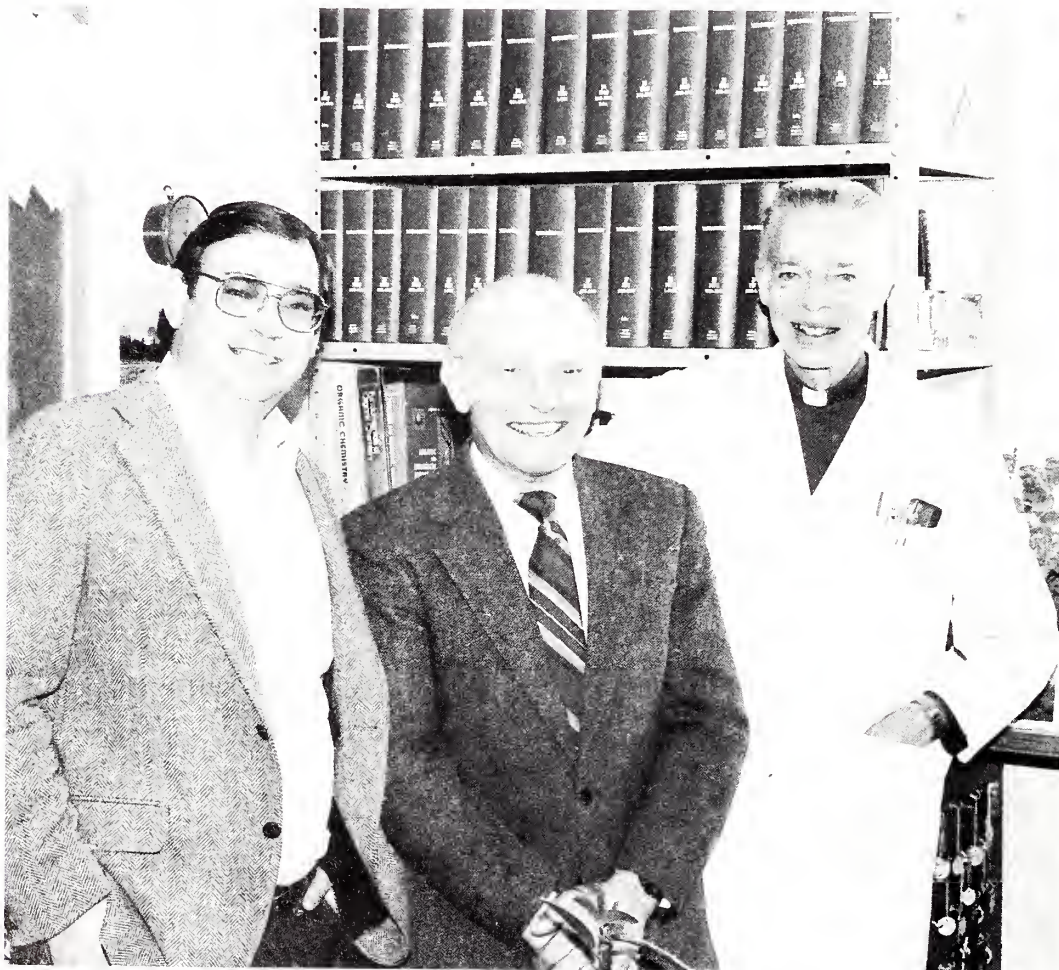
A small faculty assures close ties between students and faculty members. Students may participate in the many social activities sponsored by the Chemistry Club, such as its annual Chemistry Magic Show.

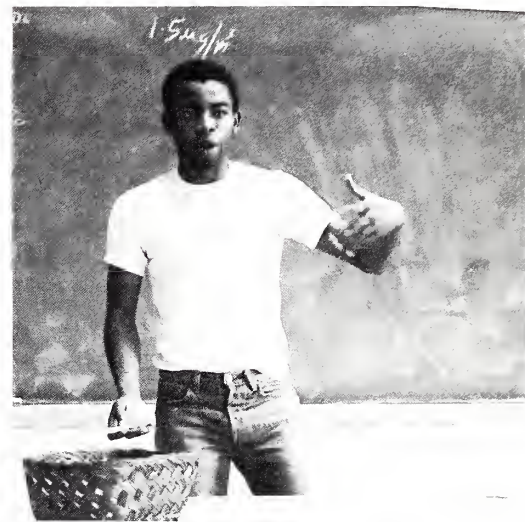
The study of physics at Regis is also offered as a minor program and is usually taken in combination with Mathematics or Computer Science. Through the flexible major program, it may be taken as a major.

Another option for physics-oriented students is the College's 3-2 Engineering Program which is offered in collaboration with Washington University of St. Louis and Marquette University in Milwaukee, Wisconsin. The first three years are completed at Regis and the last two at Washington University or Marquette University, where students earn a bachelor of science degree in engineering after completion of the fifth year. Such a program has certain advantages over those at engineering schools: first, it encompasses a well-rounded liberal arts curriculum, which is ideal preparation for management positions. Second, students benefit from close individual attention and support during the first three years, ensuring a strong academic foundation.

The College's facilities for the study of physics include the usual experimental equipment necessary to complete most undergraduate physics experiments, as well as detection devices for nuclear radiation studies, a research grade X-ray machine, digital electronics and laser equipment, and high vacuum apparatus.

Both of the chemistry and physics programs here at Regis College have VISIONS OF EXCELLENCE that ensure students success in these programs.





Opposite Page Far Left: Dr. James Giulianelli, Dr. Francis Ozog, and Fr. William Miller of the Chemistry Department.

Opposite Page Top: Michelle Eagle Elk up in front of her chemistry class.

Opposite Page: Dr. Nobert Roughton teaches his physics class.

Top Left: A chemistry student hard at work.

Top: Tammy Clair and partner concentrate on their lab work.

Above: Emmanuel Green explains a concept in front of class.

Left: Crios Munnings demonstrates for the "fire eater"

To prepare students for the outstanding career opportunities in the computer world, the Department of Computer Science emphasizes a broad-based approach, where by students learn concepts applicable to a range of equipment. The programs also stress realistic preparation through required internships as well as class projects. These projects deal with computer solutions to actual problems derived from business and industry settings.

Two career tracks are offered. 1 Computer Science, which focuses on hardware and software design; 2 Computer Information Systems, which focuses the design and implementation of large information systems. Both programs are designed to develop technical competence, an understanding of information management, and sound communication skills.

Students have continuous access to the College's equipment, which includes Digital Equipment Corporation's PDP 1 $\frac{1}{4}$, PDP 1 $\frac{1}{4}$, more than a dozen IBM personal computers and other assorted microcomputers.

To ensure that program content is constantly up-to-date, the department works with an advisory council. Composed of industry leaders, the council has representatives from such corporations as Digital Equipment Corporation, Texas Instruments, Mid-Continent Computer Services, Inc., and Adolph Coors Company.

Graduates of the computer programs at Regis have moved into excellent positions in a variety of business, industry, and government organizations. Students usually receive offers of permanent employment at graduation from companies where they served internships.

The programs in Mathematics, including both a major and a minor, contain a strong focus on applied mathematics. In addition to the standard courses, the curriculum reflects modern trends in the discipline. Several innovative course offerings are Operations Research, Numerical Methods, Mathematical Modelling, and Advanced Statistics. Computer course are well integrated throughout the programs.

To ensure the most practical career preparation, students are encouraged to take a second major or a minor. Some recommended accompaniments are Business, Chemistry, Computer Science, and Physics. Internships related to mathematics are available in the Denver area, and students are urged to take advantage of these opportunities. Such experiences often lead to permanent employment after graduation. Graduates in Mathematics are also well prepared for advanced study. In the past, they have been accepted at such institutions as the universities of Colorado, Oklahoma, California, Purdue, and Penn State.





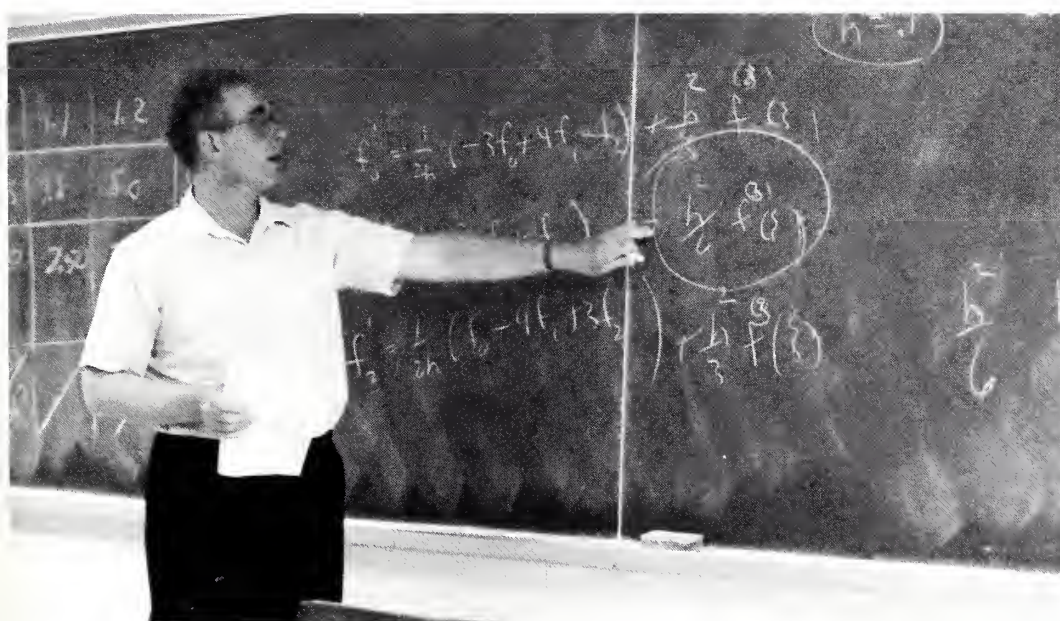
Opposite Page Far Left: Jean Spath, Dr. Charles Brase, and Dr. Diane Wagner of the Mathematics Department.

Above: Students working hard in the computer lab.

Above Left: Dr. Brase helps students.

Opposite Page: Dr. Diane Wagner, Dan Winters, and Wayne Bullock of the Computer Science Department.

Left: Dr. Charles Brase explains a very important statistics formula.





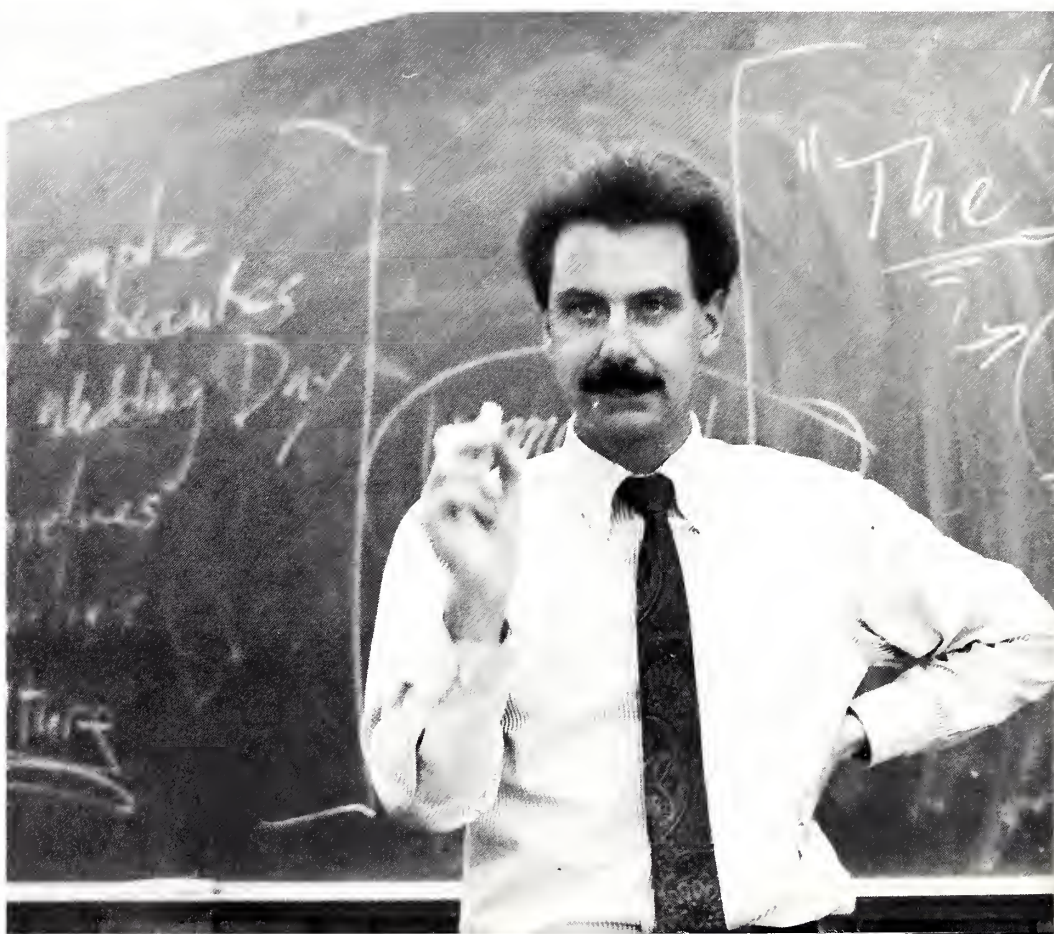
Top Left: Dr. Deborah Blake teaches one of the many Religious Studies courses.

Above: Rev. Vern Heinsz, S.J., relaxes between classes.

Top Right: Dr. DiSanto discusses the mysteries of philosophy.

Right: Fr. Kevin Burke, S.J., emphasizes the importance of religion in everyday life.

Opposite: The Philosophy Department: Dr. Thomas Duggan, Dr. Paul Kidder, Dr. Steve Doty, Dr. Ron DiSanto.



The Divisions of Philosophy and Religious Studies

The Regis College Philosophy Department invites students to discover and analyze the world in which they live. To most people the word "philosopher" implies someone who spends his or her life wondering about things and never getting anything solved. The Philosophy department strives to change that opinion. The department invites the students to think about things that affect their lives and devise a way to explain them. The courses offered remind the student that the world is not always black and white and cannot always be easily explained. The views of different philosophers, both modern and historical, are compared and criticized. The goal is to make the students aware that there is more than one way to view any given situation.

Each student is required to take six credit hours of Philosophy to give them a feel for what Philosophy is about. This program provides a number of wide ranging advantages. Philosophy develops the art of clear and logical thinking which lays the foundation for sound decision—making. By exploring the history of thought, it provides an understanding of human behavior; by examining concepts of the world's greatest thinkers, it enhances the ability to deal with ethical issues. An in—

depth study of philosophy has significance in various positions in many career fields. Graduates are represented in diverse areas including politics, law, medicine, business, and the arts. They work as administrators, archivists, community development workers, foreign service officers, bankers, teachers, and attorneys. Because of this, many Regis students in the program of Philosophy have been accepted at graduate and professional schools.

The Liberal Arts core of Regis College requires each student to enroll in at least 9 credit hours of Religious Studies, including Introduction to Religious Studies. This department seeks to help each student find some form of spiritual guidance, no matter how large or small, to help them through their lives. Regis recognizes that not every student feels the same way about religion and that is why they strive to help each student find a median for their everyday life and their religious preference. The department also tries to explain the way different cultures view and integrate religion in their lives.

The program in Religious Studies is also chosen as the route to a variety of career paths. Graduates are currently pursuing careers in social services, law, the ministry, medicine, teaching

and publishing, to name a few. This program encompasses a broad and intensive study of many of the world's great religious traditions: Christianity, Biblical Judaism, Hinduism, Buddhism, Classical Chinese Religion, and native Religions of the American Southwest. Students have the option to specialize in the study of Christian theology. In addition, they have access to internships in a wide variety of church, school, or social agency settings in the Denver area.

Beyond the campus, there is opportunity for involvement with the Roman Catholic Archdiocese of Denver, the Episcopal Diocese of Colorado, and many Protestant denominations. The classes and internships are both created in a lively environment full of learning. The division sponsors four colloquia each year which feature outstanding guest speakers. The faculty encourages open inquiry in courses which explore a wide range of religious and philosophical topics. The small classes allow professors to emphasize continuing interaction with their students. No matter who you are or what you choose to do with your life, both the programs in Philosophy and Religious continue with the Visions of Excellence.



The Division of Social Sciences

The Division of Social Sciences offers a range of programs in preparation for varied careers. Students benefit from an emphasis on individualized instruction, rewarding interaction with faculty members and valuable practical learning experiences in the Denver area.

The Division of Social Sciences offers programs of study in the areas of Elementary and Secondary Education, Criminal Justice, History, Political Science, Sociology, and Psychology.

Regis students have the option of receiving either a Bachelor of Science or a Bachelor of Arts degree in the area of Psychology. The B.S. degree program is designed for students who wish to pursue graduate study. It encompasses an intensive scientific foundation and emphasizes the empirical approach to the study of behavior. A graduate degree is essential for those who want a career in counseling or other psychology-centered position.

The B.A. degree program suits the needs of those who want a psychological foundation in preparation for careers in fields such as personnel, advertising, or human services. This program permits students, with the help of their advisors, to supplement the basic curriculum with courses which satisfy individual career objectives.

Students have the advantage of outstanding lab facilities for psychological research as well as excellent mental health agencies and other such professional resources in the Denver area. As a result, there are varied opportunities for internships, observation and other practical experiences.

Sociology, also part of the Division of Social Sciences which administers the major in Sociology as well as the minors in Sociology and Criminal Justice, may be arranged through the Flexible Majors program.

The Sociology major explores fundamental aspects of human relationships and leads to a variety of career options, from business to government social service organizations.

The program in Criminal Justice is somewhat more specialized. This program is an ideal support for pre-professional studies in law and medicine as well as several other majors.

Students of these programs may take advantage of various internships in the area. In the past, they have been arranged at a variety of social service agencies, schools, hospitals, legal services and governmental agencies. All of these opportunities show just a portion of the unlimited VISIONS OF EXCELLENCE created through Regis College.





Opposite Page Far Left: Dr. Jamie Roth works hard at his desk.

Opposite Page Left: The Sociology Department: Dr. Jamie Roth, Dr. Gil Gardner, Dr. Colby Hatfield, and Dr. Jeff Ferrell.

Upper left: Dr. Martha Ashmore helps at the Psychology Club's Rat Race.

Top: Dr. Ashmore talks with the other psychology professors.

Above: Dr. Jeff Ferrell working in the sociology office.

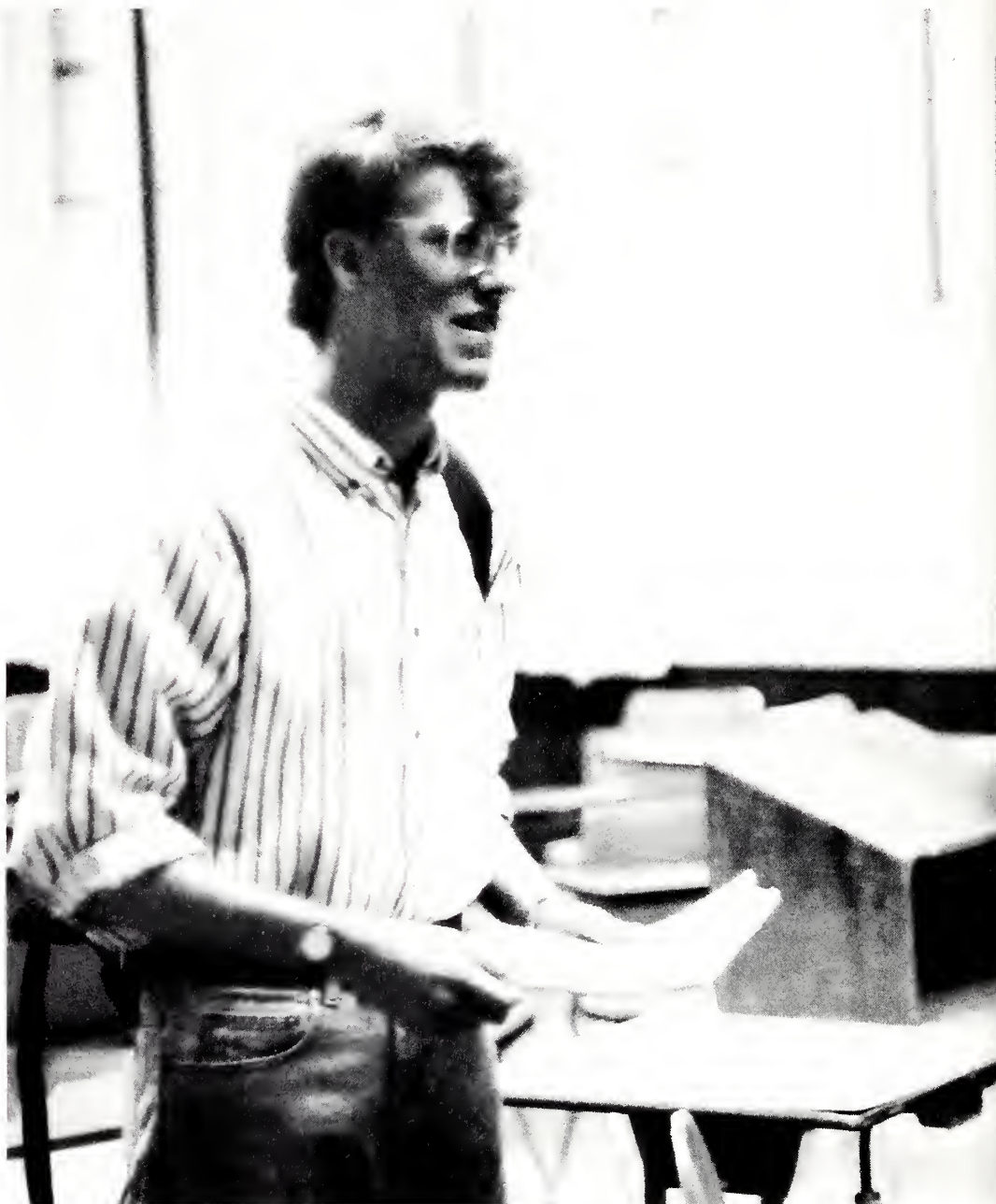
Dr. Gary Guyot, Dr. Gene Delay, and Dr. Martha Ashmore of the Psychology Department.



Dr. Jim Riley leaves the classroom after a word with a student.

Dr. Dan Clayton, Dr. Terry Schmidt, Fr. James Guyer, Dr. Ron Brockway of the History/Political Science Department.

Fr. Adam Bunnell speaks to his history class.





The Division of Social Sciences at Regis College also includes the departments of Political Science and History. These programs share many common characteristics and provide career preparation for a range of directions. Both disciplines supply a broad background and also teach students how to gather, organize and analyze information.

History and Political Science are both excellent majors if one anticipates attending Law School. Many pre-law students take a major and a minor in the two disciplines. By mixing in business courses, students may prepare for careers in any number of business fields. Graduates may also work in museums or archives, with historic preservation organizations and governmental bodies. Graduates might also choose careers in journalism, publishing, film-making, lobbying, research and teaching just to name a few.

Political Science majors have the opportunity for internships in the Denver area. They work in such settings as state government offices and national government agencies including the Governor's Office, State Legislature and municipal courts. History majors find assignments in state and local museums, archives and libraries.

There is no question that decisions made at local, state, national and international levels affect all our lives. Thus, an understanding of the complex relationships among the various components of the United States political system and among the nations of the world is important to all Americans. In response to our nation's need for educated young people with a foundation of intelligent comprehension of how the political world operates, Regis College offers opportunities for students to pursue academic majors in this area to enhance the VISION OF EXCELLENCE not only within the Regis campus community, but more importantly, within our world.





Above: Sen. Dennis Gallagher reviews this students work.

Right: Dr. Vicky Bradford, Sen. Dennis Gallagher, and Mrs. Wilcox of the Communication Arts Department.

Opposite Page Top: Sen. Dennis Gallagher announces the next speaker.

Opposite Page Middle: This student laughs at a question from the audience.

Opposite Page Bottom Left: This student listens carefully to a question from the audience about his speech of "12 Things To Do Instead of Smoking Cigarettes."

Opposite Page Far Right: This speech class enjoys a good speech by Steve Clemente.



Communication Arts

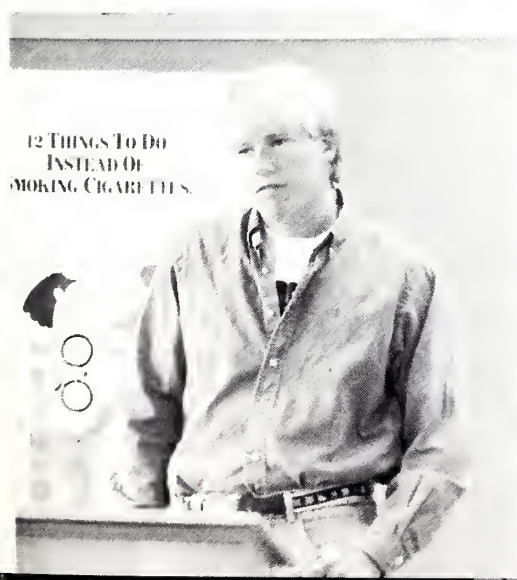
Communication is a discipline that bridges the gap between the humanities and the social sciences. It focuses on human interaction—on the study of relationships among people, groups and cultures and on the factors that influence the formation, change, maintenance, and termination of those relationships. All human beings are engaged in communication. It is therefore, constantly available for study but is frequently taken for granted. Everyone communicates more or less effectively, but there is always room for improvement, always a need for a better understanding. No matter how much we know about the subject there is always a question of whether what we have learned will apply to the next individual we will meet or to the next situation we will encounter.

Communication may be said to constitute the fabric of our daily lives. It is the process of forming and maintaining friendships and families. It is the process of doing business. It is the means for initiating social relationships and formulating social rules, for forming concepts of ourselves with other human beings. It is the process of creating experiences and sharing creative experiences with others. It is the process of managing conflict. Communication is sending and receiving messages, behaving and interpreting human behavior.

In spite of the fact that communication has been the object of formal study for over two thousand years,

there is still much to be learned. Advancing technology, increasing human mobility, and the mingling of persons from different socio-cultural backgrounds are placing ever-increasing stresses on human relationships. It is, therefore, imperative that we actively pursue knowledge about the complex process of communication, both to increase our visions of excellence as well as our quality of life for the individual and to ensure the survival of the species.

Understanding communication and developing skills in communication are primarily intended to be applicable to daily life. However, communication is a significant part of any job requiring coordinated human activity, skill in and understanding of communication enhances employability and advancement potential in a variety of occupations. Although there are, as yet, few jobs labeled "communicator" the task of improving and managing interpersonal relationships communication is an increasingly recognized part of organizational management, public relations, government, social services, advertising, health related professions, law, sales, and education. Further, significance of communication in formulating public policy and in managing the impact of advancing technology is only beginning to be recognized. One of the chief advantages of the major is its potential applicability to a wide range of fields.



Each of the programs offered by the Division of Humanities has the breadth to satisfy long-term advancement and the depth to answer immediate employment needs. To accommodate out-of-the ordinary goals, students may combine programs within the division. For example, a foreign language major may be taken with a minor in business, or a communication major with a minor in a natural science. Students have access to important advantages in the Denver metropolitan area, the cultural center of the Rocky Mountains. There is an extensive array of exhibits, musical productions, plays, and other such events, as well as opportunities for practical learning experiences.

Today's graduates with multi-lingual skills are in demand in a variety of career fields. In fact, many of the nation's major companies each employ hundreds of persons in overseas jobs. The U.S. State Department considers language skills essential for senior positions, the National Academy for Sciences says that the knowledge of foreign languages is vital in maintaining our competitive position in world technology, science, and trade.

In addition, human service centers in major U.S. cities require staff personnel who can communicate with the growing foreign population, and so do the hospitality and travel industries. Because of this diversity of careers, students are encouraged to combine a major in a language with a second major, such as Business or Communication Arts or Sociology.

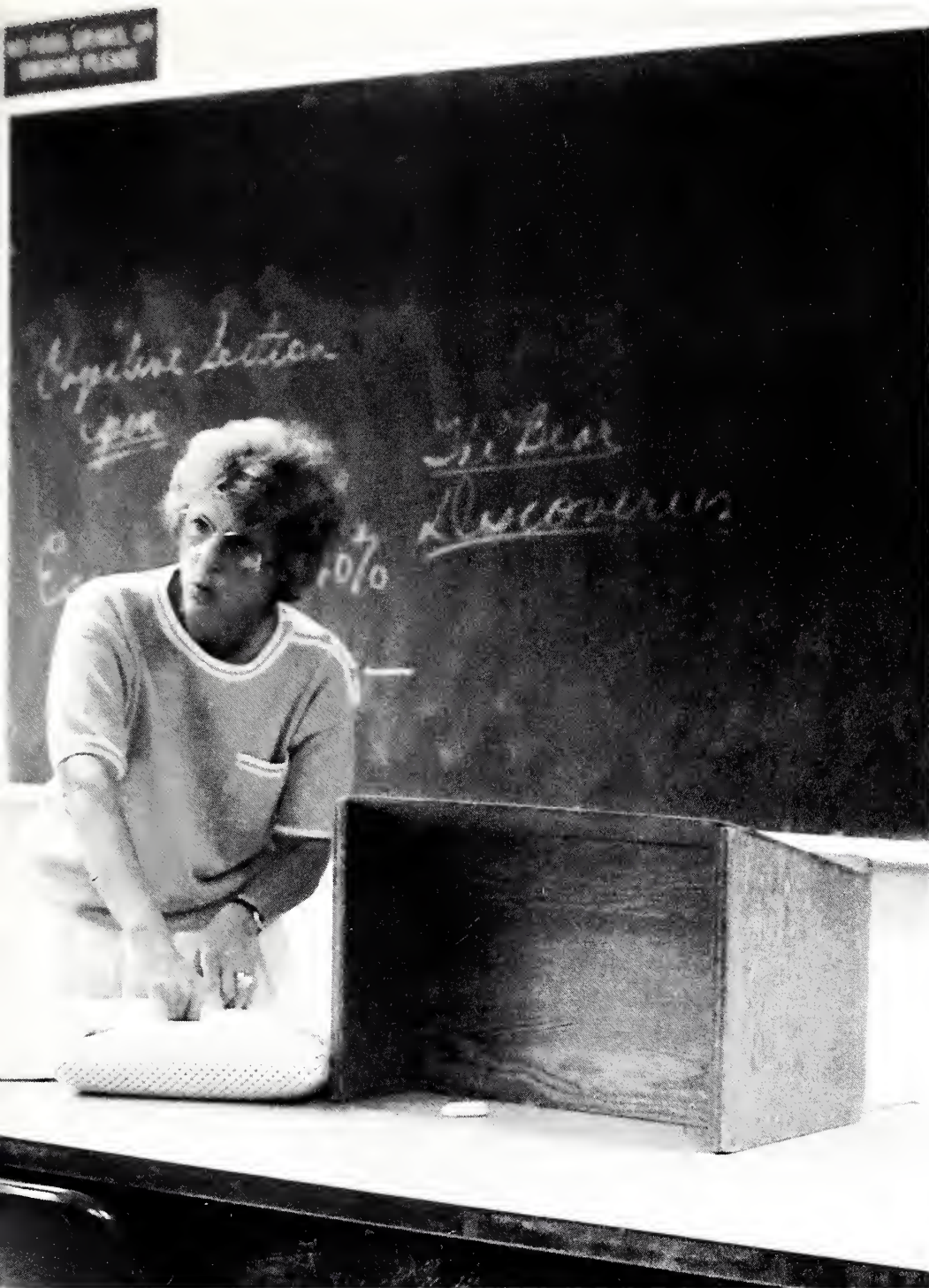
Each language curriculum emphasizes fluency as well as an understanding of contemporary cultures. For up-

per division students, internships are emphasized during the school year and during summer vacation. In the past, such experiences have been arranged at the U.S. Department of Commerce, International Trade Administration, and Mexicana Airlines.

Foreign study may be arranged for a summer, a semester, or a full school year. A foreign study counselor at Regis helps students plan and select programs suited for their individual requirements.

The major in English combines a thorough study of world literature with the practice of writing skills. Literature plays an essential part in our lives by immersing us in vitality, stimulating our eyes and ears, and prompting us to imagine new ways of seeing, new human contexts. The knowledge of human behavior that we gain by studying literature can be widely applied. We live by English. The workings of business and politics, scientific breakthroughs, the results of scholarship in every discipline are all reported by words. Therefore, we come to know ourselves and the world by the we name things. As careers, students may prepare for a choice of directions. For example, a major in such areas as business or natural science in preparation for a specialized career. Such as a lawyer, fund raiser, public relations specialist, museum curator, technical writer, teacher, personnel administrator, free-lance writer, editor, magazine staff writer, advertising copywriter, journalist or even a lobbyist. English is the major that prepares professionals to handle more than the technical demands of each of these occupations.





Left: Dr. Jeany Downing talks with Carrie Peters after class.

Opposite page bottom: Mrs. Robyn Gronning discussing the roll of Science and Language in the novel "Frankenstein".

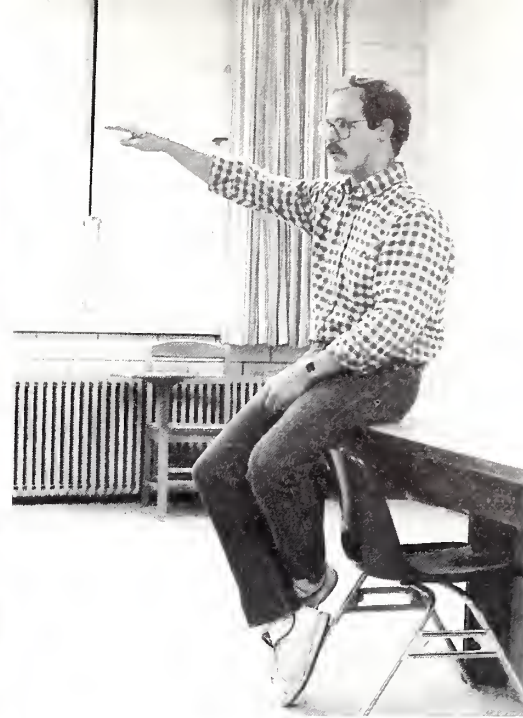
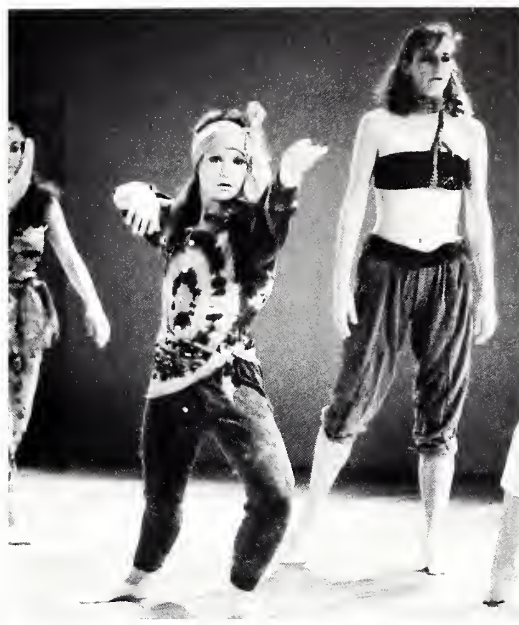
Above: Mrs. Robyn Gronning takes a quick break in between her discussion.



The Fine Arts Program encompasses the performing and visual arts: art, dance, music, musical theatre and theatre. The College has established an excellent, national reputation in the fine arts, a reputation enhanced by academic programs, theatre productions, dance concerts, musical presentations and displays of art.

The key to the Fine Arts Program is active participation. From classes, studios and auditions to performances and exhibitions, each student has opportunities to develop knowledge and talents through active involvement. The program emphasizes professionalism and individual growth.

Faculty in the Fine Arts include outstanding artists and performers recognized for their own achievements, but who are also dedicated to their work as teachers. The College provides opportunities for students to meet and learn from visiting artists and performers brought to the campus.



Opposite page top: Dancers at the Spring performance kept the audience alive.

Opposite page far left middle: Gale Kirwin and Heather Litwhiler rehearsing for the Charlie Brown performance.

Opposite page far left bottom: Karen Steel, Professor of Dance.

Top: Dr. Phillip Williams directs a theater class.

Left: Painting students enjoy a day in the warm sun.

Above: Fine Art Professors left to right Rosanna Rains, Philip Williams, Gene Steward, Richard Stephenson, Scott Allen Smith, and Therese Schroeder—Sheker.

Top left: Dancers show their creative dance moves in the spring performance.

Upper left: Dancers get ready for the Spring Dance Performance.

To Provide and Protect

For most students living on campus, Marriot is the place to meet and eat. It provides a place where students can go to meet other students and enjoy a meal. The typical Marriot Meal is: Breakfast. Wake up to a piping hot nourishing breakfast: Crisp bacon, country sausage or grilled ham with farm fresh eggs; a tall stack of buttermilk pancakes or golden French toast; cereals, doughnuts; hot coffee; ice cold milk and orange juice. Lunch. Choose from a wide array of hearty homemade soups and chili; Deli—Bar with sliced meats and cheeses; casseroles; hot sandwiches; steaming vegetables; or build you lunch from the seemingly endless salad bar. Dinner. Students choice of three delicious entrees with all the trimmings. The perfect way to end the day or begin the evening. There are even unlimited seconds. As much as the student wants to eat or drink at every meal. It's no wonder our student bodies put on fifteen extra pounds.

The Campus Security Office provides 24—hour coverage on campus. Security guards make night rounds to secure residence halls and other campus buildings, to check parking lots and campus grounds around the clock, and to respond to requests for assistance at any time. Although you may not always see a security guard, rest assured that they are there, around the clock, providing you the safest environment they can. The security office is located on the top floor of the Student Center. The Regis Security spends all of its time patrolling the campus and making sure that buildings and students are secure. The security guards also provide assistants to those who need it, day or night a simple call and within minutes a guard can be there to help you. Whether it be to report something wrong or simply to walk you home. The security guards are there for you; helping you to your VISION OF EXCELLENCE.





Center: Maggie Sweeney receives her made-to-order deli sandwich.

Opposite Left: Fred Moulden takes a moment to enjoy lunch.

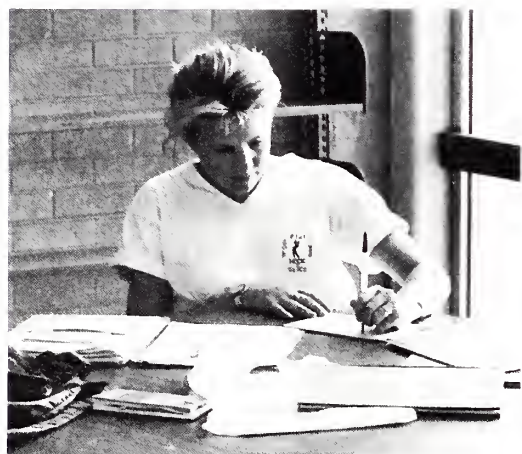
Opposite Right: Jack Isenhardt, Director of Security, keeps our campus safe.

Left: The Marriott Food Service staff Standing, L to R: Donna Mills, Wilma Rodriguez, Mae Salazar, Bill Lopez, Coleen Valles, Mike Kleinschmidt, Flora Lopez. Sitting, L to R: George Vigil, Helen Ecton, Scott Kelley, Barbara Lucas, Greta Martinez, Susie Lucas, Charlene Sorrentino.

Above: Regis students have the option of cash or charge at the Snack Bar.

Top: Marriott employees Mike Kleinschmidt and Barbara Lucas prepare for lunch.





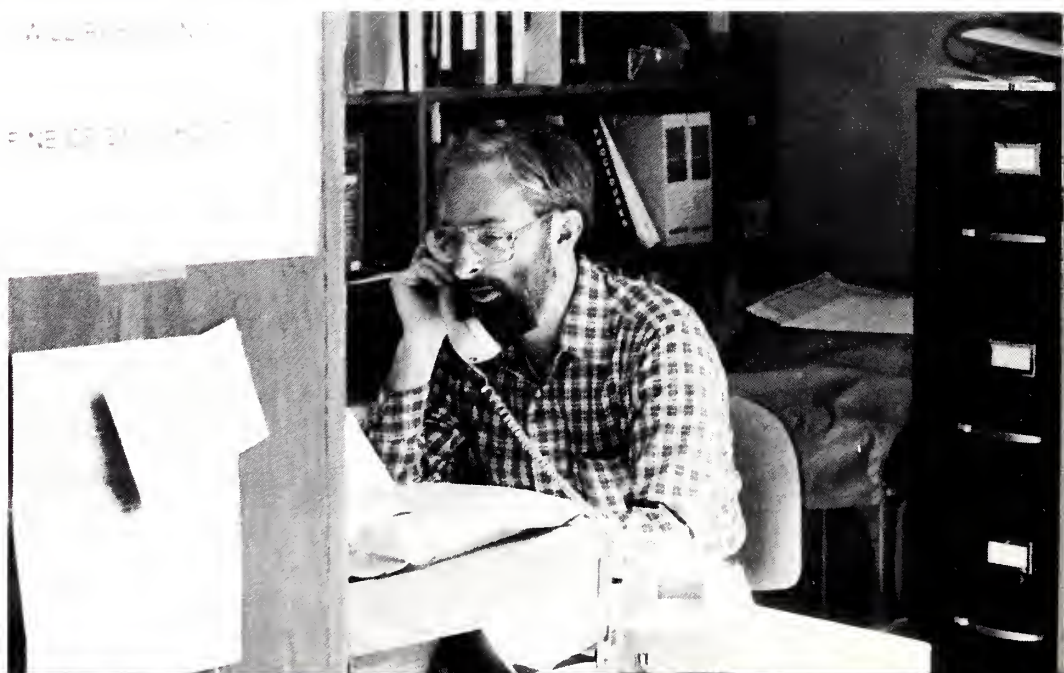
Top: Chris Wade studies hard in the Dayton Memorial Library.

Middle: Kathy Goldsten working behind the front desk at the Library.

Lizbeth Stiteler writing one of her assignments for class.

Upper Right: Dean Conley looking for some information for a research paper.

Andy Dorfman, Director of the Media Department, takes time out to answer the phone.



Services For All

The Dayton Memorial Library and the Regis College Bookstore have one very important thing in common. They both house books that are vital to all of the students. The library is located at the southern end of the Boettcher Commons, and it provides the college with a significant collection of resources, in addition to services that can access information in libraries and computer data bases across the country. The library is a comfortable environment in which to study and the professional staff is there to assist the students. These resources are available to

Regis students, faculty, and staff as well as the community at large.

Reference librarians are available during most hours for personal assistance in locating information. There is a computer catalog which displays the holdings of the branch library as well as six major academic libraries in the Denver area. University of Colorado/Boulder, University of Northern Colorado, University of Denver, Auraria Library, Denver Public Library, and Colorado School of Mines. Together they represent over 2.5 million holdings.



Middle Left: Beth Stone and Keith Eldridge get ready for Valentine's Day.

Top: Shirley DiCronce helps out yet another student.

Above: Karen Webber, Eloise Gallo, and Tom Duggan celebrate in the Bookstore the second Department on Display.

Left: from left to right AnnaMay Mulhern, Therese Rouse, MaryAnn Durbano, Eloise Gallo, Shirley DeCronce, and Karen Brown of the Regis College Bookstore.



Building A Better You

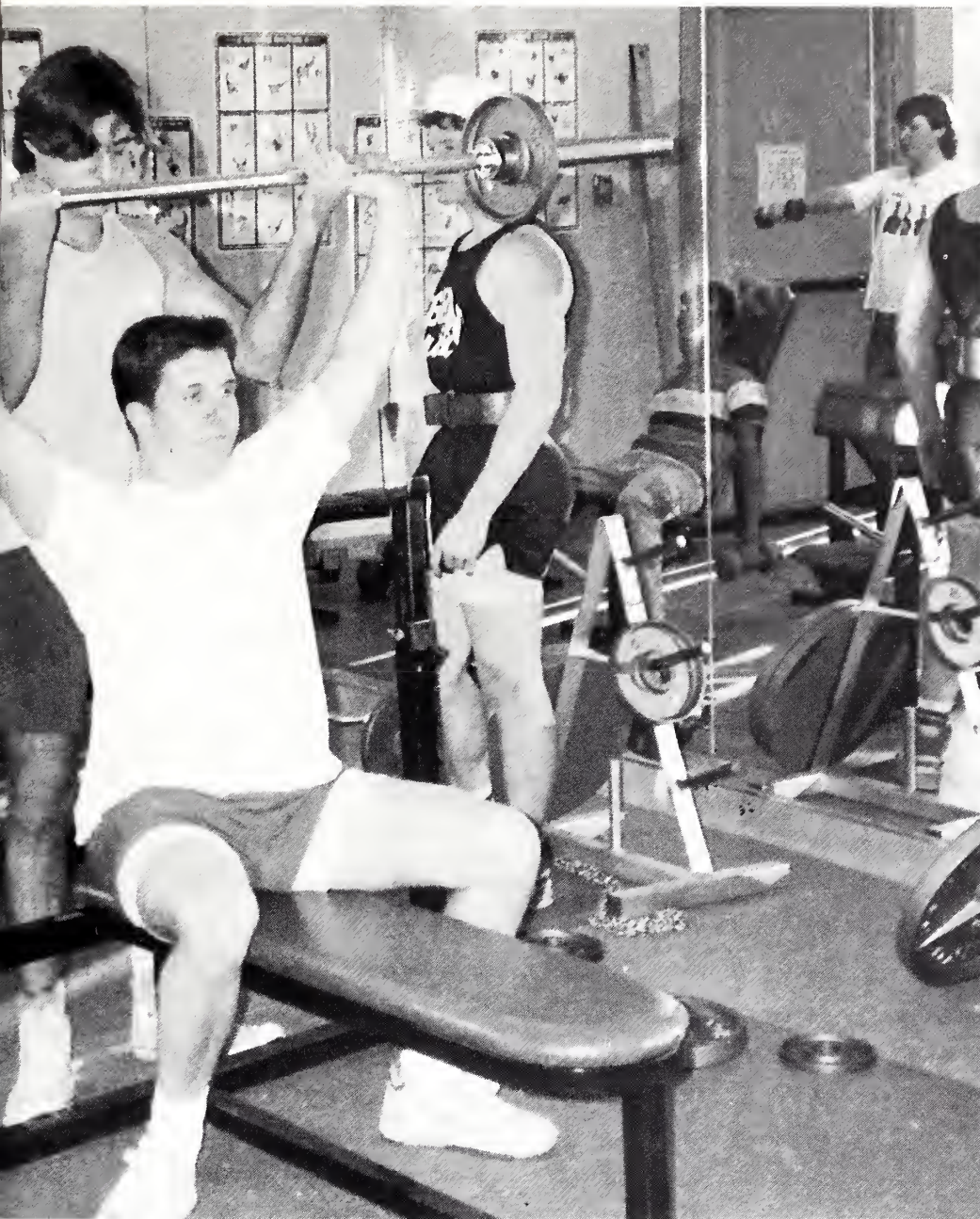
The Life Direction Center is designed with you in mind. The Life Direction Center LDC was built to house the various facets of total wellness. The concept behind this building is not only to develop the physical you, but also the spiritual and emotional sections of your life. The Life Directions/Wellness Program is founded on the Jesuit tradition of educating the whole person. Recognizing that a truly healthy individual is one who takes an active and responsible role in creating a balanced lifestyle, the Life Directions staff provides an integrated approach to wellness by addressing physical, psychological, spiritual, cultural and social components to the student's life. This center offers both personal services and special programming which includes physical fitness, and conditioning, spiritual growth, diet, stress management, lifestyle modification, interpersonal issues, cultural awareness and career issues. Facilities include a 6,000 square foot activity room, physiological testing lab, resource library, biofeedback and meditation room, and a coed whirlpool. Services are provided by Personal Counseling, Career Counseling, Campus Ministry, and the ever-popular Exercise Physiology—fitness program. Personal Counseling offers the students someone to listen to the problems of everyday life. The staff varies in its personnel, from Ph.D.'s to peer counselors, to give everyone a choice of experienced persons to talk with. The staff is composed of male and female clinical psychologists who are available to students who are experiencing temporary or long standing problems. Counseling is also appropriate for individuals who simply wish to explore their thoughts and feelings. In addition, the counseling staff provides consultative services to the Regis community and offers programs and workshops on various topics throughout the year.

Career Development is designed to help you, the student, whether you are undecided about your major or would just like to explore career possibilities, students are encouraged to take ad-

vantage in Career Development. Campus Ministry provides a spiritual atmosphere for those students wishing to advance their spiritual knowledge. Campus Ministry lets the students know that there are open communication channels between the students and the Jesuit community that they live in. Campus Ministry is a group of people with different gifts and backgrounds brought together to proclaim God's presence in our day. This program is a network of people, services and ideas that grow out of the perennial and specific needs of our students. Campus Ministry offers opportunities for communal prayer and celebration. They believe that life is full of all kinds of seasons that we should all enjoy. The Sunday liturgies are celebrated at times convenient for most campus residents. They are also enjoyed by families, senior citizens, faculty and staff. Music is provided that is lively and prayerful; the talent for that comes largely from our own student body. College years have their fair share of stress. Members of the Campus Ministry team try to be around for the student to talk with, laugh with, or with whom to share a tough time. Campus Life believes that there are all kinds of seasons, and we celebrate through ritual and supportive presence the sad times, as well as the glad times. Student Health Center provides Regis students with on-campus medical care close to twenty-four hours a day. The staff includes two Emergency Medical Technicians, and a variety of Medical Doctors from the local area. The Fitness Program offers a physical outlet for those students wishing to complete their total body fitness. This includes a wide variety of weights and weight equipment, aerobic classes, and much more. The Fitness Program also offers a wide variety of testing to help make sure you're doing everything you can to make you a better you.

The Life Direction/Wellness Center is definitely designed to help you reach your **VISIONS OF EXCELLENCE** through the improvement of the total you.





Left: Javier Canto and Matt Middendorf team together to build their muscles.

Above: Linda Gillan and Susie Cabell of the LDC staff enjoy a ride.

Bottom Left: Ann Fox looks after the eye—pleasing environment of the Wellness Center.

Bottom Right: The Campus Ministry Staff: Angela Linnebur, Fr. Kevin Burke S.J., Ken Phillips, Barbara Howard, Beverly Heeke, Sarah Hemming, Ann Fox, Carla Bollinger.



Campus

Organization

Get Involved! This slogan rings a familiar bell at Regis College. This year, more and more students are participating in the wide variety of organizations that are offered on campus. The reason for this increase is most likely that the students are realizing the benefits of becoming INVOLVED! They make new friends, they gain helpful organizations skills and they share in the

common goal of each Regis organization - excellence in the community.

In order to be recognized as a Regis sponsored organization, the club must fulfill several guidelines established by the General Assembly. Each semester, the organization must sponsor a social event on campus. In addition, each club must do a community service project each semester and have a representative at the bi-weekly G.A. meetings.





"Our Campus Reps"

The admissions process is critical to the general health and well-being of any college. At Regis, our admissions counselors travel throughout the United States to meet with prospective students and to spread the "good news" about Regis College. As contacts are made and interest stirred up, high school seniors will often come to visit the Regis campus.

During these campus visits, not only do we have the opportunity to show students what we are about, but also to find out about the student. In order to facilitate this process, our admissions staff depends heavily on a select group of Regis students.

Our "Campus Reps" are student volunteers, who escort prospective students and parents about campus. They also give a friendly yet detailed tour as to what is in each building and what goes on here academically as well as the different majors available. This gives the high school student to ask questions directly to a Regis College student.

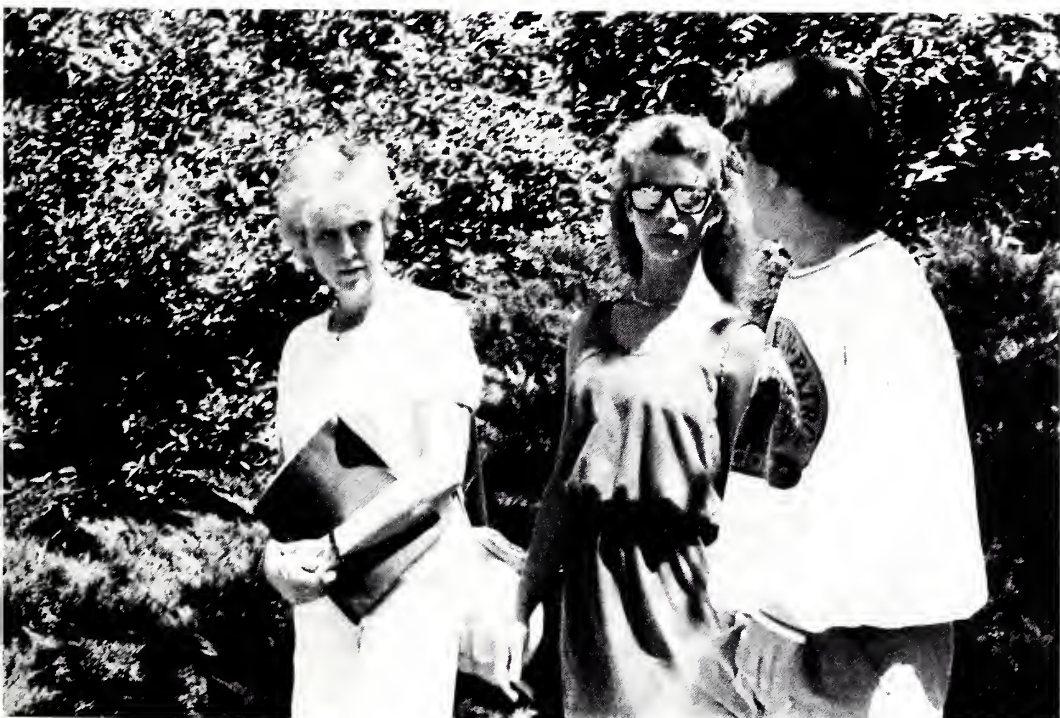
The admissions staff feels it its im-

perative that our future students and their parents receive a "students-eye" view of Regis. Often a high school senior will attain a more personal insight from a student-guided tour than from the admissions coun-



selor. The impromptu chat with a professor, and the Bookstore dutiful and caring act of posting birthdays, all contribute to the warm and caring attitude, which pervades the Regis campus with a VISION OF EXCELLENCE.





Opposite page top. Sam Patterson, a Campus Representative and a work—study for the Admissions office, conducts a tour of the Wellness Center.

Opposite page far left. Campus Representatives for 1988—89.

Upper left. Sam Patterson gives a prospective Regis College student a tour of our campus.

Opposite page left. Erin Zastrocky, a Campus Representative and a work—study for the Admissions Office, explains the procedure for getting a dorm room.

Left. Sam Patterson explains the advantages of having a car on campus.

Top. Erin Zastrocky explains the new library computer system, CARL, which helps students and faculty.

Above: Deb Vinnola answers the phone during a hectic day in the Admissions office.

Chemistry Club

The Chemistry Club is now in its second year, and seems to be doing very well. Dr. James Giulianelli represents the club and is there to guide and offer new ideas for club members. The club itself is a social organization for any persons interested in chemistry. Any students having difficulty in their lower division chemistry courses are able to contact any member of the club for help.

The chemistry club is also responsible for sponsoring the Math/Science lecture series which brings many interesting and experienced individuals to the campus. The topics range from Solar Energy and Space Exploration to the use of drugs and their effects.

The big event of the year for the club is the annual Chemistry Magic Show. This event is held in the Science Amphitheater every fall. It's popularity has grown immensely as classes from local elementary schools have been invited to the show. The purpose of the show is to get people interested and to allow them to understand a little more about chemistry in general. You don't

need a four-year degree to enjoy the show because it's meant to introduce the field of chemistry and what can be done with it. The show is narrated by Dr. Giulianelli, who adds a little flare



of his own as he dresses up in his Merlin outfit. Once the magic begins, it's almost non-stop except to move equipment around or get some willing volunteers from the audience to assist. Not only does this give you a chance to see what is going on, but many volunteers are able to actually get involved and

get some hands-on experience.

The experiments done here keep your attention by appealing to all the senses. There are balloons that are filled with hydrogen and oxygen that, when lit can be heard all the way across campus. Beaker's of fluid change color before your eyes, and for those lucky volunteer's that are chosen, they can help add chemicals to the experiments themselves. This club also sponsors mini-magic shows at Denver Area Public Schools to try and show as many people as they can the wonders of chemistry. Anyone attending one of these magic shows may find themselves hooked on Chemistry, and if you're a college student, you may even decide to change your major.

The chemistry club also has activities that are just for themselves, such as a fall picnic, pizza parties, a Christmas party, and a ski trip. Usually the last event of the year is the spring picnic which gives the club members the chance to enjoy a last time with each other and to reflect on the past year and how to make next year even better.





Opposite Top: Young student learns laws of physics.

Opposite Left: Dr. Giulianelli makes a mess.

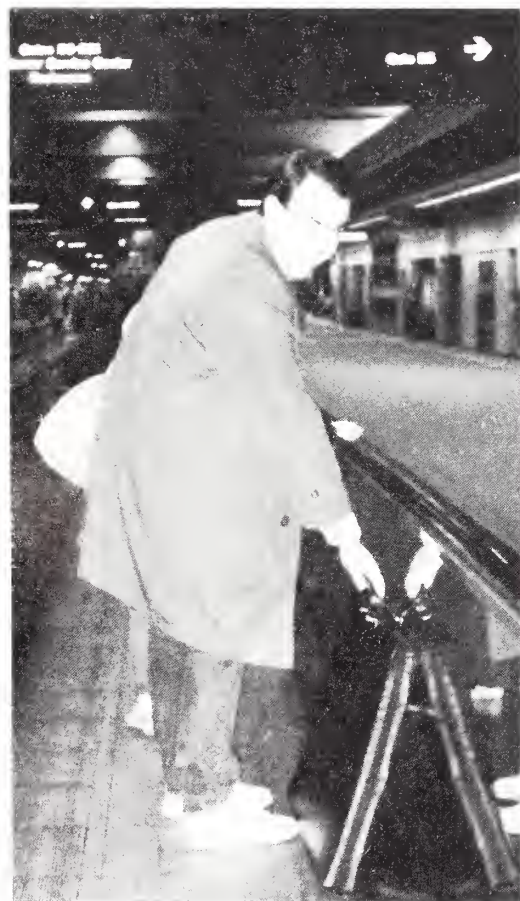
Opposite Right: Elementary students learn to grin and bear it.

Top Left: Elementary students 'tickled' by the sciences.

Top Right: Dr. Giulianelli shows the kids a good time.

Bottom Left: John Fennell nails the laws of physics.





"Say What You Mean, Mean What You Say."

Forensics in its classical sense, is the art of argumentative discourse. In an academic context, forensics takes the form of competitive speaking and oral interpretation of literature. Teams exercise their skills in tournaments throughout the country. Participation in forensics competition develops many skills. Obviously, oral expression is enhanced through both public address and oral interpretation. In addition, students learn to think analytically, give and receive constructive criticism and develop a sense of confidence and an aura of poise. Forensics is not only for people who have skills, but for those who wish to develop them.

The forensic team here at Regis is ranked among the top squads in the country. Students from Regis have placed in final rounds at every tournament they have attended over the last nine years, frequently qualifying more entries for these elimination rounds than any other school in a given competition. The program has gained recognition on campus, performing for the Board of Trustees, Parents weekend, The Scholarship luncheon, sponsored by the Admissions Office, and the team's own annual celebration performance held each Spring for invited guests. This year the team put on their celebration performance for the college in April to a packed house in O'Sullivan. A winning tradition and campus recognition are not the only reasons forensics at Regis is so special. It is the goal of the Regis College Forensic program to develop the students' understanding, self confidence, and knowledge so that they can grow to their full potential and reach their own personal visions of excellence.

Some of the highlights and awards for the team include: 1 All members qualified for at least one of the three national tourney they attended. 2 3rd place at Pi

Kappa Delta National Tourney in St. Louis Regis won After Dinner Speaking and Prose. 3 11th overall at the big tournament, which was the American Forensics Association Tournament in Fargo, North Dakota. 4 First place overall at meets in Boulder, CO. and in Cheyenne, WY. 5 20 events qualified which is a team record. 6 Co—hosted district tourney with Metro State College. Awards for the team and individual members include: Craig Scott won 2nd nationally in informative, 7th in persuasive, and 17th in individual sweepstakes. Megan Stew-



art won 5th nationally in prose.

Competitors choose the events in Public Speaking and Interpretation of Literature events in which they wish to compete. Public Speaking is divided into seven classifications and Interpretation of Literature into four. Public Speaking classifications are 1 Oratory of Persuasive Speaking which involves a ten minute presentation of an original work that is persuasive or inspirational in nature. 2 Extemporaneous Speaking in which contestants choose from among three current event topics offered and are given thirty minutes to prepare a seven min-

ute speech. 3 After Dinner speaking in which the competitor is allowed ten minutes to deliver an original speech, generally light and entertaining, yet making an important serious point. 4 Expository Speaking in which the speaker selects his or her own topic and writes and delivers a ten minute speech that is carefully researched and informative. 5 Impromptu in which students draw a topic and are given two minutes to prepare a well—structured five minute speech. Topics are usually chosen from proverbs or famous quotations. 6 Communication Analysis, in which students design an original speech that offers a rhetorical analysis and evaluation of a communication event.

Interpretation of Literature events include: 1 Poetry, which is a ten minute manuscript presentation of a selection of poetry of literary value. 2 Prose, which is a manuscript presentation of selections of prose material of literary merit. 3 Dramatic Duo, in which two competitors present a cutting from a play utilizing a manuscript and without the use of costumes or props. 4 Dramatic Interpretation, which is a manuscript presentation of a cutting from a play or plays of literary merit.

The Forensic Team belongs to the National Forensics Honorary Society, Pi Kappa Delta. This club is very active here on campus sponsoring dances, raffles, high school clinic and Pepsi booth at Ranger Day. The officers are; President: Shari Marquez, Vice President: Craig Scott, Secretary: Kelly Murphy, Treasurer: Anthony Rogers, and Historian: Megan Stewart. Other members include Pam Espinoza, Kelly McInerney, Julie Clayton, and Jennelle Martin.

Opposite page top: "We eat so well on Forensic Meets," says Shari Marquez at the University of Utah Great Salt Lake Mini—National tournament.

Regis College Singers

The Regis College Singers are a singing group here on campus that have undergone a few changes that are making the group better and better. A new director, Therese Schroeder-Sheker, was brought in for the Singers, and her talents have brought this small group in a new direction. Therese's specialty is music from the medieval era and includes the use of voice, romanesque and gothic harps, psaltery, and bells.

This year, the Singers broke away from the traditional accompanied-type music to a more difficult form called acappela. This may not seem like that big of a change, but it forces the singer to become more in touch with his/her surroundings. Students also learn to become more aware of just what their role is in a choir setting.

There was also a change in the type of music that the group sings. Instead of staying with English songs, the group ventured into different languages such as Latin, French, German, Spanish,



and even African. This music is from both present to medieval, and allows students to see and appreciate just where the music has come from.

This group performs one concert per semester and they are usually held on the second floor of Main Hall. This

year's Christmas concert broke away from the traditional Christmas carols and brought in the beautiful Latin Mass music. Ken Phillips has been the one responsible for decorating the concert area and setting up the decorations.

The Spring concert this year offered the group to show-off a number of songs in different languages. Near the end of the semester, the group added two African pieces that were a big hit at the concert. There was a special song that was used as the closing piece for this year's spring concert that had everyone joining in. The Singers did "Kiss Him Good-bye" by the Nylons, and even came up with some fancy choreography. The people that attend these concerts can always expect to have a great time.





Opposite Top: Tessa Martinelli, Heather Litwhiler, and Charine Chase enjoy performing.

Opposite Bottom: Rhea Christiansen, Paul Hiller and Tessa share their talent with Regis.

Top Left: Ruth Germen leads the Regis Singers in "Kiss Him Goodbye".

Top Right: Charine sings her heart out.

Above: Kristin Flory and Rachel Goess add to the alto section.

Left: Therese Schroeder-Sheker leads the choir with enthusiasm.



Psychology Club

The Psychology Club is a fairly new organization on campus that just completed its second year. The organization's goal is to provide a large base for psychology majors who are trying to decide on a career path and to bring an overall awareness of psychology to Regis by inviting a wide variety of guest speakers. Some of the topics included in these presentations were co-dependency, alcoholism, and art therapy.

The psychology club also sponsors the very popular Rat Olympics. This year the olympics were held in the basement of the science building and you had to be there early to get a good seat. Members of the Learning Lab classes spend weeks training rats on the hurdle-jump, ladder climbing, and the maze. Then, races are held in which these rats compete against each other for the "gold". Many students, psychology majors and others, came to cheer for their favorite rat. For those who haven't attended the Rat Olympics, it really is a lot of fun to watch and it's easy to get caught up in the fun, excitement, and spirit of the races. Congratulations goes to the Tuesday class for their outstanding perfor-

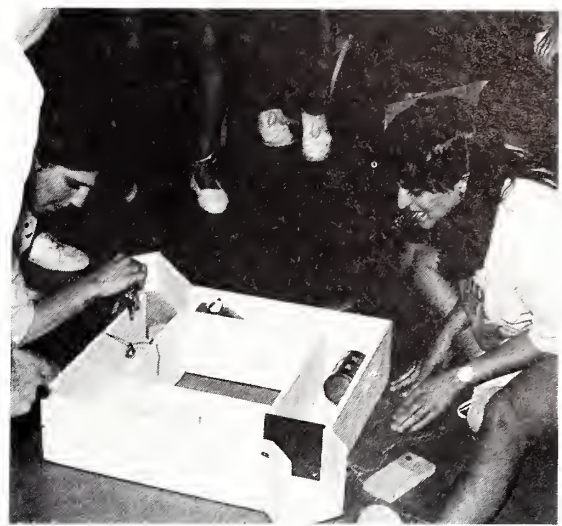
mances in this year's 9th Annual Rat Olympics!

The Regis Psychology Club was given the honor of being awarded a chapter of Psi Chi, the National Honor Society of Psychology. In order to be given this honor, the club must be in good



standing with at least ten members maintaining a 3.0 GPA. Induction ceremonies for Psi Chi were held the Sunday of Graduation and 18 members were inducted with Haley Clark, Laura Siqueiros, Shelly Wisehart and Beverly Heeke being installed as President, Vice President, Secretary and Treasurer respectively.





Opposite Top: Even the judges enjoy themselves at Rat Olympics.

Opposite Left: The rat makes its way through the maze.

Opposite Right: Club members watch before the festivities begin.

Middle: Everyone roots for their favorite rat.

Above: Trainers Marietta Eccher and Lisa Gentile put their rat to the test.

Left: The Ninth Annual Rat Olympics officially begins.



Top Left: Mr. Edmonds explains the situation

Middle Left: Christmas wreaths were a popular item sold by the Business Club.

Middle: Club member Brian Rooney helps a member of the community with her income tax forms.

Bottom Left: This Blood Drive was sponsored in part by the Business Club.

Bottom Right: Shannon Donahue and Matt Middendorf relax after the First Annual Shamrock Shuffle.

Far Right: Paul Otterbine and Deb Stoffel take their turn at the table in a fund raiser.





Business Club

The Regis College Business Club celebrated its first year as a school sponsored club - and quite a successful one at that. Started by Steve Stophel, the purpose of the Business Club is to give those ambitious students who wish to further their knowledge of the business world an opportunity to meet with one another to share their ideas, thoughts, and skills. With twenty-six paying members, the club obviously sparked a great deal of interest on campus. This year's officers were: President - Steven Stophel, Vice President - Kim Kos, Secretary - Denise DeSantis, and Treasurer - Brian Rooney. These four, along with the rest of the members, made sure that the business club was known around the campus.

The Business Club's first project was a Christmas fundraiser. The club created and sold decorative wreaths and brooms to students as well as faculty and staff members. Each was decorated with ornamental objects and/or flowers. These were quite popular among those students looking for a gift to take home to Mom. Also during the month of December, the Club sponsored a social for all of its members. There was plenty of refreshments and Santa even stopped by to pay a visit.

The New Year started off with a Blood Drive on January 23rd. Quite a large turnout of both students and staff helped make this event a success. The students, faculty and staff made sure that the Christmas feeling stayed well into January. Afterwards, each donor was treated to refreshments of cookies and juice provided by Safeway.

In February, the Business Club members demonstrated their skills by participating in the Tax Payer's Assistance Program, which was in conjunction with the Colorado Association of Certified Public Accountants (CPA). They helped the elderly and poor of the community, free of charge, with their 1988 income tax returns.

March was a busy month for the Regis College Business Club. For St. Patrick's Day, they sponsored a "Luck of the Irish" party in the Ranger Station for all the campus. Many students



came to enjoy the live band and the several give-aways - and everyone had plenty of fun as they relaxed and took a break from their studies.

On March 19th, the club worked in conjunction with Regis' fitness department to sponsor one of its most successful events - the Shamrock Shuffle. This 5K race drew participants from all over the community. Students and faculty pitched in to help support the Club and the Life Direction Center by helping mark the course and keep it clear of cars.

Obviously, the Regis College Business Club enjoyed quite a successful starter year. Next year's members can look forward to all of the above activities plus many more!



The Regis College internship program in "homelessness" is an academic opportunity for students to look at the issue of "homelessness" and begin to understand why there are people who live on the streets of our country.

The internship program is centered on a class that was taught this spring by Father Burke, in which students took for one or three semester hours of credit. The class met once a week for an hour and an half and was structured to cover various aspects of "homelessness", such as illiteracy, health care, and mental illness, in an informal classroom situation. Speakers from Denver, working with the homeless, provided first hand knowledge of the issues facing the homeless in our community. An impor-

tant component of this class is the 40 to 120 hours of required community ser-



vice. one semester hour vs. three semester hours in a shelter, soup kitchen, or nonprofit working with the homeless.

The internships are organized to insure each student direct sponsor agency staff supervision. A significant amount of class time, was spent tying together what students experienced at the community service volunteer sites and the issues that are addressed by the readings and speakers.

"Homelessness" is a big problem in our country. The internship students were not the only students on the Regis College campus who helped make the important issue visible. A sociology class of Jeff Ferrell's presented a video, collages and actual living quarters in the lobby as well as outside of the Dayton Memorial Library. This group of students shared their VISION OF EXCELLENCE with all of us.



Top: Ann Cecchine, and Ann Gallegos listen for instructions from the security guard how they can stay in the lobby of Dayton Memorial Library for the night.

Above: A bed for a "homeless" student on the floor of the library lobby.

Right: These students hang out among the newspaper scattered on the floor to show what it would be like if they were homeless.

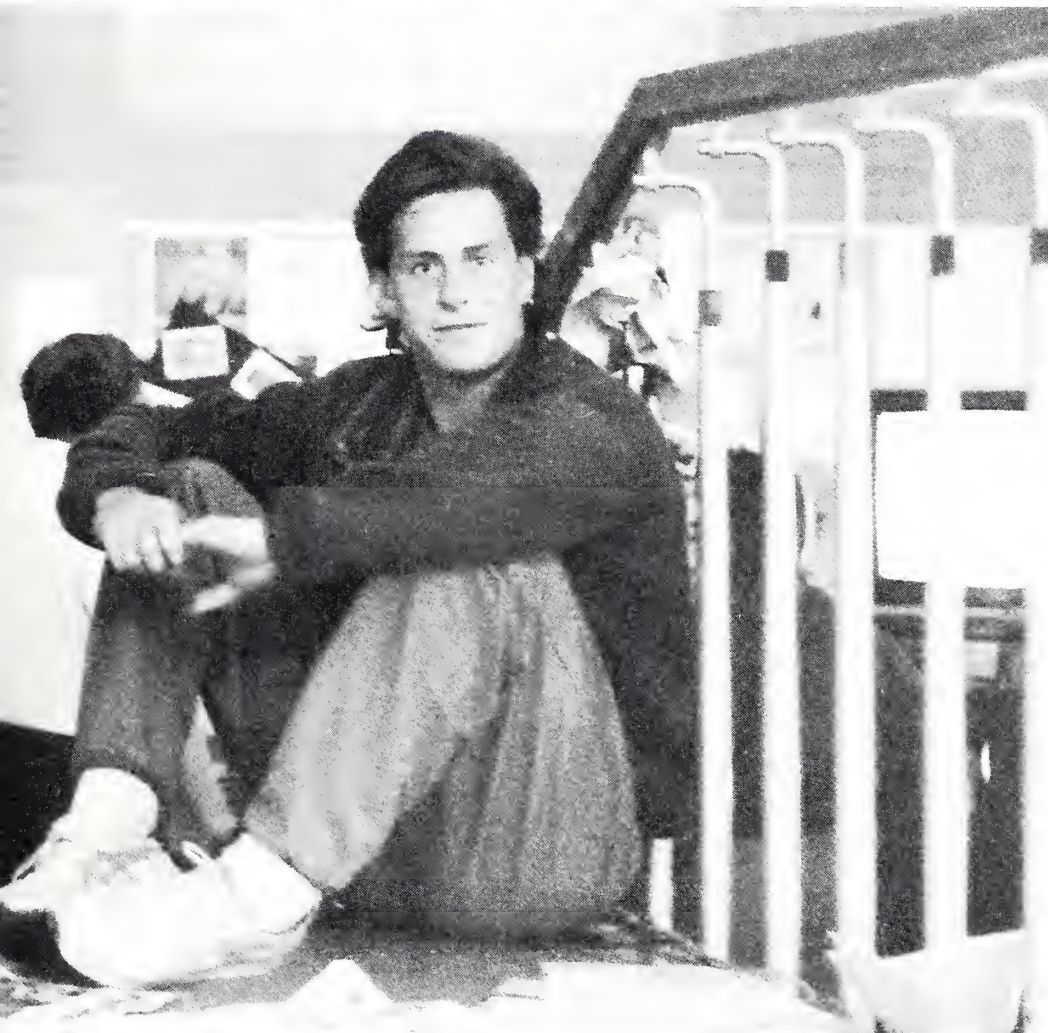




Upper left: A display for students to become aware that homeless people are people too.

Top: Student trying to get comfortable on the floor of the Dayton Memorial Library.

Above: An empty bed in the library lobby.



This event was covered on all of the major ten o'clock news channels concerning students aware of our "homelessness" problem. Ann Ceechine and others worked very hard on this project and it has brought more awareness to our campus here at Regis College.



Top: Julie Clayton and Nick Jackson work on a Circle K project.

Top Right: Members Ed Logan, Tammy Rolloff, Wendy Hayes, and Dana Boyd hit downtown during district convention free time.

Bottom Left: Ann Fox listens intently as she takes notes.

Bottom Middle: Paul and William Hiller get into the spirit of Casino Night.

Bottom Right: Kelly Murphy tries her luck as Paul Otterbine deals the cards.



Circle K International

Circle K International is the world's largest collegiate service and leadership organization, and Regis CKI is one of over 700 CKI clubs sponsored by Kiwanis International. A member club of CKI's Rocky Mountain District (with Colorado, Wyoming, and west Nebraska), Regis CKI initiated so much progress this year that it received the district's "Most Improved Club Award" in March.

Regis CKI milestone: In 1988 William Hiller was elected District Bulletin Editor; Phil Horvath, District Secretary; Jeanne Nelson, District Treasurer; and Paul Hiller became Lieutenant Governor for central Colorado. Club officers elected were President Paul Otterbine, Vice President Ann Fox, Secretary Katie Masterson, and Treasurer Tammy Rolloff. There were 16 members then, but that number exceeded 30 over the next 10 months, 3 graduations, and 2 transfers.

Other "firsts": Regis CKI developed its first committee structure, was one of the district's first clubs to implement membership requirements, and published the first parent newsletter in the district. The club's food/clothing-

/money drive with 2 other campus groups was the first such Regis venture, and Regis CKI raised \$230 with its most successful fundraiser ever: "Love-on-a-Stick."

Other activities: KOOL Haunted House, Pictures with Santa, and the March of Dimes Walk-America. Ulti-



mately, the club hosted the 1989 district convention, its most difficult undertaking. Here 2 members became district officers, and 3 others received recognition for outstanding club and district work in CKI.



Holy Week

Easter is often only considered the occasion for new clothing, the last ski trip or a day for liberation from the Lenten burden of giving up Coca Cola, candy, smoking, or swearing. How many realize that the three days at the end of that beginning-of-spring week are really the very cornerstone and foundation of the Christian faith?

The celebration of the Triduum — Holy Thursday, Good Friday and the Easter Vigil on Holy Saturday, is the high point of the year for Catholics. Like the Jewish feast of Passover, in which the great act of Liberation by God of the Hebrew people is carefully and extensively remembered, the mysteries celebrated in the remembrance of the Last Supper, the Crucifixion and the Resurrection receive a great deal of time, energy and devotion by the Campus Ministry team at Regis.

Beginning with the Mass of the Lord's Supper, with the tradition of the washing of the feet as a symbol of service, Holy Week recounts the final

moments of the life of Jesus. This year, the Activity Room of the Life Directions Center housed the beautiful liturgy which began with a solemn pro-



cession, included reflections by new director of Campus Ministry, Sr. Ann Goggin, and closed with a candle-lit walk to a specially prepared side chapel in the meditation room. As the crowds dwindled quietly away, music from a traditional celtic harp was pro-

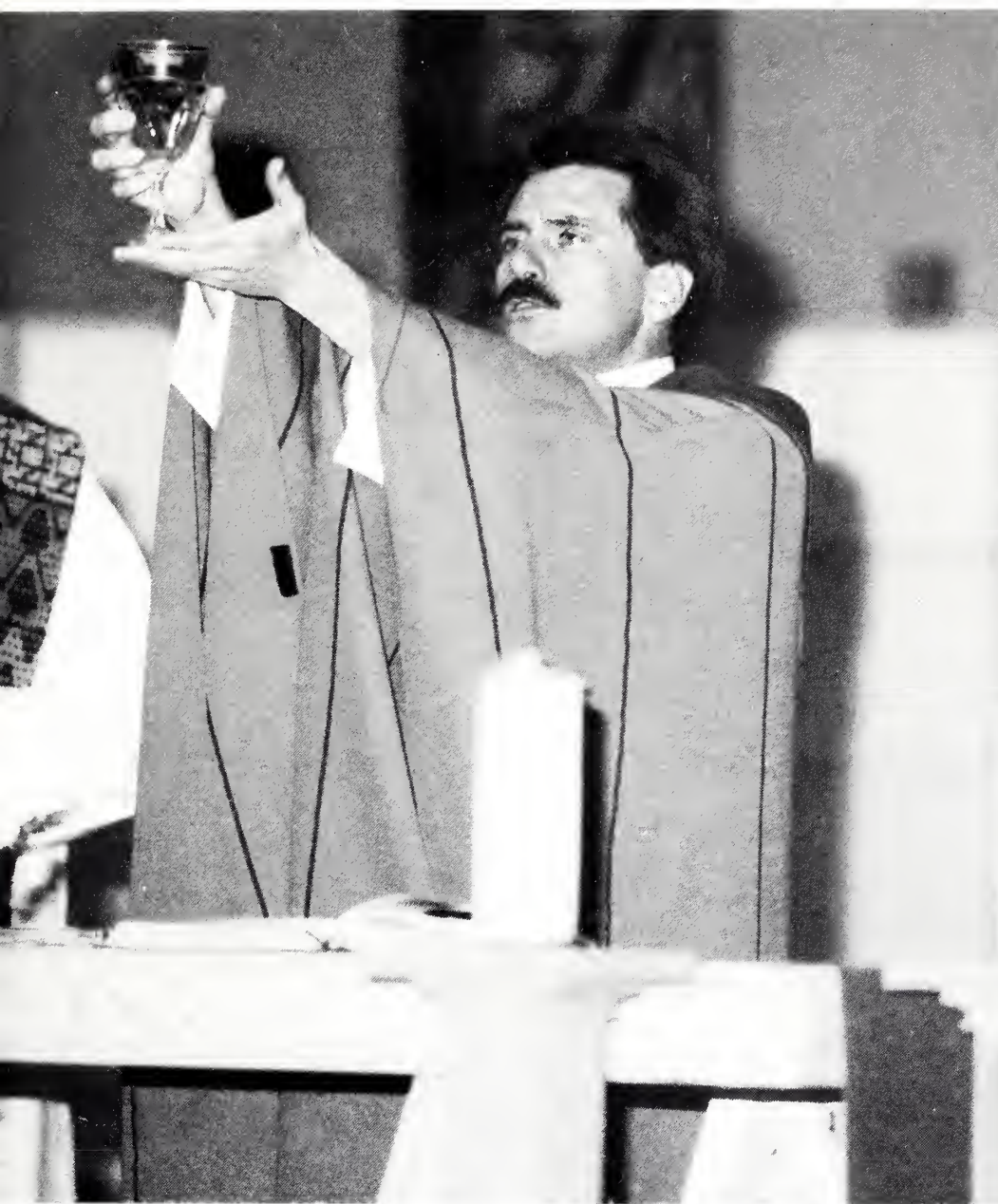
vided by Lilly Gallagher of the Music Department.

Good Friday Services in the afternoon were profound in their simplicity. Fr. Vince O'Flaherty presided in the High School Chapel. That same evening, a powerful version of the Stations of the Cross touched those who came together in the dark of the spring evening to recall the Sacrifice of the Cross.

Fr. Kevin Burke, new associate in Campus Ministry, presided at the celebration of the Easter Vigil, which began with the traditional lighting of the Easter fire. Freshman Julie Clayton was received into the Church, and along with alumna and Development Office employee, Ruth Jerman, received the sacrament of Confirmation during this Liturgy.

Tired, but grateful and proud, the campus ministry team hit the sack some time later, grateful for the grace-filled moments which touched lives of those who celebrated these Holy Days together.





Opposite Top: Ken Phillips leads the Easter Choir on the keyboard.

Opposite Left: Paul Hiller and Julie Clayton are a few of the many that sang in the choir.

Opposite Right: Angela Linnebur lights an altar candle to begin the mass.

Top Left: Fr. Kevin Burke presides over the mass.

Bottom Left: Musicians add to the voices of the choir.

Top Right: The magic of the harp adds to the music of the day.

Bottom Right: Strong voices lead the congregation in song.



Top Left: The Seder Meal was enjoyed by everyone who attended.

Bottom Left: Angela Linnebur has a good time serving dessert.

Top Right: Charlotte Donsky, a member of the Regis Faculty, guides everyone through the celebration of the Seder Meal.

Middle Right: Ken Phillips and Bob Sweeny also help serve the meal.

Bottom Right: Those who enjoyed the Seder Meal participated in the blessings and prayers.

Opposite Top: Ruth German gives a friendly wave.

Opposite Bottom: A member of the community Pearl Madigan lights the candles to start the celebration.



Seder Meal

For several years, Campus Ministry has sponsored the celebration of the traditional Passover meal in or near Holy Week. For the past three years associate professor of French, Charlotte Donsky, has helped plan and has presided at the elaborate dinner which recalls the liberation of the people of Israel from their bondage in Europe. Professor Donsky explains that the meal is a kind of teaching tool, a way of passing on the heritage of the Hebrew family from the oldest to the youngest, so that their traditions and identity be secured into the future.

The meal begins with the lighting of candles, which recall the presence of God, like the pillar of fire in the Exodus account. Then the youngest of the family asks "Why is this night unlike

all the other nights of the year?" From this question springs a kind of dialogue, which is interspersed with psalms, prayers and music that recounts "What God has done for me"



(as the Seder Meal text puts it) Members of the Regis community gather in the President's Lounge to hear the story of the escape from Egypt, to break the unleavened bread (the Matzoh) and to drink the cup of wine. The bitter

herbs, the roasted lamb, the salt water and the tasty mixture of apples, raisins and spices, all components of the traditional Seder Plate, are shared around these tables as the story of the Exodus is spoken in prayer and Holy Scripture.

After the traditional ritual meal is shared, the fuller meal is served, family style, and the meal winds on into the spring evening. For many, it is the first sampling of Jewish fare. Gefelte fish, Matzoh Ball soup, and other items made with unleavened meal provide new taste experiences for students, staff, and faculty alike.

The meal is served by Campus Ministry staff, interns and work studies as a sign of service to the community.



Two Talented Men Entertain at Regis

Regis has many special attractions. Among the many special guests this year were Jim Wand, the Hypnotist, and Dr. Stephen Thompson, the fire eater. Dr. Thompson, Professor of Chemistry from Colorado State University, visited Regis for the American Chemistry Societies' Undergraduate Research Symposium. The fire eater provided some entertainment for the undergraduate Chemistry Competitors and some Ranger Day Stragglers. Dr. Thompson explained that fire eating was dangerous and the only tricks of the trade were learning the sometimes painful techniques. He told the story of how he was an apprentice and had to eat soup for long periods of time because he had burnt his mouth. Dr. Thompson's unusual gift and talent excited the tired and inquisitive audience. Dr. Thompson believes in audience participation. So, students were

encouraged to handle fire. Although, several bold students tried simple manipulating techniques, they were unsuccessful. Hopefully, Regis will host the ACS Undergraduate Symposium next year so, Regis students can meet extraordinary people like Dr.



Thompson, Professor of Chemistry and Fire Eater 'extraodinar'.

Jim Wand the hypnotist, returned once again to Regis College to induce not only students but his audience as well. He performed Wednesday night on April 19th as students laughed even

well after the show was over. The students were charged only \$1 for a cover charge which was well worth the fun night out. The performance took place in the cafeteria where Jim Wand's magic began. A group of students were asked to volunteer and be brought up on stage and be hypnotized. As the night rolled on, this eager group of student volunteer's performed many funny acts that kept all of their friends laughing for hours. These students became a flock of birds, performed rock concerts as famous rock stars, as well as many other funny situations. Ever though there were a few embarrassing moments during the show, everyone had a great time and is looking forward to Jim Wand's next visit.



Top Middle: Students enjoy Jim Wand.

Above: Crios Munnigns helps the "Fire Eater."

Left: Hypnotized students act like birds.





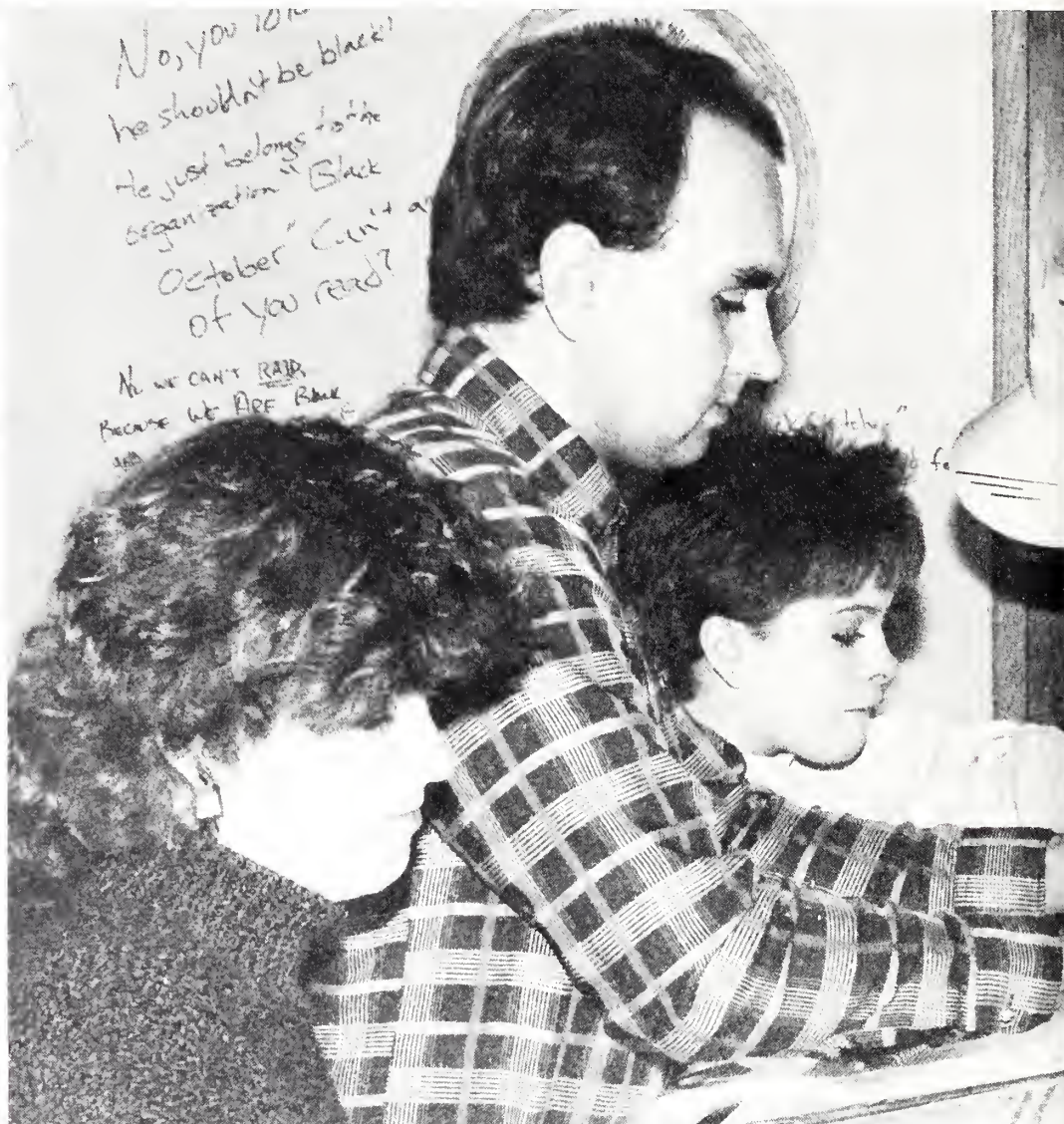
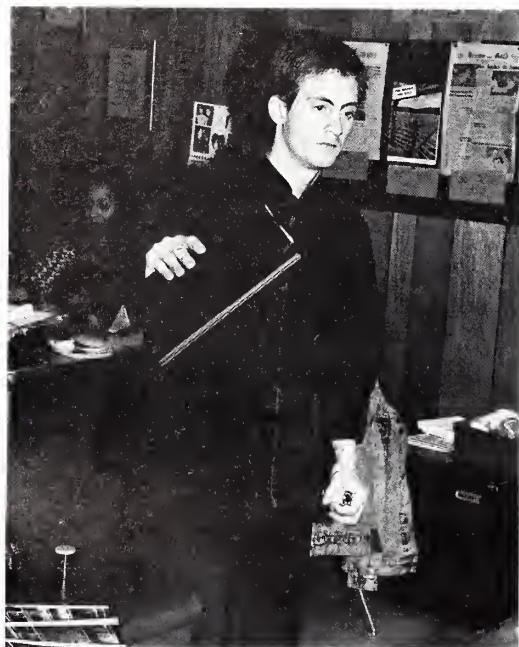
Top left: The "Fire Eater" displays his talent.

Top: Christina Bazarian screams while the "Fire Eater" puts fire over her arm.

Middle left: Mike Newton interviews Jim Wand.

Left: Danny Newton as Tarzan and Dyanna Decola as Jane.

Above: A group of students hypnotized.



Top Right: Kevin Norris gives a textbook explanation of how to develop a newspaper.

Above: Editor Craig Scott and William Hiller deep in discussion.

Top Middle: Craig shows Julie Clayton and Beth Stone layout techniques.

Right: Beth types in her articles for the next issue.

Opposite Top: Beth and Paul Hiller busy at work.

Opposite Left: Kevin and Julie Chauvin take a well-deserved break.

Opposite Right: Steve Stophel adds his part to the Brown and Gold.



Brown and Gold

The Brown and Gold student newspaper, first published in 1919, celebrated its 70th anniversary this year, and has come a long way from the days of mimeographing and manual typesetting. In fact, three year Editor-In-Chief Craig Scott, and his senior editorial staff effected many permanent



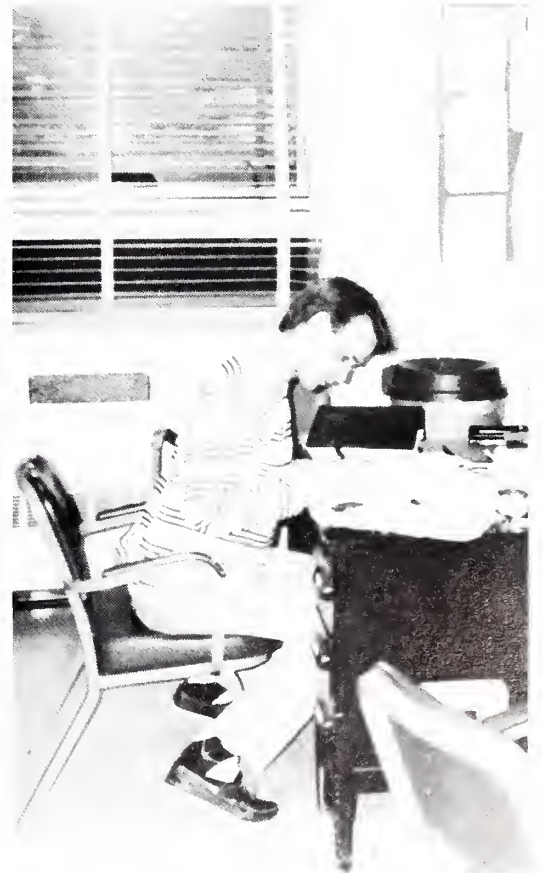
changes this year which have made current issues incomparable to editions of the past.

Among the improvements Scott and his staff made were the consistent use of color, a constant twelve-page format, and the inclusion of themed feature sections in every issue. In recogni-

tion of these achievements, the paper received four awards from the Scholastic Press Association including two awards for individual articles and an award for First Place publication with Special Merit.

In all, ten seniors graduated from the Brown and Gold staff, and this year's editorial staff of six seniors will be replaced by a new editorial staff of six with Elizabeth Howard and Beth Stone as Co-Editors-In-Chief; Mary Jo Acke, advertising manager; Nick Jackson, sports editor; Julie Chauvin, business manager and photography editor; and Valerie Dodrill, copy editor.

Even though much of the staff has graduated, the quality will still be there. This staff for next year has both experienced people and also a younger group that will be able to continue the Brown and Gold's Visions of Excellence.



Easter; For The Kid In All Of Us.

For each of us Easter sparks a special memory. For some, the memory is of a specific Easter as a child, for others the memory is of pastel colors and easter egg hunts. No matter you memory holds, Easter is for the kid in all of us. Easter is the time for everything to start a new.

The Easter season marks the beginning of spring, and a time for the world to wake up. It is also the time for sharing caring, and loveing, that is why Regis College sponsors an annual Easter egg hunt and party for the Children of the Robert G. Weiland school. This annual event gives Regis students a chance to enjoy the easter season, and an excuse to have an Easter egg hunt.

These children come once a year and get paired with Regis students. Together, they look for easter eggs and

enjoy a visit from the Easter bunny. This is a special time for students to reach out and help our community and have a little fun.

As the years go on, we will have forgotten every little detail of our lives, but we will look back on the holidays

and remember what a great time we had. When we look back on the holidays during our college years, we will remember the fun we had with the Children of the Robert G. Weiland School.





Opposite Top: Sarah Hemming shares some time with some special kids.

Opposite Middle Left: Sometimes a smile is worth a thousand words.

Far Opposite Left: The hunt is on!

Lisa Heaston takes time to cheer up her new friend.

Left: Amy Flaherty spends a special Easter moment together.

Top: The joy of finding an Easter egg.

Above: Melinda Higgs shares her happiness with others.



Top: Elizabeth Tennesen uses her creativity to write copy.

Above: Kim Kos shares a laugh over the phone with a friend.

Top Right: Pausing from layout work, Kim shows us her executive work.

Bottom Right: David Cummings gives a look of satisfaction as he puts a finished layout away.

Opposite Top: The 1988-89 Ranger Yearbook staff.

Middle Right: Hrolf Huey finally gets his picture taken.

Elizabeth takes a nap in between yearbook pages.



Putting It All Together

What is 9x14, has 264 pages and costs \$21,000 to produce? No need to try guessing. You're holding it in your hands right now. Yes, the Regis College Ranger Yearbook.

Everything inside the Ranger happens in a year's time. For years now, it has taken the place of faded newspaper clippings and bent photos collected over the years that mark the memories of college years. No longer were the years at Regis College left to happenstance. As our publisher rightfully states, "Memories fade, yearbooks don't."

We make it a point to enter a national publication contest, and see just how we compare with other schools our size. For the past two years, the Ranger has received a first place rating for our division. The comments made by the judges are not just read and forgotten. We do all we can to follow their advice and constantly make improvements. This year, what the judges recommended called for a complete design overhaul. The changes we have made in this volume should earn us

another first place award or even higher. With this kind of award, it really feels good that all the hard work we have put in the past has paid off. Today, the Ranger is still faithfully turning out a publication which preserves



the year's happenings from all students' perspectives.

The main struggles have been PR, sales, and deadlines. This year we have used new graphics, new formats, and new designs. Many times a person will call and ask for their yearbook a few

years after they graduate and most times, neither the publisher nor the yearbook staff have any extra copies and the alumni is left out.

Despite these unexplainable facts, the yearbook is improving and is a small treasure for those who are fortunate enough to have remembered to buy one.

This year has been no exception to the past years. There will always be rough ends which can be anything from late pictures and stories, to low patron funds, to shortages of scrap paper and only cropping pencils to pass around. Tempers and nerves tend to run short on pressing deadlines when all of us need twenty more hours of sleep, time to study for a test, or just time to sit down, relax, and take a breather.

It took us one summer, two semesters, and uncountable hours in the making of this yearbook. This is our \$21,000 baby, and we hope you enjoy it as much as we, in the long run, have enjoyed making it for you.



St. Patrick's Day

What comes to mind when you think of March? Well, Spring Break is one thing because it starts the whole month off, but how about St. Patrick's Day? Conveniently, this Irish holiday happens the week after we all return from Spring Break, which gives many of us a chance to party once again with our friends before hitting the books. One can surely tell it's St. Patrick's Day when Regis' own wild Irishman, Tom Duggan performs his annual concert of old Irish folk songs. This year's concert was held in the Game Room and was filled to the point of standing room only. Both faculty and students alike enjoy getting into the spirit of St. Patrick's Day by listening to Dr. Duggan sing his favorite Irish folk songs.

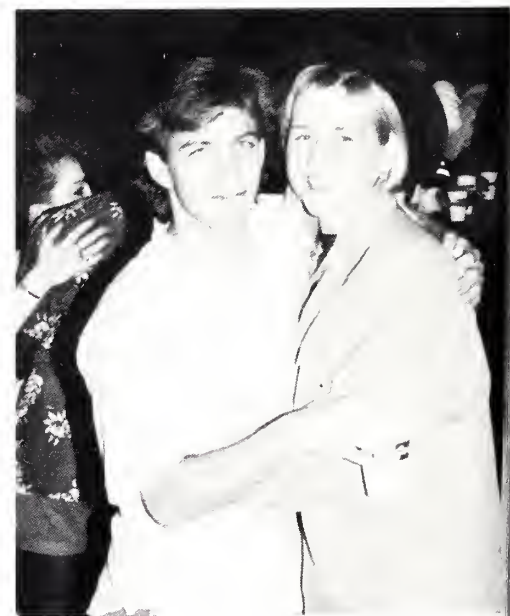
Of course, what would St. Patrick's Day be without the music of a band and dancing? Many parties filled the week before the actual day. The Business Club sponsored one of these pre-St. Pat's Day dances. The dance, the "Luck of the Irish", was a great starter to the festivities as students danced the night away to the music of the Flaming Marquis. The Hall Governing Boards

of each dorm got into the spirit of things also as they put on their own festivities during the week.

The grand finale of course was the actual St. Patrick's Day Dance on March 17th. PAC outdid themselves



as they sponsored this event. SAGA was the host of this dance and students filled the dance floor as DJ's played the modern favorites as well as a mix of traditional Irish songs. The dancing went on and on under the many green streamers and decorations that added to the atmosphere of fun and frivolity of the day.





Opposite Top: Faculty, Staff, and students alike come to listen to Dr. Duggan.

Opposite Left: Shellie Dyman, Kelly McEwen, Maribeth Winston, and Dave Card enjoy the St. Patrick's Day Dance.

Opposite Right: Two students dance the night away.

Middle: Tom Duggan gets into the spirit of the Irish folk songs.

Top: Shannon Donahue and Kathleen Beutner celebrate the night with PAC.

Above: Anybody want to dance?

Left: Friends enjoy the chance to take a break from studies and party together.



Top: Roberta Jones is one of the many students that attends the Dean's Reception.

Above: Regis students come to see their peers honored.

Middle: Mary Ann Lehmkuhle and her parents are special guests.

Opposite Top: Former Regis graduate and Rhodes scholar, Mary Ann Lehmkuhle.

Opposite Bottom: Dean Hynes presents Mary Ann with a gift on behalf of Regis College.





The Dean's Reception

On Friday, March 31st, at 3:30 p.m. in the President's Lounge, the top academic achievers of Regis College were honored. This reception recognized those students who were on the Dean's List for Fall '88. In order to achieve this high honor, a student must have maintained at least a 3.8 GPA for the Fall semester. This event was the perfect opportunity for these outstanding Ranger's and their parents to mingle with faculty, staff and other Regis students. There were plenty of refreshments, including delicious cakes and champagne.

In addition to honoring those students on the Dean's List, this reception was held in special recognition of Mary Ann Lehmkuhle. Both Mary Ann and her parents were able to attend the reception and they circulated through the crowd talking with students and faculty.

At about 4:00, Dean Hines, in a small presentation, congratulated those students who were on the Dean's

List. He also presented Mary Ann, who plans on attending Oxford with this prestigious scholarship, with a beautiful plaque.

The Dean's List reception was very well attended by not only those stu-



dents being honored but also by the staff and faculty of Regis. This reception was a wonderful opportunity for the Regis community to recognize the academic excellence of its students, both past and present.



Come And Get It!

Throughout the year, the faculty work very hard to make sure that everything runs as smoothly as possible in their lives as well as in their classes. Actually, the faculty is not much different from their students. When spring rolls around



and the weather is nice and warm, contrary to popular belief, the last thing a faculty member would want to do is stay in his/her office and grade papers. Although many faculty tell you that they don't want to have class outside, deep down inside they wish that all those students could actually pay attention if they were outside. But, as past experience has shown, the students do not do well when surrounded by the many distractions, thus making it hard for the faculty to move their classes to the great outdoors.

Unfortunately, there aren't too many other times that the faculty has a chance to get outside and socialize with their fellow workers and just shoot the breeze in a relaxed atmosphere outside

of their offices. Thus the annual faculty picnic was invented to give them a chance to enjoy a Bar—B—Q lunch in the spring weather and have a chance to spend time with their co—workers out in the sun.

For many students, this is the first chance they have to see their favorite and not—so—favorite teachers in an environment other than a classroom. Although the students were not invited to this event, they had a chance to get a glimpse of the festivities as they walked into the Student Center.

As the students walked into Marriott for lunch, they were given the opportunity to talk with all their favorite teachers as well as those they were trying to avoid because they missed class that morning sitting in the Boettcher Commons enjoying a delicious—smelling barbecue. Everyone came — from the Resident Directors to the President of the college, and all of the departments were represented in one form or another. This chance to mingle with their fellow faculty and staff members was a welcome break to these people from the familiar everyday schedules. This event gives Regis College that extra boost of unity that helps to make this institution a true VISION OF EXCELLENCE.





Opposite Top: Tom Reynolds, Vice President of Student Life, and Fr. David Clarke, President.

Opposite Left: Rich Riss, Security, and Kate Secrest, Academic Computing.

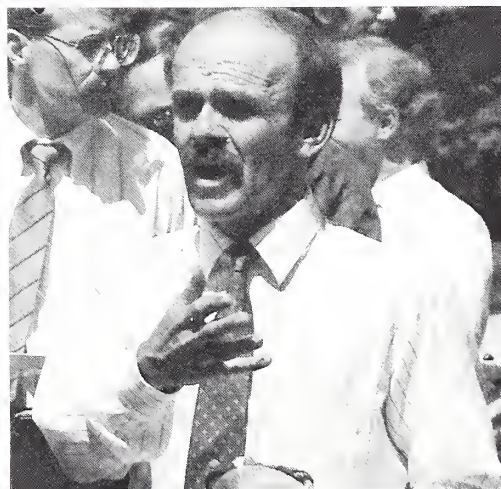
Opposite Right: Ron DiSanto, Philosophy, and Fr. Adam Bunnell.

Middle: Dr. DiSanto, Charles Brase, Mathematics, and Cindy Stanford, SAGA Marriott.

Above: Jim McCormick, Director of Student Activities.

Bottom Left: Fr. Jim Guyer, Director of Academic Advising.

Bottom Right: Loring Olk, Residence Director of O'Connell Hall.





Graffiti Night

It's a Thursday night and you need a break from all the studying you've been doing all week before you prepare for Friday's classes. After considering your options, you decide to go to the Ranger Station and see who's there. As you walk to the door, you look through the windows and see . . . paper covering every wall and table? People drawing on clothes with permanent markers? Oh yeah, it's Graffiti Night!

Once again, this year's graffiti night was a huge success. Sponsored by the Sophomore Class, this annual event was attended by a number of students and everyone had a great time. In fact, so many people attended that they ran out of the black markers and T-shirts that they were providing.

Drawings of every talent level and content could be seen on the walls and tables. Messages to friends, birthday wishes, stick figures, faces, every shape and emblem imaginable - from hearts to guitars to the music emblem of Judas Priest, and much, much more decorated the Station as everyone

made sure they left their mark.

As a band played through the night, Regis students suddenly felt their creative talents come alive and everyone became an artist for the night. A virtual map of the United States appeared



on one wall as everyone showed their pride in their home towns and immortalized them in permanent ink.

As the night came to an end, everyone with a T-shirt had a collection of signatures, pictures, and sayings from their friends that they could keep and wear in the years to come.



Opposite Top: Mary Jo Acke and Deb Vinnola busy with their artwork.

Opposite Left: Jill Janney signs Maureen Fitzgerald's T-shirt.

Opposite Right: Deb get's "writer's block".

Top Left: Sean Lehmkuhle and Darryl Ng-A-Qui make you wonder what they're up to.

Above: Happy birthday, Michelle Hubert!

Left: Anne Bonelli, Roberta Jones, Patti Kato and Heather Beran inspect their table.



Volleyball Club

This year, the volleyball club became a more visible part of the Regis College community. Under the direction of the club's president, John McDonald, the club made many appearances in the quad. Throughout the year, this club has sponsored many afternoons of volleyball for all students to participate in, and to try and encourage people to join. The volleyball club was started last year in an effort to have a men's volleyball team to counter the women's volleyball season. Over the past year, the club competed in a tournament that took place at Colorado State University; the team placed fifth out of fifteen teams.

Because the volleyball club is still quite young, things don't always seem to fall in place, but with the help of the club's vice-president Miles Taylor, secretary Scott Krueger, and treasurer Anna Rice, along with John McDonald, the club made sure the Regis community knew we had a volleyball club. Although the club was started to

help the men have a chance to play the growing sport of volleyball, the club is co-ed with the majority of its members being male. The club hopes to expand to a full co-ed team in the future to enable more and more students to have the opportu-



nity to enjoy this growing sport. With volleyball being the game of the future, you can bet the Regis Volleyball club will continue to become a more and more visible part of the Regis community.





Opposite Top: Irene Arguelles concentrates on returning a serve.

Opposite Left: Toua Yang watches Don Ferraro leap to set the spike.

Opposite Right: Don Ferraro practices before the games begin.

Middle: John Andrew and Toua face off at the net.

Top: John McDonald attempts to block the opponents.

Above: Jeff Ellerbeck shows it's all in the stance and concentration.



Top: Carlos Muhletaler livens up the air with his enthusiasm.

Bottom Left: Carlos introduces the first selection . . .

Bottom Right: . . . and locates the next.

Opposite Left: Will Collins also helps out in the station.

Opposite Right: Being at KRCX brings out the true DJ in Will.





KRCX AM 600

This year the campus radio station, KRCX (AM 660) went through some troubled times. As the year began the station was running off and on and from there things went from bad to worse. The radio station is one of the medias on campus that are run by the students. This year the radio station was under the direction of co-managers Carlos Muhletaler and Mike Bilbow, who stood by the station through thick and thin. As the year went on, the station was heard less and less until for a long time the campus heard nothing. This silence was not due to lack of music or lack of DJ's, but rather a mechanical difficulty: the mixing board had caught on fire.

Despite the many problems the station encountered, it managed to land on its feet. With donations from some Regis parents, and some aid from the Student Life office, the station was able to obtain a used mixing board from local radio station, KS104. With the addition of the new board, the station began its long, hard journey back into the air waves.

The station can be found on the AM dial at 600. Although the station is on the dial some people may find it hard to hear. This is due to the lack of wattage from the station. This problem is one that is high on the list for the future, as far as repairs and improvements are concerned. The station can be best heard in West, due to the location.

The station managers hope to correct the wattage problem as well as add some new equipment to the station. The station hopes to be on the air during the dining hours, as well as during heavy traffic times in the quad.

The station is considered to be an

"official" radio station and hopes to offer the Regis college community the same things that other radio stations offer, such as pre-recorded commercials, weather reports, road conditions, and live sports coverage of all Regis



College varsity home sports events.

The radio station continues to grow and expand each year with the addition of new records and, in the future, the addition of a CD player as well as new CD's. All of the new records, tapes, and CD's are neatly stored and ready for the the fall semester to begin.

Students realized how much they missed the lunchtime music entertainment this year and even tried listening to a jukebox to replace the silence. It was obvious that this was not as popular as the radio station however, and many delighted comments could be heard when the station once again came in loud and clear on the airways. Hopefully next year, there will be more students that are able to get involved, and help keep KRCX on the air longer for more students to enjoy throughout the year.



A Star is Born

Even though Regis is a small college, there are many students here that have a lot of talent in music or entertainment. There is one special night that will allow any of these students to share their talent with other's. Talent Night was the first event to kick off Ranger Week this year on Monday, April 17th at 9:00pm in the Ranger Station. There was never a dull moment this year with every time slot being filled, and it was a difficult decision as to who the winners were. There was a cash prize of \$150 for 1st place, \$100 for 2nd place and \$50 for third place.

All of the acts were registered with Deb Waldman who was in charge of all the Ranger Week activities, but only those who signed up before 8:30 p.m. would perform that night. The acts for this year Talent Night, started with a comedy skit, and then moved on to some guitar solos and duets which also included a couple of songs by a band here on campus. After a short break there was a dance act done by two members of the Women's basket-

ball team, and then there was the great vocal duet that brought everyone to their feet. The most unique act was done by two freshman who really used their head's and did a lip—sync to



“Tally man”. This year's Talent Night was the largest that Regis has seen in quite a few year's and should continue to grow. Everyone has some kind of talent that they can share with others. So, next time Regis has a Talent Night, give it a try!



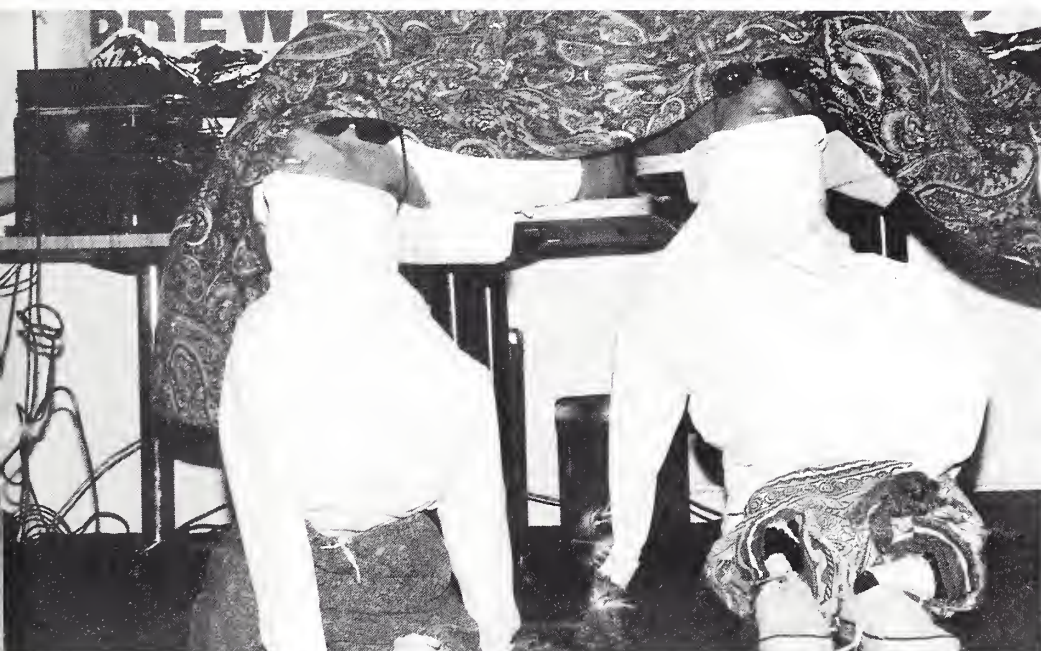
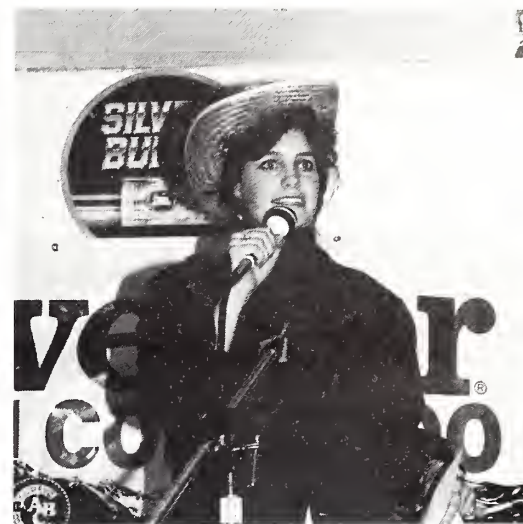
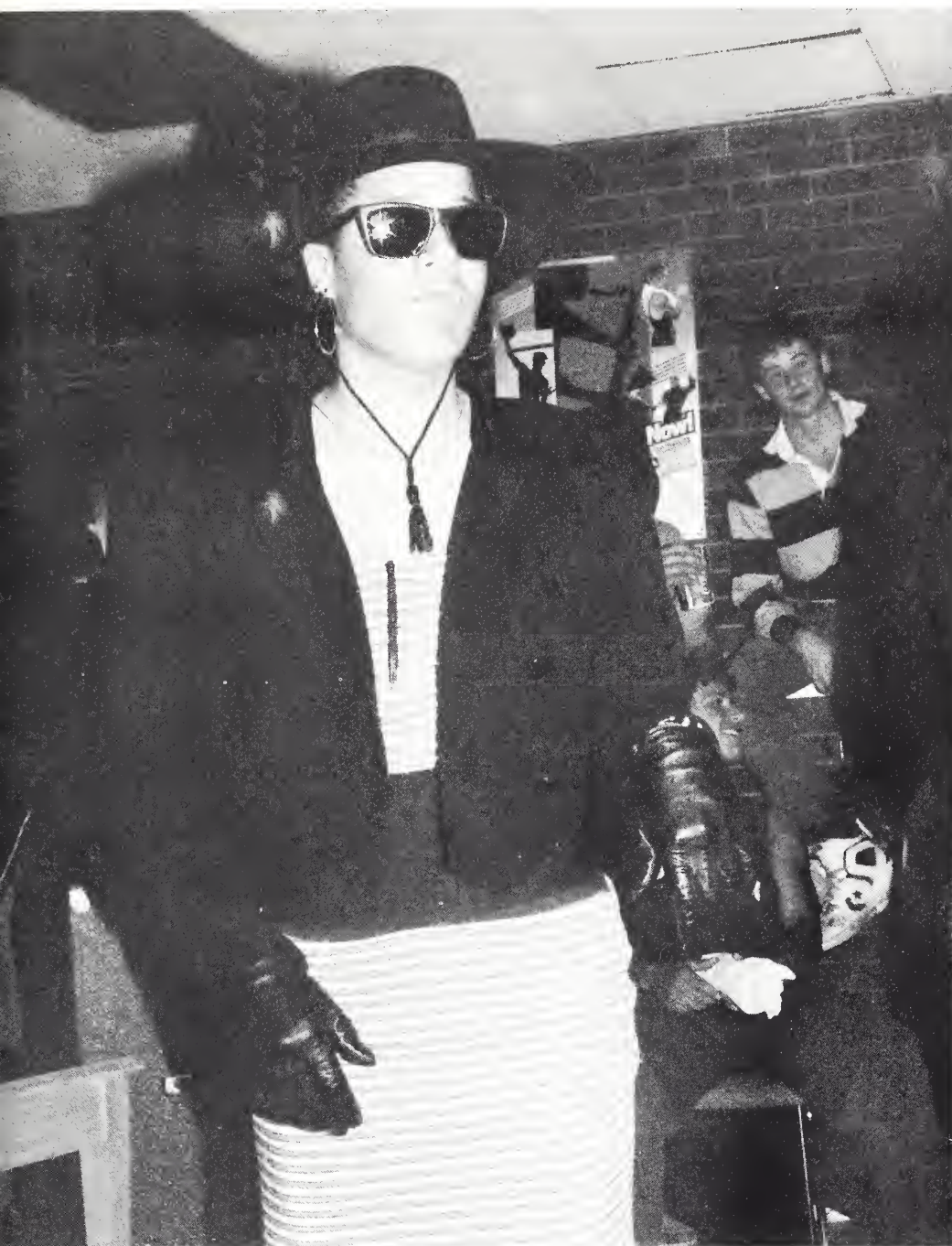
Top: MaryAnn Curto performing in the pub.

Above: A great performance remembered by all.

Top right: Melinda Higgs and Patti Quintero enjoy the talent show.

Right: Michael Imhof show the audience his talent.





Top left: Angel Gould dancing to the beat of the music.

Left: Two crazy people display their talent.

Top: Deb Waldman introduces the talent contestants.

Above: Rob Spence shows the crowd his talent.



Crios Munnings and Katie Masterson get down at the HGB sponsored St. Patrick's Day dance.

Bottom Left: The Blazing Marquis entertain at the Ranger Station.

Bottom Right: Jason and friends wait for the Irish festivities to begin.

Opposite Left: Tom Duggan entertains the crowd.

Opposite Right: Faculty and Staff eat a St. Patrick's Day lunch together.

Opposite Top: Don Theilen and Mike Brockway select the next tune.





The Luck of the Irish

This year, Regis students turned St. Patrick's Day into a week-long celebration. After you've had a week off for Spring Break, what's the first thing you want to do when you get back? PARTY! This year the parties started with the Business Club's St. Patrick's Day Party. Students gathered together in the Ranger Station to dance the night away to the music of The Flaming Marquis. Later in the week, a second dance put on by all the dorm's Hall Governing Boards was another huge success. Continuing on, what would St. Patrick's Day be without Tom Duggan's concert of fun-filled Irish song's? This year, the "Wild Irishman" performed in the Game Room of the Student Center. Extra tables and chairs were brought in but there still wasn't enough seating for all those who came to listen and join in the singing. This year's most requested song was none other than the drinking song which begins: "Ahw, yer trunk! yer trunk! yea silly ol' fool!"

This year's St. Patrick's festivities were topped by the first annual Sham-

rock Shuffle - a 5K race put on by the Life Directions Center. Over 500 people attended this event. Many were from the surrounding community, but there were also a number of Regis stu-



dents and faculty members that participated in this event. All in all, there seemed to be something for everyone to do this year, and it seems everyone had a great time!





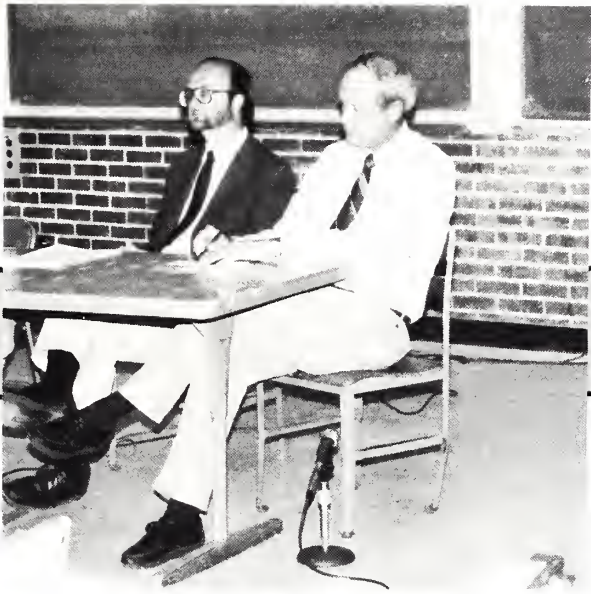
Arts & Lectures

The Arts & Lectures at Regis College have been upgraded from the past years. Today the Fine Arts has its own little place in the basement of the newly remodeled Main Hall. The Lecture's have brought in key figures to get more students involved. The highlight's for this past year have been Presidential Candidate John Anderson, Adrian Cronour, and Dumisani Kumalo.

The Fine Arts is uniquely different from the other areas like Busi-

ness, Pyschology, or Computer Science. Here students have a chance to put their emotions into their work and then turn it into "true" art. Whether it is music, dance, photography, or drawing, this part of the school is in a class by itself. The Lecture series have brought in many informative speakers to keep the Regis community up to date with current happenings in the world around us. Together, the two new programs are offering the Regis community a change; to be exposed to beautiful works of art and to be informed on world events.





Guest Speakers

On October 10, 1988, former presidential candidate, John Anderson, took the stage of the Science Amphitheater to speak. The presidential election was only a few weeks away, and emotions were running high. Anderson concentrated mainly on the campaign and election processes rather than on the candidates of the 1988 election themselves.

Hundreds of people attended this address sponsored by the Student Lecture Series to hear the viewpoints of this politician. He was invited to speak because of his first-hand knowledge of a topic that was of great interest to a large number of students.

John Anderson's was not the only lecture that the Program Activities Council sponsored this year. They

helped bring several other speakers to our campus in cooperation with the Student Activities Council.

Congresswoman Pat Schroeder was another of these guest speakers who gave a lecture to many interested students and faculty members, and a number of honored students and faculty were invited to attend a breakfast in her honor.

Later in the year, another popular guest speaker, sponsored in conjunction with the DIAMONDS Club, visited the Regis Campus. In February, Dumisani Kumalo drew a standing-room only crowd to hear his talk on apartheid. He had been traveling around the country giving talks to try



Top: Adrian Cronauer shares his experiences with Regis Students.

Right: John Anderson describes the political situation to Regis Rosetta and Jaima Mellor.



and raise the awareness of the struggle for freedom in South America.

Yet another popular speaker this year was Adrian Croenaur, whom the hit movie "Good Morning, Vietnam!" was based on. His talk covered everything from his personal experiences of the war, to show-biz, to his feelings of how the Veterans were received after the war.

The main purpose of the Student Lecture Series was to stimulate thought by bringing speakers from diverse fields of interest to the College. This experience gave many students the Vision of Excellence needed to enhance their college years.



Top: Regis students show a strong interest in the Lecture series.



Middle: Deb Waldman and Dr. Schmidt are just a few that had breakfast with Pat Schoeder.



Bottom: Dumisani Kumalo informs students on Apartheid.

Lights, Camera, Action!

What better way to capture memories than to take pictures? A picture is able to catch a moment of life on film forever with great detail. Photography is something that everyone can do and have a lot of fun doing. Regis offers a couple of photography classes that allow students to give it a try, or for those that have already been taking pictures, the chance to further their knowledge of the art.

The classes that are offered show students all the aspects of the camera

and how it works, as well as giving students the opportunity to work with different equipment. Each student in the class is responsible for developing his or her own film, and quickly learns the process of developing along with what chemicals are needed. Many students make use of the enlarger and show their work off in the basement of Main Hall. Photography is a great hobby and can be used to express many feelings.



Above: Students take advantage of the darkroom.

Right: Amy Carmichael asks for some advice about her picture.





Above: Scott King gets ready to blow his picture up.

Come Dance With Us

The Regis College Dance Department offers a challenging program that is highly disciplined, yet flexible. Degree candidates may pursue concentrations in Ballet or Modern Dance. Courses in dance theory, technique, kinesiology, choreography, dance history and pedagogy are required of all students to provide the elements of a total education in dance and to encourage dancers to better understand and achieve their own personal VISIONS OF EXCELLENCE.



Top right: Dancers prepare for Stacy's piece

Right: Dancers perform during Ranger Day.

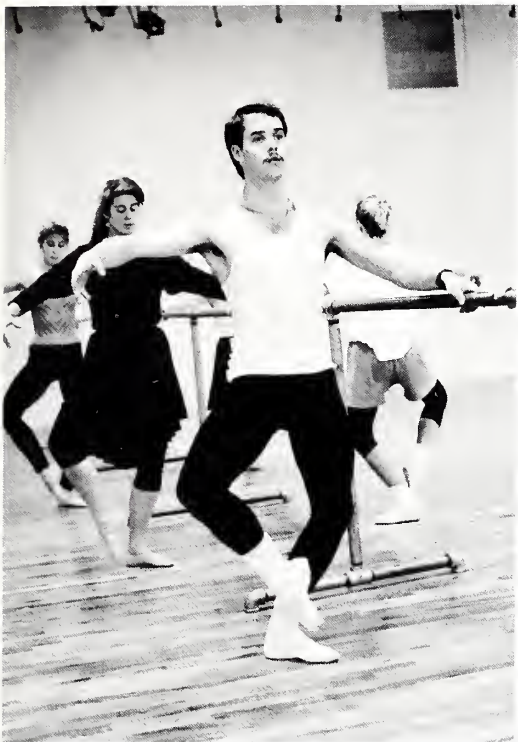
Right: Asleep before rehearsal starts.

Stacey Spence and partner dancing in the Spring Dance Concert.

Opposite page top right: Ballet class taught by Margo Law.

Opposite page left: Ballet students concentrate hard to get their moves precise.



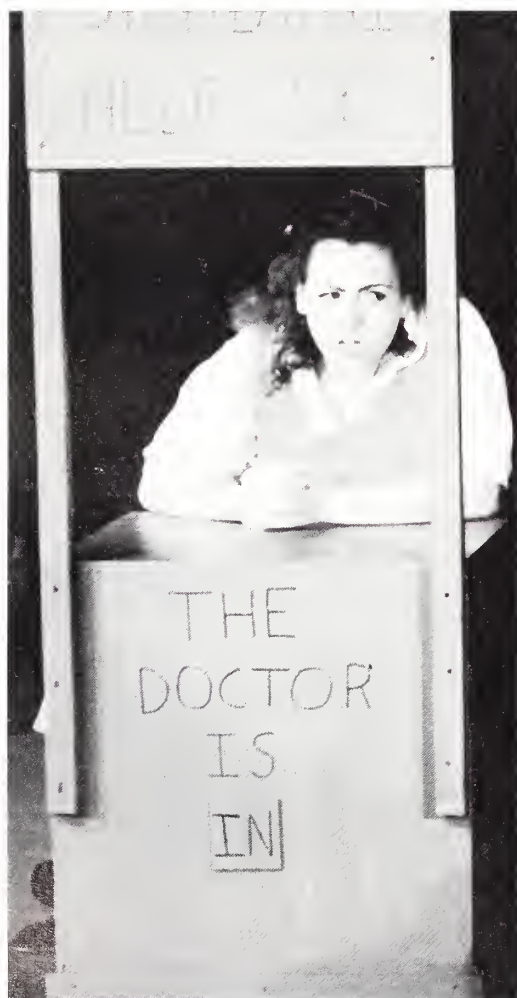


New Dance Addition a Real Hit

The theatre major curricula are designed to provide a thorough understanding of the theatre arts through participation in the analysis of creative theatrical efforts. The theatre arts programs provide professional—level training in performance, production, distich, and theatre in general.

To insure the comprehensive educational experience, students are required to audition for departmental productions, participate in a variety of

technical production assignments and secure permission to participate in off—campus productions. Students may pursue Bachelor of Fine Arts program earned by students who successfully complete the BFA program in acting, design/theatre technology or musical theatre. Concentrations in acting, directing, technical theatre and theatre education are offered for students desiring the BA degree.





Opposite page left: Ron Spence Charlie Brown, Gale Kirwin Frieda, and Heather Litwhiler as patty.

Opposite page far left: Mary Ann Curto Lucy give Charlie Brown advice about his problems.

Opposite page top: Chris Merrell Linus gets his blanket back from Patty.

Top right: Ted Maestas Schroeder is angry with Lucy.

Top: Charlie Brown was singing as Freida looks on.



Lower middle: Gale Kirwin, Heather Litwhiler, Rob Costigan Snoopy, and Greg Huerter Pig Pen rehearse in familiar surroundings, Studio II located at the Loretto Heights campus.

Talent at its Best

Everybody likes to listen to music of some kind. For some people, listening is not enough, there is an inner drive to participate and create, and just make music more a part of their lives. Fortunately, Regis offers a few classes just for this. These Fine Arts classes include piano, guitar, and voice lessons for students of all levels of abilities. For many students, these classes offer a chance to further their playing and

singing experiences that they've built up over the years, while for others it's a chance to give it a try for the first time.

Many students have taken advantage of the excellent teachers in this department. Mary Christ has been with Regis for a number of years and is a favorite with her voice students. MaryAnn DiMartini is teaching piano for the second year and her musical talents have helped improved the abili-

ties of a great number of students. Scott Smith is new to Regis, but his knowledge of music and the guitar is undeniable and truly appreciated by his students. Therese Schroeder-Sheker also has many students under her. She offers a choir class, The Regis Singers, for those who like to sing but prefer a class setting instead of one-on-one singing. Therese has also organized two other unique singing groups: the Schola Cantorum and The Chalice of Repose. She also offers harp and recorder lessons for students who are interested in these instruments.

With the exception of Regis Singers, the students determine a time that they can meet with their instructor once a week when they get their class

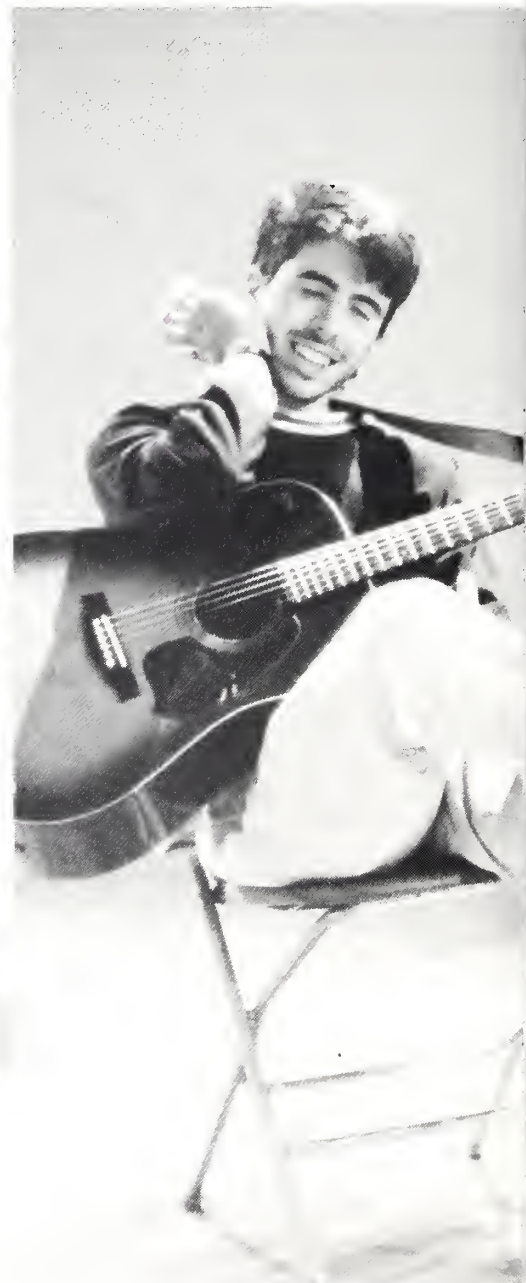


Above: Dan Brooks, and Dave Pininski take the stage.

Right: John DeStefano takes music seriously.



Below: Angela practices for her performance.



schedule at the beginning of the semester.

It is the student's responsibility to set up practice schedules for themselves throughout the week. For those taking voice and guitar, this is not too much of a problem. Piano students have to sign up to use the pianos available downstairs in Main Hall. The pianos and various practice rooms are made available to students until about 11pm, or as long as the switchboard operator is on duty.

As the semester begins to wind down, each student is responsible for preparing some kind of recital. The students work hard to develop their talents, and with a few weeks left in the semester, they must decide on a piece

of music that matches their newly acquired talent. For some, this performance is their first to do in front of an audience, and there is always a little anxiety.

The Regis College Fine Arts program, offers a very wide variety of musical areas to try. Some of the classes that are offered may seem a little different or you may not have even heard of them before, but there aren't too many other places that you will find this kind of diversity. So, next time you have a space in your schedule and you don't know what to do with it, sign up for a music class. You'll be surprised at just how much you can learn, and it's a lot of fun!



Above: Thuy Cao takes the melody.

Left: Toua Yang and John DeStefano take a break from playing.

Sports

Regis College offers a wide variety of intercollegiate sports for both men and women. Our athletic teams include men's and women's basketball, men's soccer, women's volleyball, men's and women's tennis, men's golf, and women's swimming.

These sports offer participants the opportunity to display their athletic talents in a competitive atmosphere. The members of the teams travel all over the country to compete against other colleges. They experience the thrill of competition while forming a lasting relationship

with the other members of their team. For some, the thrill of winning and the agony of defeat are what they thrive on. Under the direction of the new Director of Athletics Tom Dedin, all of the intercollegiate teams are much more organized and are all ready to put forth their best effort, thus promising a great season.

This year, Regis College's sports teams have all had impressive records. With the quality of player's that Regis is able to get, we should be in for many more great seasons. They have truly upheld Regis' VISION OF EXCELLENCE.





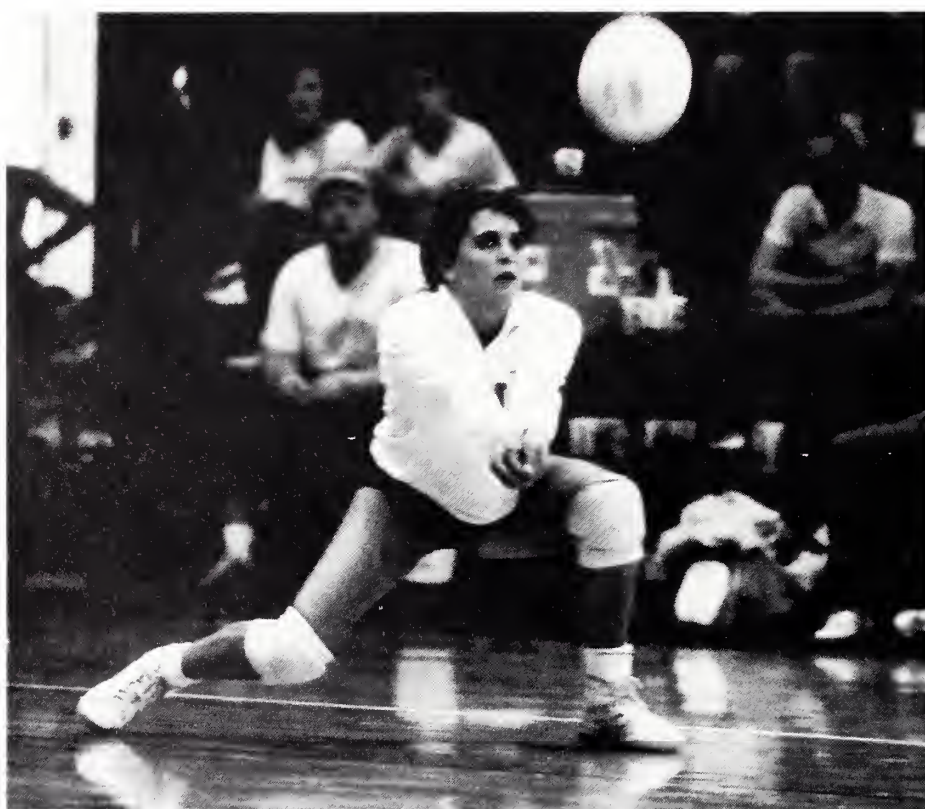
Women Place 4th in Nationals

The women's volleyball team had an incredibly successful 1988 season. Earning respect and honor was just one of the factors that made the '88 season so memorable for head coach Frank Lavrisha, Lou Kraus, Manager Tim Flaherty and most importantly, the players themselves. The road to achieve this respect and success was challenging and exciting, yet very tough. The step by step journey for the women was a long and rough haul. But it was worth every bit of it once they reached their final destination: A fourth place finish in nationals!

Beginning the year by placing first at the "West Texas Invitational Tournament," was a motivating factor that helped them compete extremely well at a high caliber tournament in California. At the tournament, which was held at CSU Dominguez Hills, the women

tied for 3rd place. Their next tournament at Metro State did not turn out like they would have liked. The women played great in pool play, but lost to Metro State in the finals to take 2nd place overall. However, the "Regis Sisters" refused to let up in training and in conference play knowing the competitive "Air Force Academy Premier Tournament," was waiting for them on October 4th, 5th, and 6th. The Rangers did extremely well placing 4th; by losing to Northridge in five games.

The woman remained undefeated and won the conference with a 14-0 record and qualified to host Regionals. "We worked hard to remain undefeated and win the conference," stated senior Candee Broadhurst who named All-Conference of the Continental Divide Conference.





W University of Northern Colorado	W UC Davis
W Texas Lutheran College	W University of Denver
W West Texas State University	W Eastern Montana College
W University of Northern Colorado	W Texas Women's University
W West Texas State University	W UC Davis
W Colorado College	L Metro State College
W Colorado School of Mines	W U.S. Air Force Academy
W Cal Poly Pomona	W University of Denver
L CSU Northridge	W Univ. of Alaska-Anchorage
W UC Davis	W Univ. of Northern Colorado
W California Baptist College	W Ferris State College
W West Texas State Univ.	W Chapman College
L CSU Sacramento	W Grand Valley State College
W West Texas State Univ.	W CSU Bakersfield
W Univ. of Alaska-Fairbanks	L CSU Sacramento
W Metro State College	L CSU Northridge
W Univ. of Northern Colorado	W U.S. Air Force Academy
W University of Denver	W Metro State College
W Univ. of Alaska-Anchorage	W Eastern Montana College
W Western State College	W Eastern Montana College
W Univ. of Alaska-Fairbanks	W West Texas State Univ.



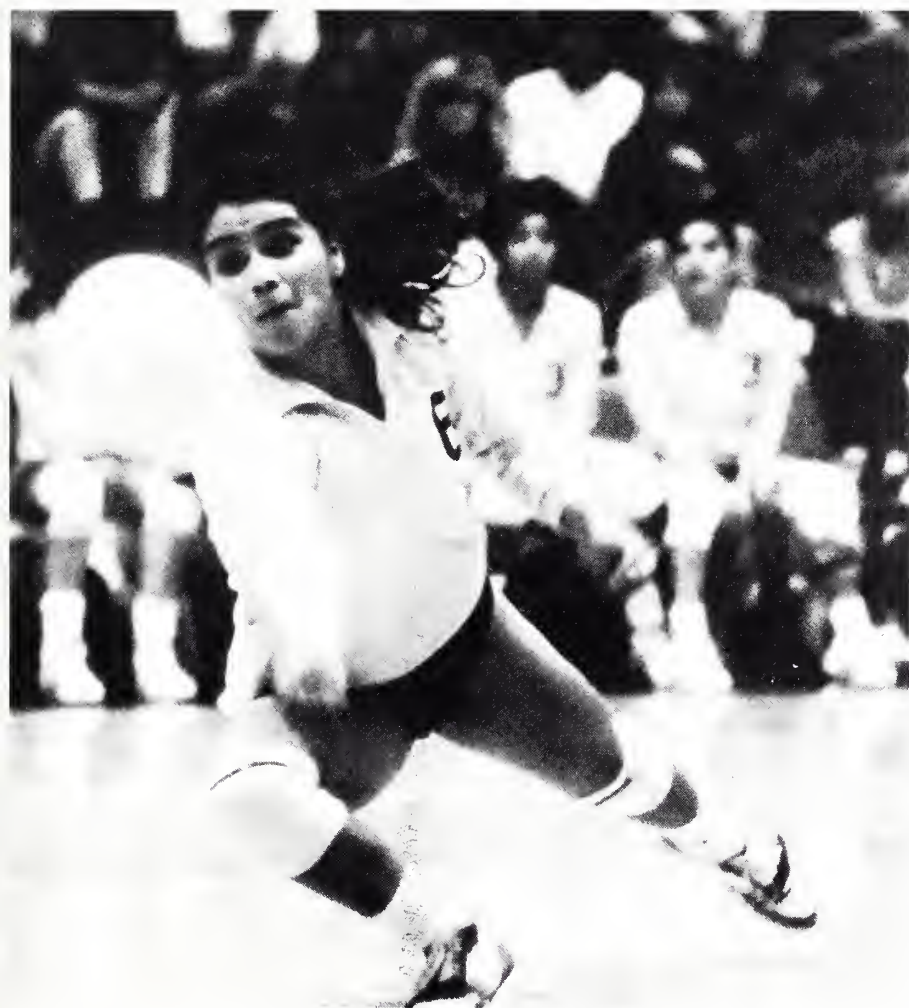
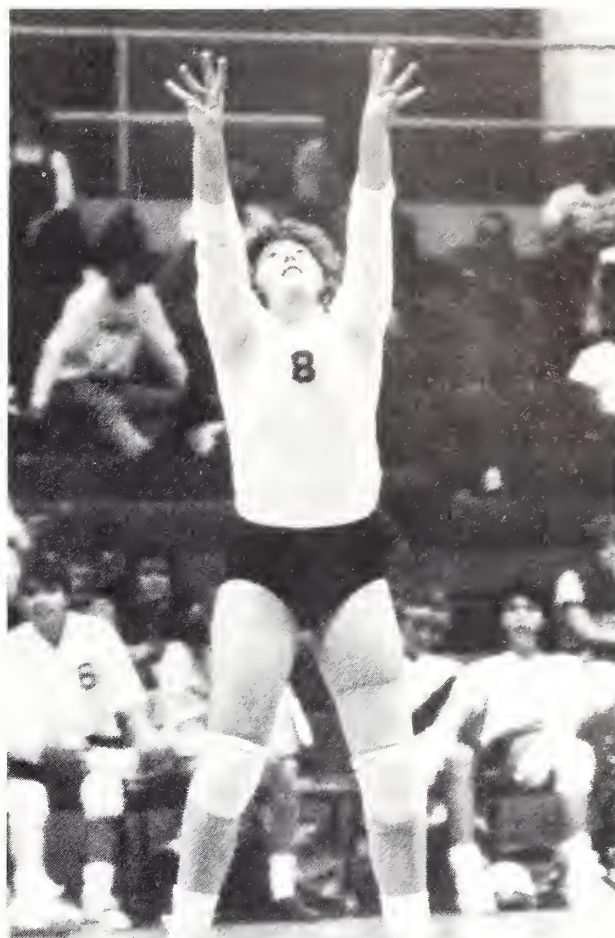


The Sport of Champions

With the great leadership of Broadhurst, fans, and the combined unity of the women the Rangers smashed West Texas State in three quick games. Winning Regionals was the last step before the women's final destination: North Dakota, the host of NCAA National Tournament.

Regis faced Cal State Riverside first and sent them back to the beaches where they belonged in three exciting games. Then they went on to struggle against Portland State, losing in three games. Next, the women came back strong to play North Dakota State, but lost in five close games to earn a fourth place finish. "It was a great tournament. I'm proud of our team and our accomplishments," said Lavrisha. Lavrisha was rewarded for his extensive coaching efforts by the 38—7 record, fourth place national finish and his honor of being named "Coach of the Year," by "Volleyball Monthly" for division II.

The team will miss Candee Broadhurst, Dyanna DeCola, Nicole Paolucci, Laura Eldridge, and Vicky Malhern next year. But are still expected to be a power—house in the conference. The team grew throughout the year with all the good and bad times, but most importantly created the "link in the chain that was not broken."



Optimism Arrives With New Coach

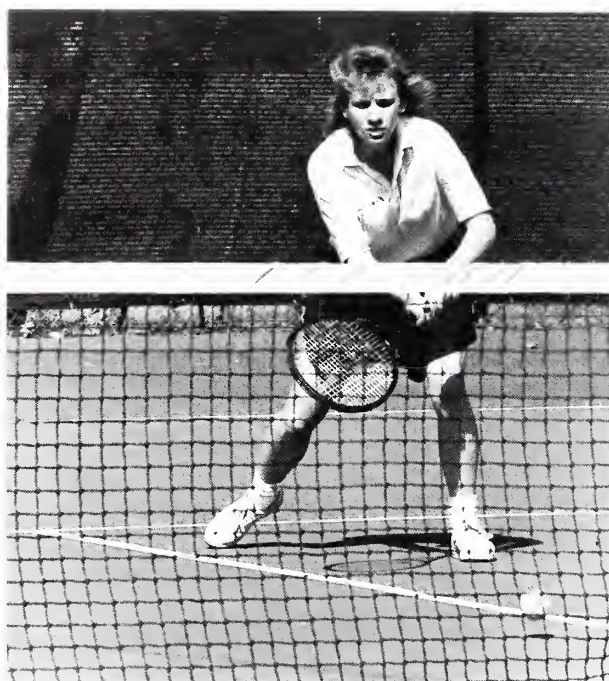
The Regis College Women's Tennis team might be the most improved team at Regis College. The Rangers finished the 1989 season with a 12—4 record under the first year coach Rosemary Newland. Newland was named as the head coach of both the men's and women's tennis teams by the Director of Athletics, Tom Dedin. This year was certainly a very big improvement over the 1—11 season the Rangers experienced in 1988. This year the Rangers put in a lot of extra hard work and concentration and it really paid off in the end.

The women's team ended their season at the Continental Divide Conference Championships at the Air Force Academy. The

Rangers finished in fourth place behind Northern Colorado, Air Force, and the University of Denver. All three of those teams are ranked in the NCAA Division II top fifteen. The scores were very close and the Rangers finished just nine points behind the University of Denver. The team was a little disappointed that their season ended there, but was quite content with the fantastic record that they achieved.

As the Rangers season came to an end both the team and the coach were eagerly looking forward to their 1990 season. Most of the squad will be returning, and with the edition of some new players, their strength should be equal if not better than this year's team.

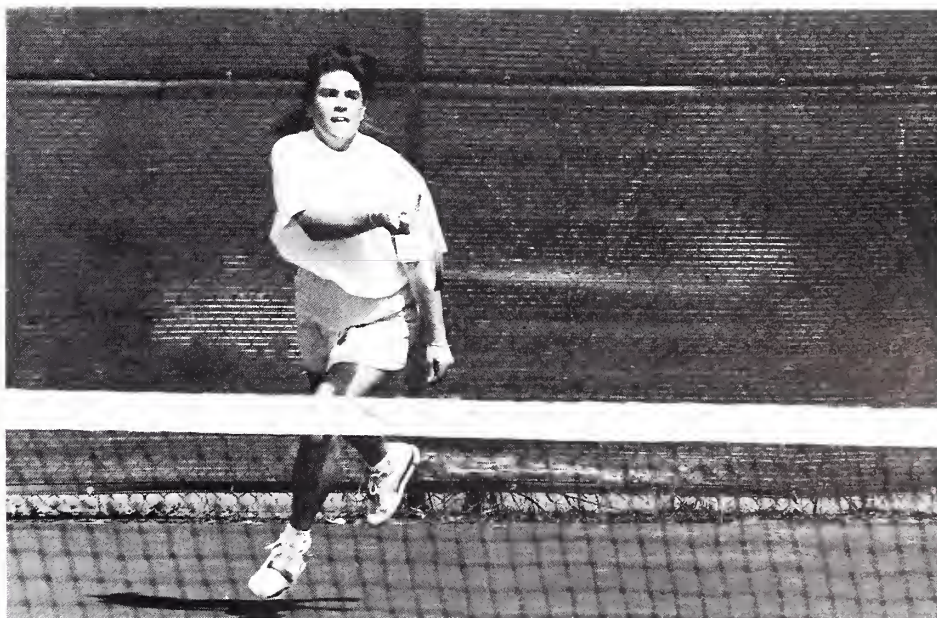
Right: Maribeth Winston drives for the return.

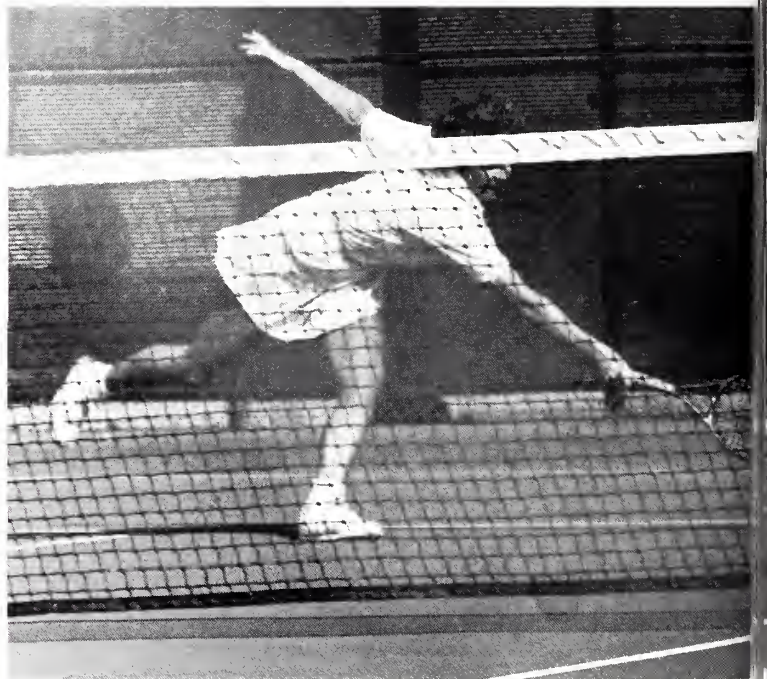
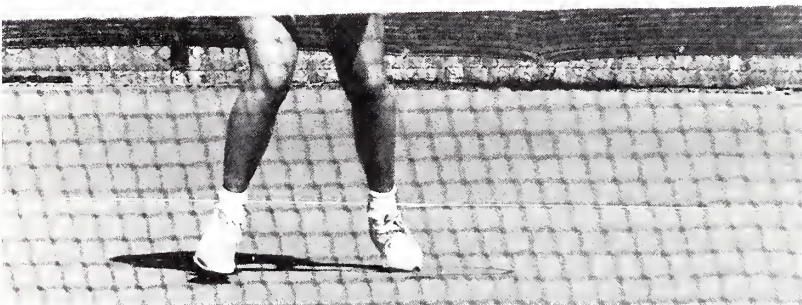
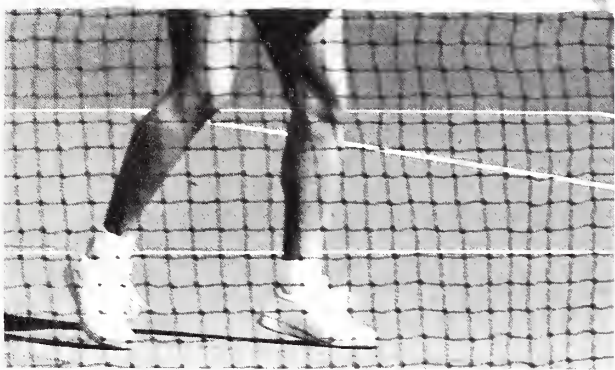


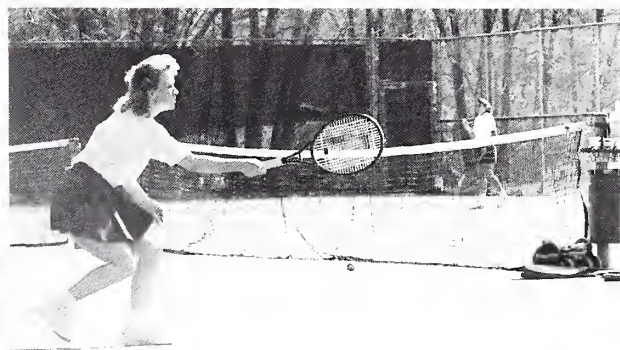
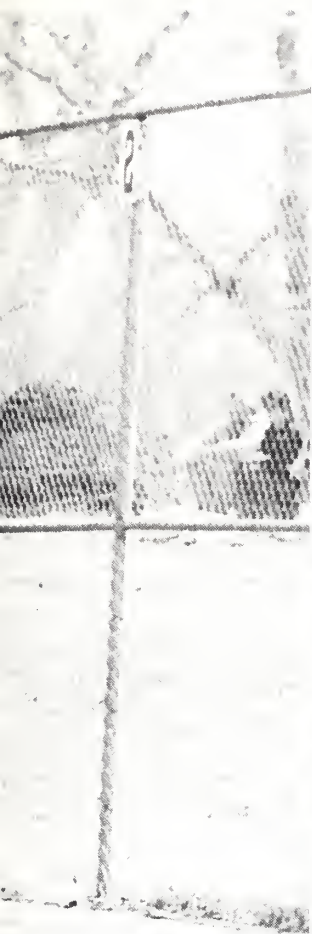


Left: Lisa Schaefer reaches for the ball.

Below: Christina Belloud hits the ball over the net.







Opposite page top left: Diana Tudor hits a powerful serve.

Opposite page middle left: Maribeth Winston takes time to gain her concentration.

Opposite page bottom left: Lisa Schaefer returns the ball.

Opposite page middle: Jennifer Ramsey extends her serve.

Opposite page bottom: Lisa Schaefer saves the ball.

Middle Left: Heather Beran starts the game.

Left: Maribeth Winston goes to the net.

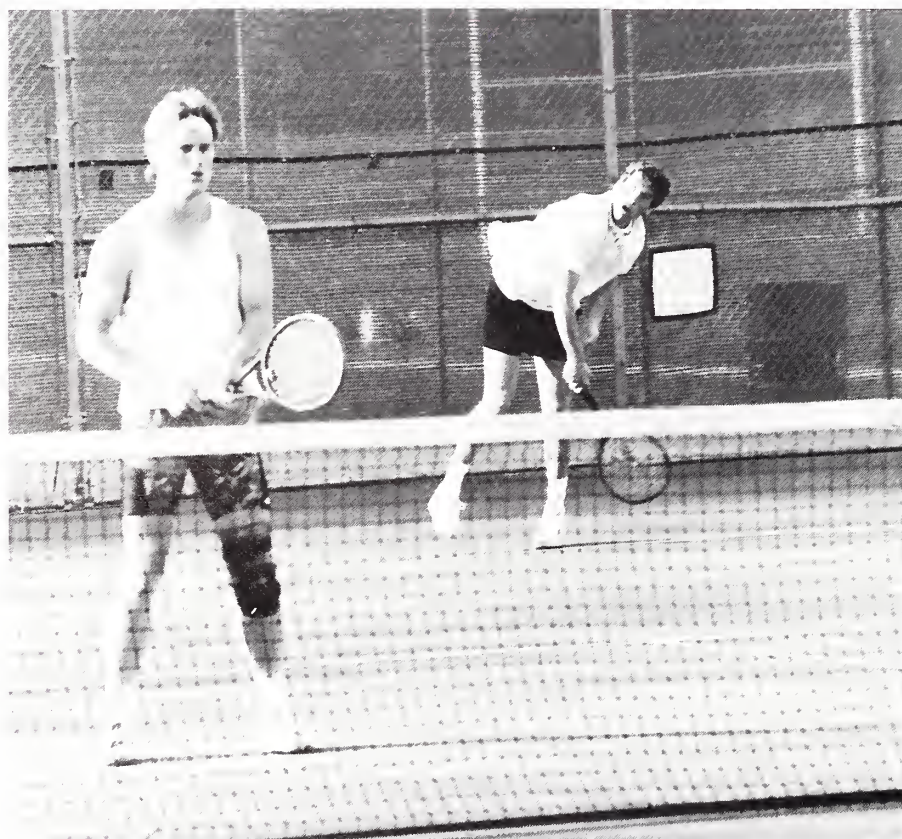
Top right: Rosemary Newland modeling the Tennis Teams' secret weapon, specially designed sunglasses.

Lisa Schaefer and Coach Newland test driving the secret weapon on unsuspecting motorists.

Close Matches Not Enough

After finishing the regular season with a disappointing 1—11 record the Rangers finished fourth in the district tournament. Even though the team experienced a losing season, many of the players spirits are still high, and all are looking forward to making next year a winning season. "We are a young and inexperienced team with a lot of pride & fight," commented John Moulton, the newest member of the team. Brown & Gold issue No.14 Vol. 70, P.10— Nick Jackson, staff reporter. With the entire squad returning and the addition of some strong recruits, coach Newland is looking for the same type of turn around the women's team enjoyed this year. Coach New-

land explains, "We didn't have much depth this year" but says that the team used the year to build upon. Newlan looks forward to next year with hopes of attending the NAIA district tournament.



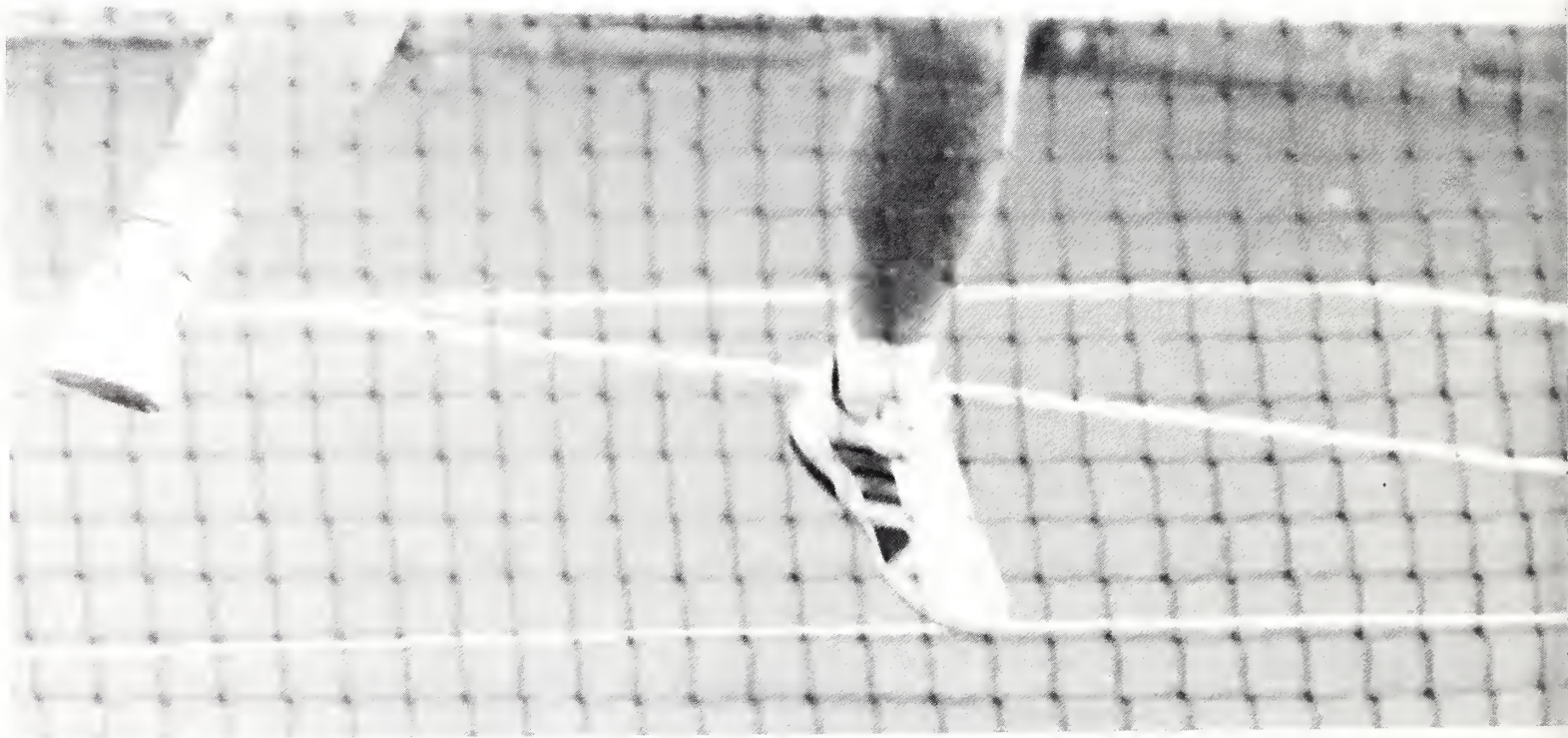


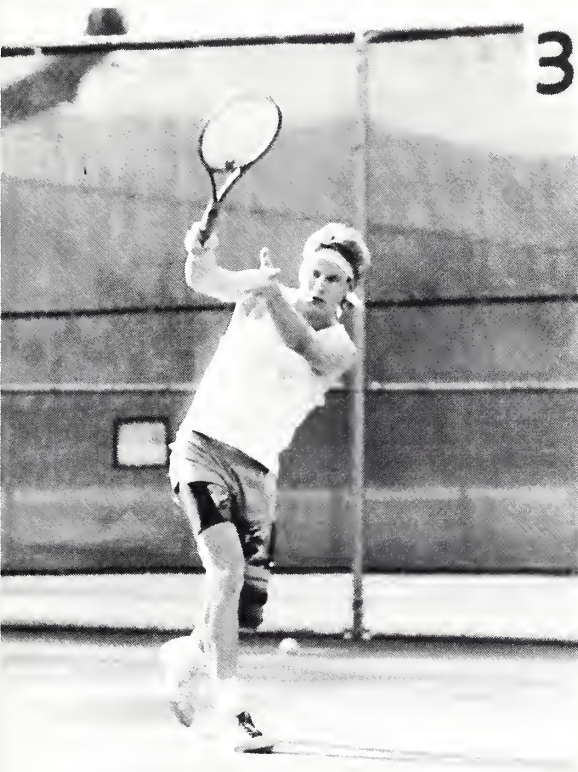
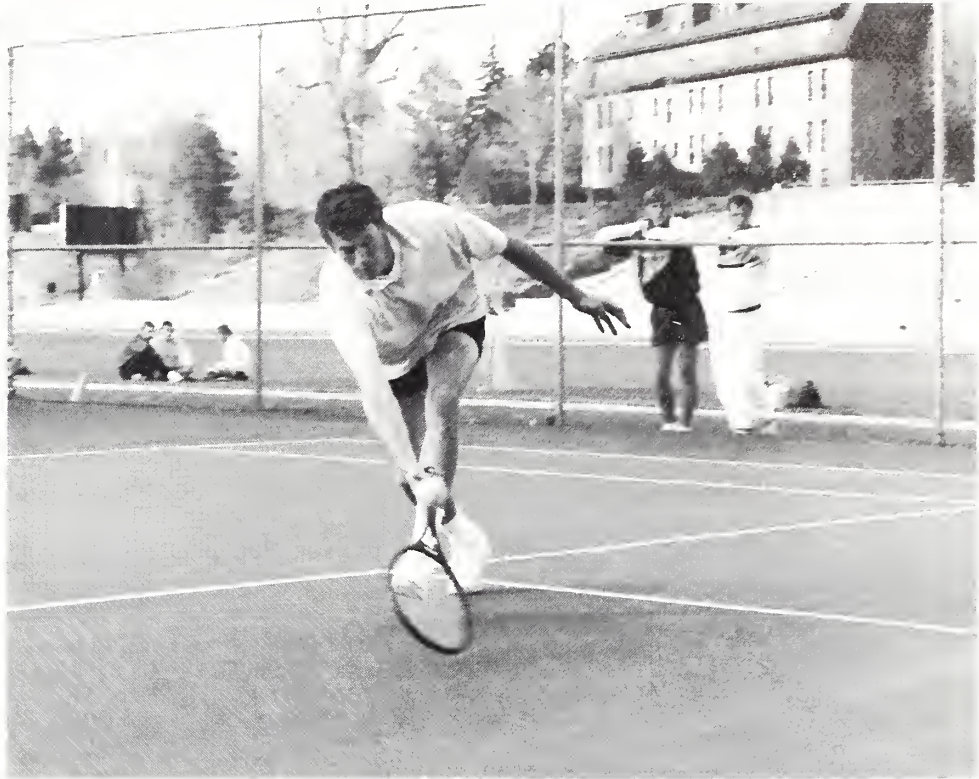
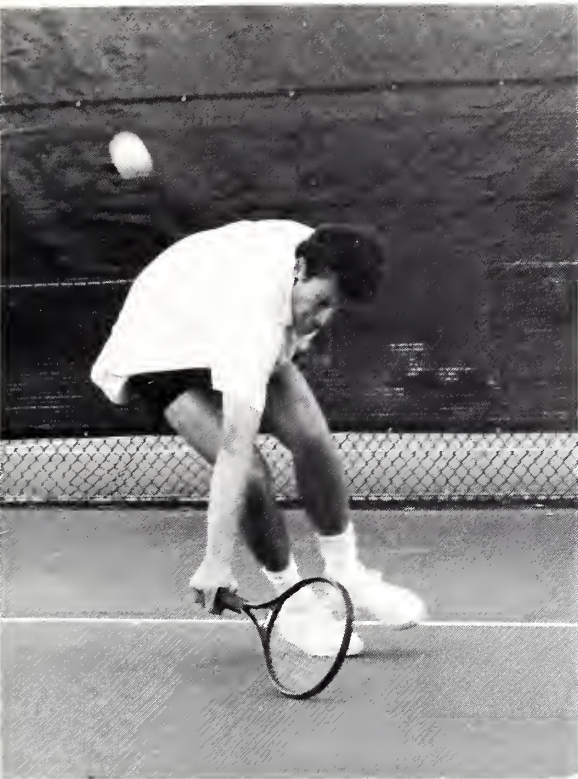
Opposite page: John Moulton returns a serve.

Opposite page top: Doubles, Keith Jones and Scott Krueger take time to bond.

Opposite page far left: Keith Jones serves as Scott Krueger guards the net.

Left: Chris McNeil prepares to volley.





Opposite Page: Ben Kirchoff prepares for a back handed shot.

Top left: Keith Jones dives for the ball.

Middle left: Scott Krueger finishes a back hand shot.

Left: John Moulton, Ben Kirchoff, and Chris McNeil prepare for a match.

Above: Ben Kirchoff saves the ball.

Keith Jones in "No Man's Land" saves a short return.

The Going Gets Tough

Injuries, sickness, and frustration seemed to be continually surrounding the '88-'89 men's basketball team. Head Coach Lonny Porter summed up the situation by describing the team as constantly "injury plagued". At times the men were only left with seven players for competition, but fought strong. "We gave a gallant effort, but we just weren't deep enough to play close games," Porter added.

Losing close, one-point games against teams such as the School of Mines 67-68, and Colorado Baptist 69-70, were very frustrating for the men. Other close games such as losing to New Mexico Highlands twice 77-82 and 68-70 seemed never ending. "It was a disappointing season, we couldn't consistently play up to our potential", stated sophomore Wes Horton.

However, when the men did show their true playing potential; watch out. When matched up against nationally ranked Saint Ambrose they jumped on them quickly and won 85-74. Another tough competitor, Ft. Lewis College, who won the Rocky Mountain Conference title, faced defeat twice from the Rangers. The Rangers won the first time 83-80 and again 65-61.

Through these good times and bad, the men made great individual strides. Sophomore Dan Newton was a prime example of an indi-

vidual who made great accomplishments. Newton had an incredible year with his Michael Adams 3-point style shooting. He ended the season shooting a .405 field goal percentage from the 3-point zone. Along with his outstanding shooting, Newton also excelled off the court academically. Newton received the "Academic All-District" award for the 1988-'89 season.

Newton added greatly to the Rangers offense and John Andrews was the key contributor to the defense. Andrews aggressive force and top speed helped him end the season with 50 offensive rebounds and 85 defensive. "I felt really confident this year", stated Andrews. As a captain, he was a strong force even with all his complicated injuries during the year. Due to Andrews "tenuous defense" and Newton's "potent" offense they were both awarded M.V.P.'s of the '88-'89 season, and All-Conference Honorable Mention of Small College League.

Along with these two players, the team seemed to rely on young skill as also. Fred Heisel was one of these young forces who contributed offensively and defensively. His field goal percentage was .502 and ended the season with 89 defensive rebounds and 48 offensive ones.



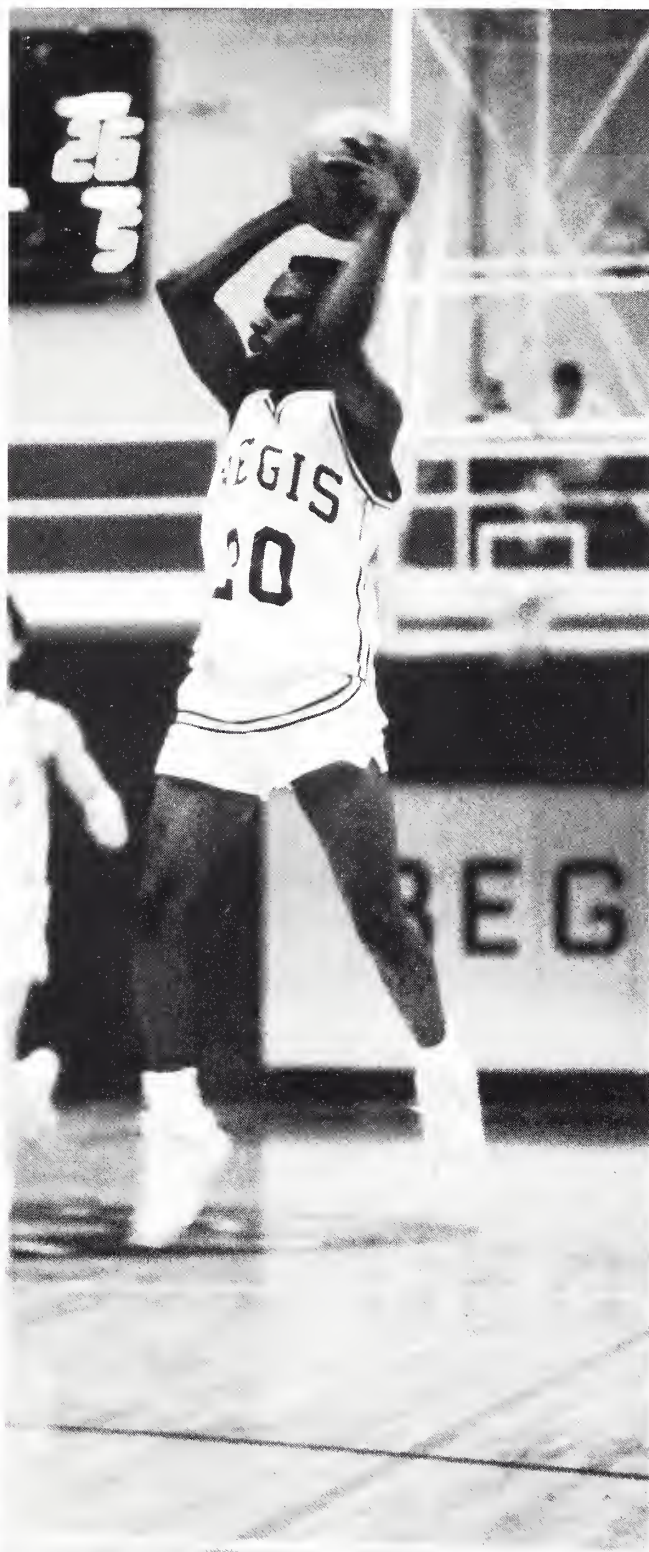
Right: Pete Loure gets help from the assistant coach.

Center: Fred Heisel goes up for the shot.

Opposite page right: Jerome Jenkins goes for a 3 pointer.

Opposite page far left: Wes Horton guards the hoop.

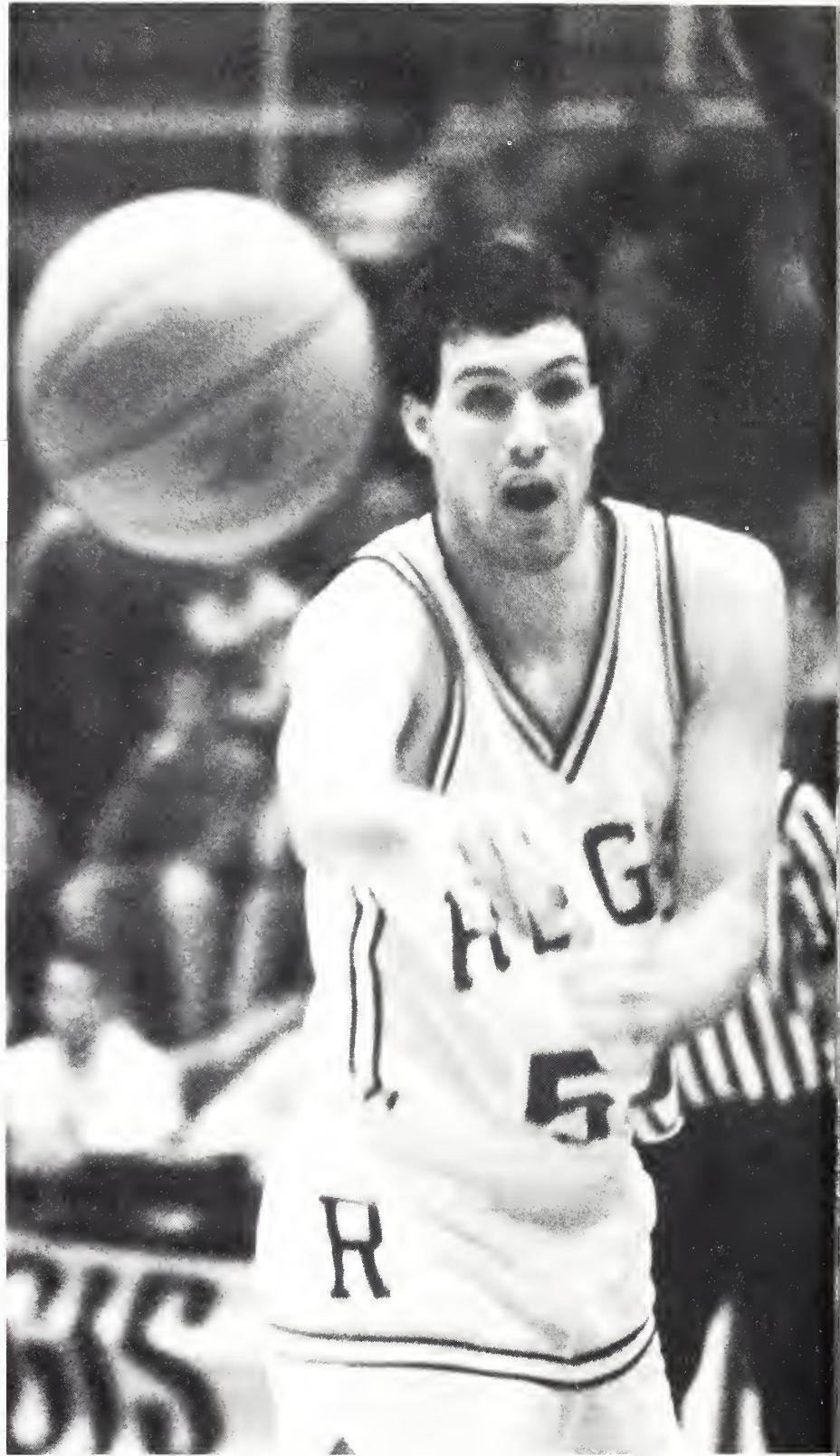
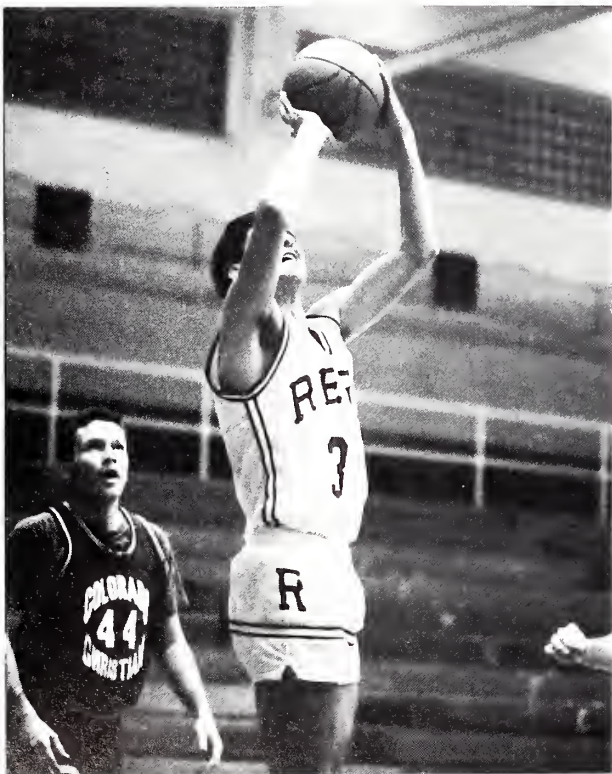




Regis—Opp.

58—74	PanHandle State
70—66	Western New Mexico
83—62	Univ. of Southern Colorado
67—68	Colorado School of Mines
66—76	Adams State College
83—80	Fort Lewis College
61—72	Nath Central College
80—84	Georgia College
63—61	Fort Lewis College
77—82	New Mexico Highlands Univ.
49—104	U.S. Air Force Academy
85—74	Saint Ambrose
64—56	Western New Mexico University
69—70	Colorado Baptist University
73—82	Chadron State College
60—74	Metropolitan State College
68—70	New Mexico Highlands University
70—34	Univ. of Colo. —Colorado Springs
66—84	University of Southern Colorado
67—96	Colorado Baptist University
91—77	Colorado Christian College
47—55	University of Denver
63—60	Colorado College
63—89	Univ. of Colo. —Colorado Springs
91—60	Chadron State College
57—75	Metropolitan State College
77—62	University of Denver





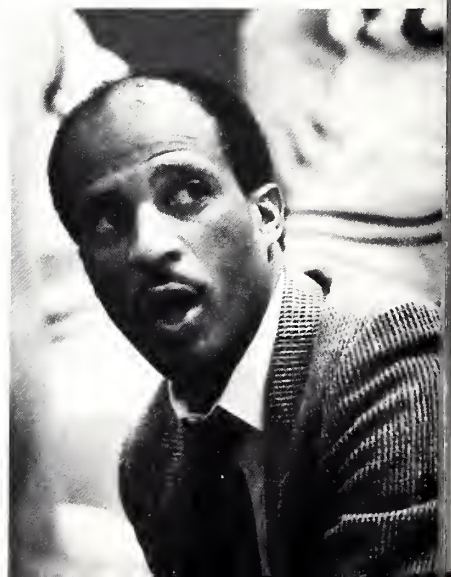
Top: Brian Scherer is heavily guarded.

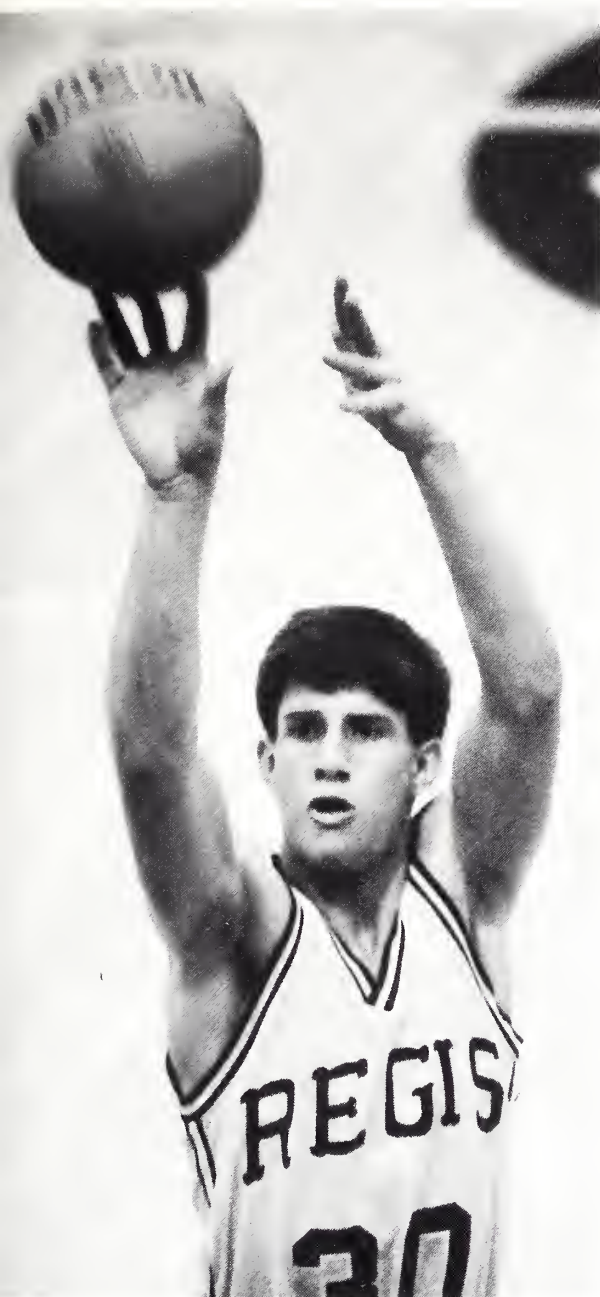
Above: Fred Heisel goes up for a shoot.

Right: Wes Horton passes the ball.

Right: Brian Jones reaches for the hoop.

Far Right: Coach Porter encourages from the bench.

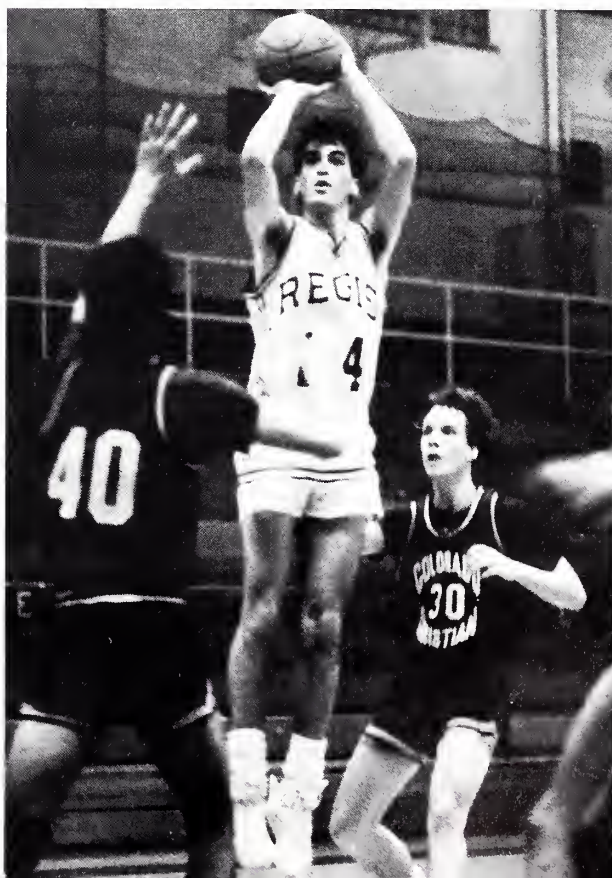




Basketball

Another tough player in the '88 season was Wes Horton. Although he suffered from a hair line fracture in his wrist, his constant persistence got him a very prestigious award: "Mr. Charge." Just what is Mr. Charge? Well, according to Coach Porter "Mr. Charge" is one of the most important awards that is given. It really demonstrates that a player is willing to sacrifice their body aggressively and persistently."

The talent was evidently there with the '88 — '89 team, but there was also a tremendous amount of bad breaks for the men. The team seemed to feel "that they just couldn't pull it all together." As a young team, and with the new additions in the upcoming '89 — '90 season Coach Porter and O'Hanlon have a great deal to look forward to. "We built a solid foundation and are looking forward to the '89 — '90 season," said Porter.



Top left: Fred Heisel on the free throw line.

Far left: Jerome Jenkins brings the ball down the court.

Left: Danny Newton reaches for the sky.

Women Bounce Back

The Regis College women's basketball team experienced a tough season, but the hard work paid off. The season started with a 2—5 record. The Ranger's played, probably their best game of the season in an 84—77 overtime loss to the University of Nebraska—Omaha. Their first win came against Colorado Baptist University with the score of 80—77 and they ended up with an overall record of 3—7 to finish up 1988.

The 1989 season started with the return of two players to the team. Barb Fox who was recovering from knee surgery and Laura El-

dridge a 6'0 forward from the volleyball team, both joined the team in their effort to prepare for the Continental Divide Conference. The team experienced both up and downs during conference play but put out a lot of effort, and hard work.

Val Sewald was named to the All—Continental Divide Conference First—Team and Academic—All Conference Second—Team. Joey Weber was named to the Academic All—Colorado Divide Conference CDC First team. Kim Connelly was named Second team Academic All—CDC.



Top: Barb Fox jumps high to put the ball into the hoop.

Above: Valerie Sewald struggles hard to keep the ball.

Right: Kim Connelly passes the ball to Laurel Allen.





- 47—52 Western State College
- 55—64 Mesa State College
- 77—84 Univ. of Nebraska — Omaha
- 80—71 Colorado Baptist University
- 47—73 South Dakota State University
- 60—89 North Dakota State University
- 75—46 Colorado School of Mines
- 67—61 Western State College
- 47—73 Cal. State Univ. — Los Angeles
- 58—80 Colorado State University
- 61—64 Mesa State College
- 59—78 Univ. of Alaska — Anchorage
- 76—73 Univ. of Alaska — Fairbanks
- 64—68 Univ. of Northern Colo.
- 70—55 Metro State College
- 90—80 U.S. Air Force Academy
- 46—53 University of Denver
- 65—84 Univ. of Alaska — Fairbanks
- 70—90 Univ. of Alaska — Anchorage
- 60—50 Eastern Montana College
- 58—53 Cal. State Univ. — Sacramento
- 61—68 Fort Hays State University
- 83—62 Metro State College
- 62—80 U.S. Air Force Academy
- 67—76 Colorado College
- 78—74 Univ. of Northern Colo.
- 47—54 Eastern Montana College
- 60—69 University of Denver

Top Left: The Women's Basketball Team from left to right and from back to front: Angela Linnebur, LaShaa Ross, Kim Connelly, Joey Weber, Tamara Clair, Majorie Maddox, Julie Enger, Laurel Allen, Barb Fox, Valerie Sewald and Lashaa Ross.

Top Left: Valerie Sewald explains to Head Coach Barbara Schroeder the situation.

Left: Barb Fox breaks for the basket.



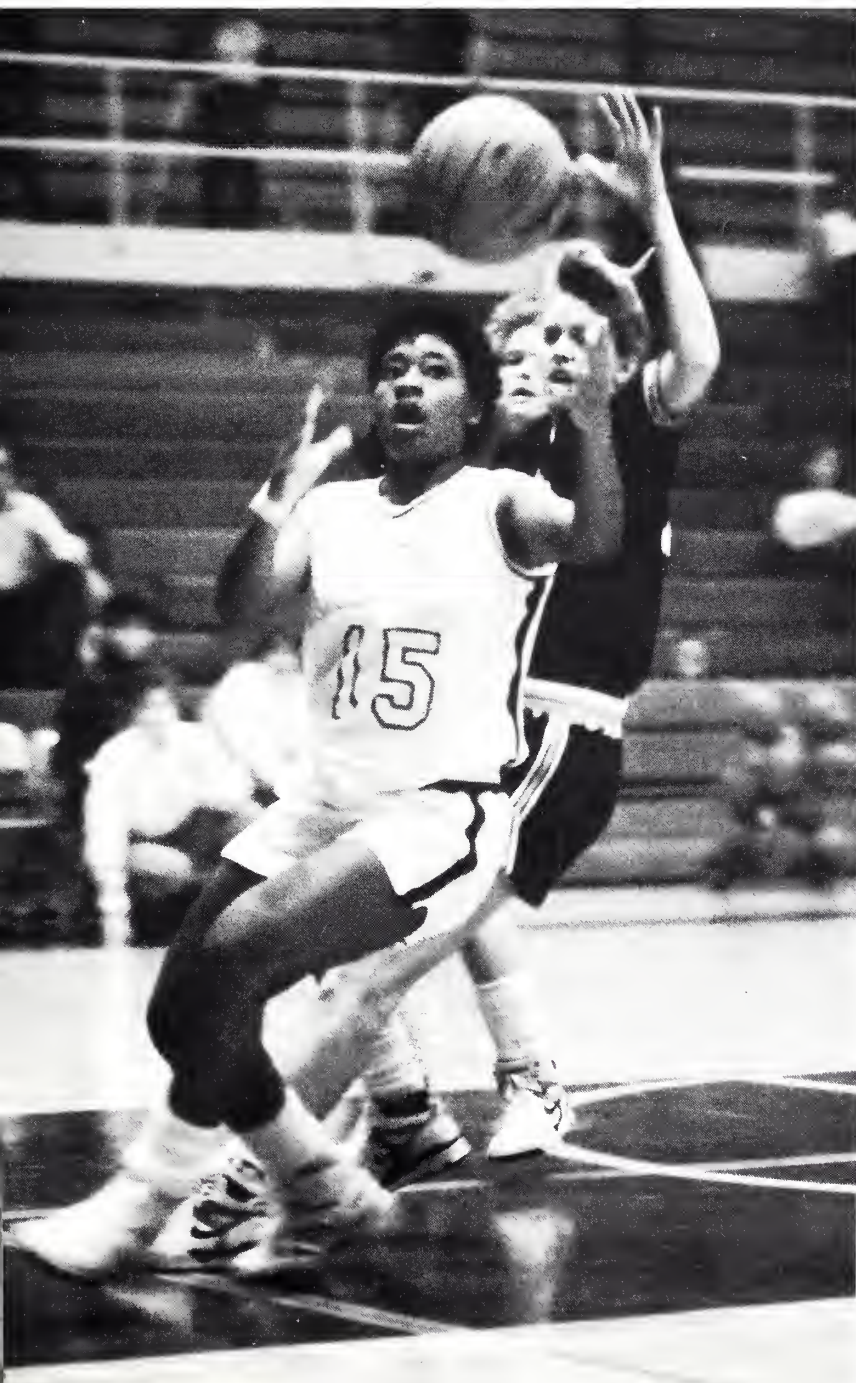
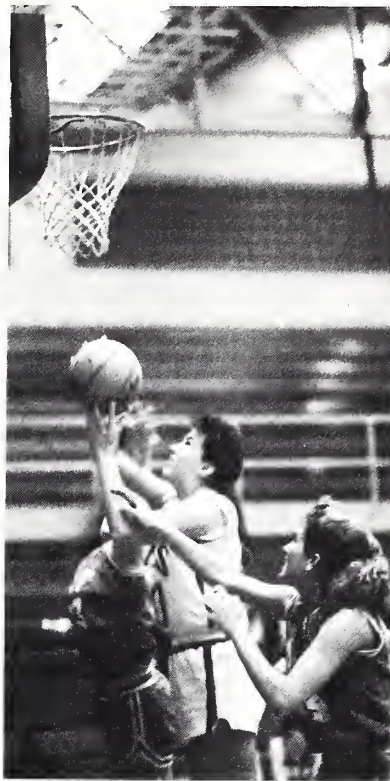
Above: Head Coach Barbara Schroeder gives the players encouragement from the bench.

Top right: Joey Webber passes the ball.

Upper right: Liane Gould dribbles the ball by an opponent.

Right: Valerie Sewald brings the ball down court.





Top left: Kim Connelly searches to gain control over the ball.

Top right: Tamara Clair goes for the basket.

Left: LaShaa Ross receives a pass.

Above: Joey Weber scrapped for the ball and passed to Laurel Allen

Top: Joey Weber forces her way in for the shot.

Let's Play Ball

The men's baseball team ended their season with a 14-34 record. In terms of numbers, the record was disappointing for the men. However, the team's escalating performance and individual achievements made it all worth it.

"We made great improvements and built a solid base," stated Coach Dedin. Coach Dedin and the players felt very satisfied with the season.

They began the season by taking a spring break road trip to sunny California. Here the Rangers showed great excellence and pride in their school by finishing with a 3-2 record. They played powerfully in California against Cal State, Pomona, Occidental and Cal Baptist. An important contributor to the trip was catcher Kevin Boley. He successfully threw out seven men trying to steal second. He was encouraged by his playing, but especially with the team's. "We played great in California, it

really brought our confidence level up," Boley stated.

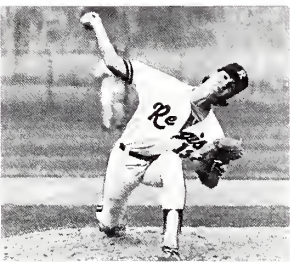
This was shown at the second destination of the Ranger's spring road trip. Moving on to Utah to face two Division I teams didn't cause problems for the Rangers, but instead became fun competition. The Rangers lost two close games to South Utah State and Brigham Young University, but played very intense games.

This concluded the men's spring break playing, coming home with a record of 3-6 overall. The next big tournament for the men was the Metro Invitational. The Metro Invitational was play April 14, 15, and 16th. The had a tough schedule playing two games a day for three straight days. First they played Denver University and lost 13-2. Then the men turned it around in the afternoon game against Fort Hays State beating them 6-5.





W 8-6 Mesa State
 L 2-3 Mesa State
 L 3-7 Denver
 W 12-0 Pomona-Pitzer
 L 4-5 Biola
 W 7-6 Occidental
 W 11-7 Cal Baptist
 L 2-4 So. Calif. Col.
 L 4-5 So. Utah St.
 L 2-5 BYU
 L 0-6 So. Utah St.
 L 4-5 BYU
 W 9-5 Northern Colo.
 L 2-11 Northern Colo.
 L 4-22 Metro State
 L 5-15 Metro State
 L 6-7 Colo. State
 L 8-10 Denver
 L 10-14 Denver
 L 5-15 Colo. Mines
 L 2-7 Ft. Hays St.
 L 3-12 Ft. Hays St.
 L 3-4 Ft. Hays St.
 L 5-9 Ft. Hays St.
 L 3-7 Colo. Mines
 W 9-7 Colo. State
 L 1-9 Colo. State
 L 6-8 Northern Colo.
 W 6-4 Northern Colo.
 L 5-13 Denver
 W 6-3 Air Force
 L 2-13 Denver
 W 6-5 Ft. Hays St.
 L 0-10 Metro State
 W 10-5 Northern Colo.
 L 4-9 Mesa State
 L 2-12 Colo. Mines
 L 2-12 Air Force
 L 6-13 Air Force
 W 16-8 Denver
 L 6-16 Metro State
 W 8-6 Metro State
 W 6-5 Wyoming
 L 7-9 Wyoming
 W 12-9 Colo. Mines
 L 5-6 Metro State
 W 3-2 Metro State



Batter Up! Play Ball!

Saturday morning, the Rangers didn't get off to a good start by losing to Metro 10-0. However, in the afternoon match up against Division I U.N.C., Regis played an incredible game. The combination of Lee Smith's pitching and tough fielding defense helped Regis crush the Bears 9-4. "I felt really good about my playing and especially the team's," said Smith. The hitting of the Rangers was very strong, including one "homer" by Scott Langraf and another home run by Kevin White. Both these men

were important to the Rangers offense throughout the season.

The men finished the year off strong and were very pleased. "We were definitely playing our best ball at the end of the season," stated Mike Newton. Newton, who was a senior pitcher will be extremely missed by the Regis Rangers and their fans, along with Brian Sundine. Next year? Well according to Coach Dedin and the team with the changing of the decade, Regis can expect a new and exciting team.



Swim Team Proves Individual Pride

Dedication and determination were just two of the fine qualities that made this year 1988—89 women's swim team stand out. Once again the team was left without a coach in the beginning of the season and wondering what to do. Randy Mood was initially the swim coach for the women, but due to "some mysterious reason" decided to leave coaching. However, Regis' 1988—89 "superwoman" of the campus came through for the women. This "superwoman," Rosemary Newland the tennis coach, stepped in and gave the team hope.

The team may have struggled with a losing record in terms of points, but not with personal achievements. The combination of Newland's enthusiastic and advanced coaching techniques helped the Rangers meet some unexpected goals. The ending record of 0—12, did not reflect the true success of the team.

"Everyone set goals to improve their times at the beginning of the year. And by the end everyone successfully did," Newland stated. She and the team were happy with the team's performance. Swimmers such as Cherrie Tester, Joy Garczynski, and Heather Heinen made a big difference for the team. They added with their speed, skill, and dedication throughout the season.

Right: A swimmer doing a back stroke.

Top right: A swimmer goes for the dive.

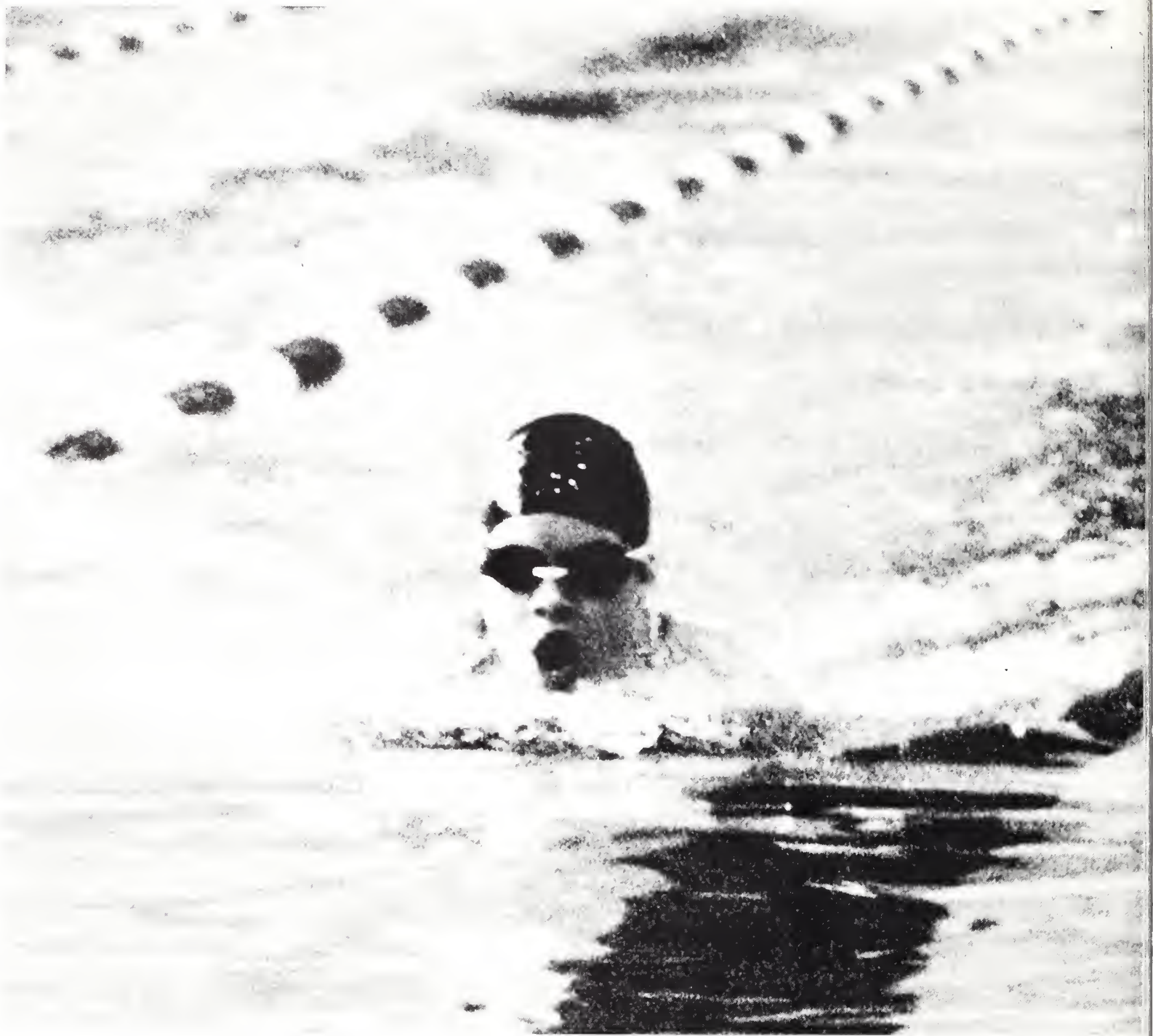
Opposite page: The swim team from left to right: back row Rosemary Newland, Karen Barton, Joy Garczynski, Deb Waldman, Sheri Tester, Bridid Swanson, Diana Tudor, Andy Mixel. front row Ramona Ellyin and Julie Ford.

Opposite page far right: A member of the swim team swims down the lane.



and Excellence





Above: Julie Ford comes down the lane.

Right: Swimmer prepares for another lap.

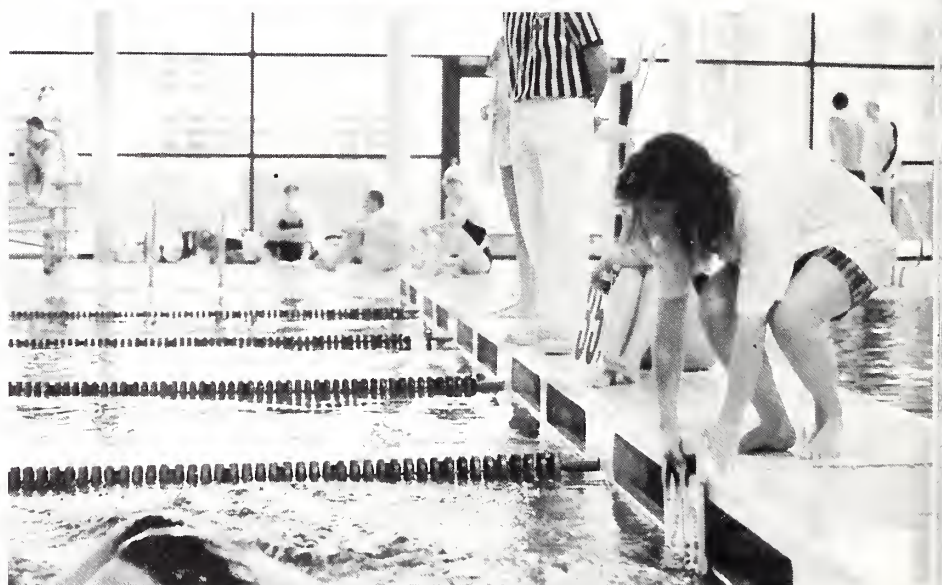
Opposite page at top: Swimmer prepares to enter the water.

Opposite page middle: Brigid Swanson at the end of the race.

Opposite page at bottom left: Swimmer crawls down the lane.

Opposite page bottom middle: Karen Barton takes a breather.

Opposite page far left: Deb Waldman holds the lap cards.



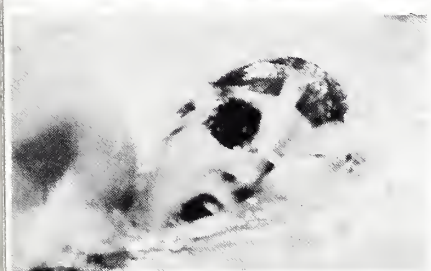


The Final Splash

During the season the swim team faced teams such as Colorado University and Colorado State, which built the swimmers talents even greater.

One important meet which reflected the women's hard work was their first and only home meet against Denver University. Between the great turnout of students, faculty and family, the Rangers had tremendous support. Before the meet they had a special tribute for senior Cherrie Tester, because it was her last home meet of her career. The woman swam tough losing only by eight points, 38—46 which was close considering Regis' absence of divers.

The 1988—89 swim team will be remembered as a dedicated team in the face of difficult times. Unfortunately they will be remembered as the last swim team at Regis College.



Soccer Team Uses Season To Rebuild

The men's soccer team final record of 7—10—2, did not reflect their achievements as a "rebuilding unit" in the '88 season. As a very young team the men struggled throughout their fall season striving to become familiar with each other's playing habits. However with each competition and the persistence of Coach Cello Curi, the men got to know each other's playing abilities better and better.

The weekend of "The Fall Frolic," the men were given a chance to get to know each other, and it wasn't on the dance floor. The men took their first road trip that weekend to Salt Lake City. Bringing home one loss and one win wasn't the success of the trip but the playing experience was. "It was a great way to start off the season. We got some quality playing time, and a chance to get to know each other's playing abilities," stated senior Don Gallegos. Striker and captain Don Gallegos was a powerful force for the Rangers during the road trip, and throughout the season. He excelled in the season as the leading scorer, with a total of 13 goals. "I had a great year, I'm going to really miss it," Gallegos said. Other important players for the team were Seniors Mark Compton 7 goals; 8 assists and Jim String fellow. These seniors will be a missed next year, however since the "nucleus of the team was young players," the Rangers are expected to be tough candidates in their 89's season.

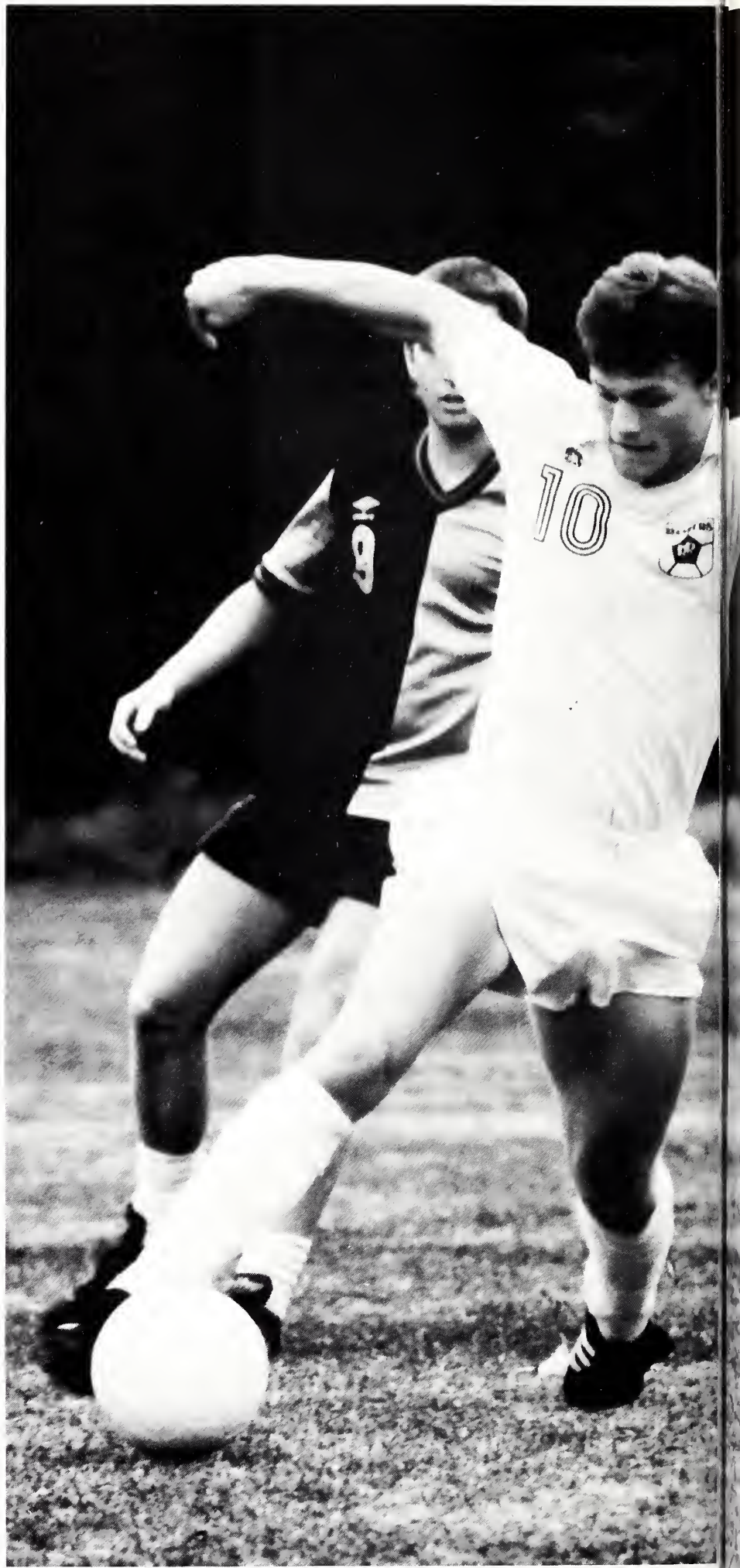
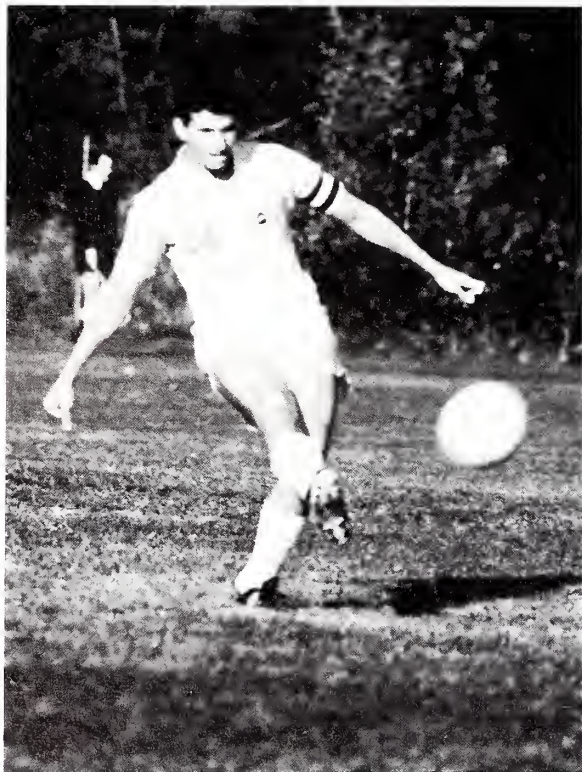




Recls—Opp.

4—0	Colorado Baptist College
1—2	Cal—Poly Pomona
3—1	Univ. of Colo.—Colorado Springs
1—1	Metro State College
0—4	Texas Tech Univ.
1—2	Colorado School of Mines
3—1	University of New Mexico
0—2	The Master's College
1—1	Westminster College
2—4	Metro State College
1—2	Denver University
1—4	University of North Texas
4—0	Univ. of Colo.—Colorado Springs
8—0	College of the Southwest
4—0	Colorado Baptist University
5—2	College of the Southwest
1—2	Grand Canyon College
0—3	Air Force Academy
1—3	Denver University
0—1	Denver University





Regis Fields Young Players.

Young players such as freshman Mike Napoli, Derek Teter, and John DeStefano were all crucial contributors. Although the team had these talented freshmen, they were left without a key player at the beginning of the year. This player Mike Adams, an incredible defensive junior was a missing link due to his strained ankle until the later part of the season. Players agreed that his absence until mid-season was hard on the team.

However, the men worked hard and accomplished some big goals. One important goal and game for the men was their outstanding victory over the University of New Mexico. Crushing Division I team, New Mexico, 3—1 was more than just a win for the men. "It really boost our confidence level, and proved our true playing potential," said Gallegos.



Opposite page top: Dereck Teter, and Don Gallegos prepares for a penalty kick.

Opposite page middle: The Regis teammates collide for a header.

Opposite page bottom: Jim Stringfellow passes the ball.

Left: Mark Compton controls the ball.

Above: Don Gallegos races for the ball.

E_xcellence

Intramural Sports

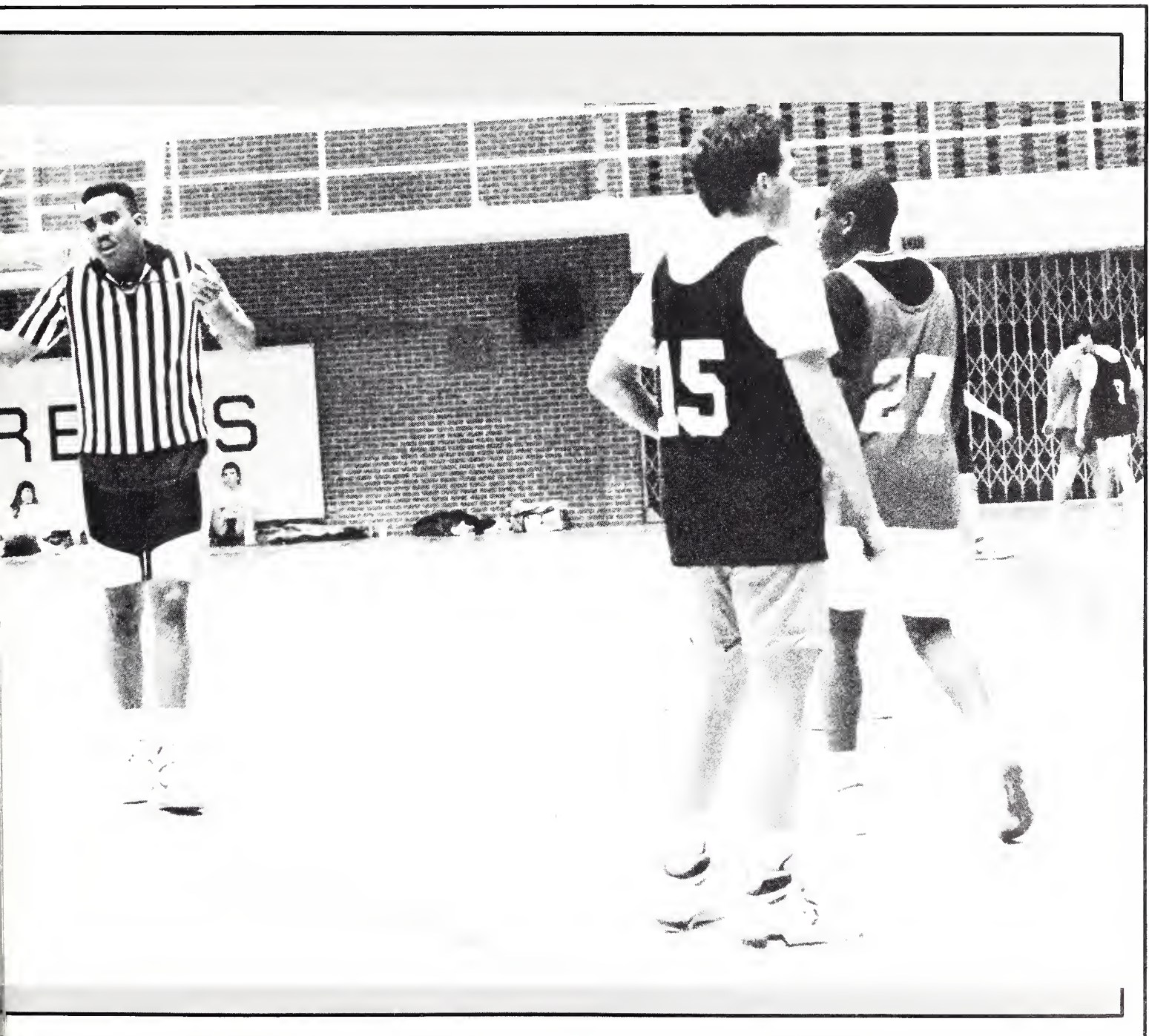
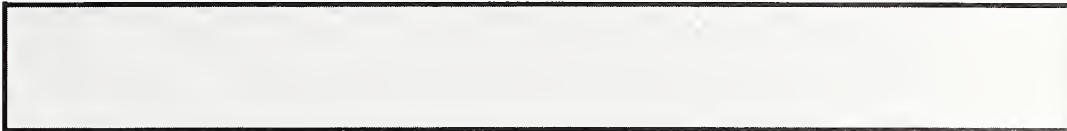
Intramurals often have the reputation of being "goof off sports", and often Regis puts this misconception to rest. The leagues here at Regis are very competitive and not only serve for good times, but they also offer many talented athletes the chance to show off their hidden talents.

The premier sport is the rough and challenging men and women's football, and while this is going on, so is co-ed softball. Next, the men

are given a chance to shoot their stuff in basketball. Another league which exists during this time is co-ed volleyball. These three sports tend to be very popular among the students. The spring begins with exciting floor hockey for men and women. And last but not least, the sport that brings out the sun and fun: softball.

Students and faculty are allowed to participate in any of the intramural sports. They are a popular way to get to know your peers and release stress.



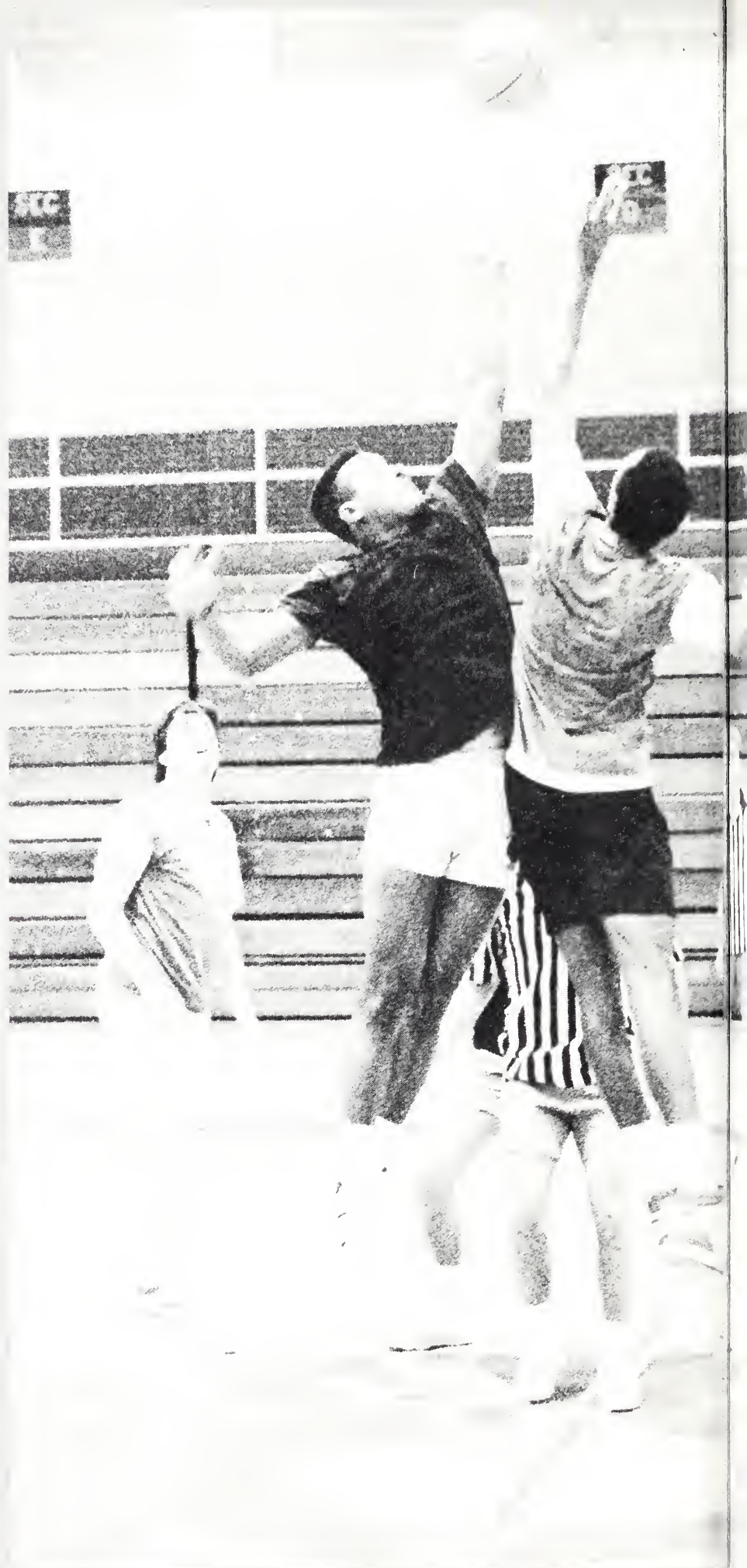




Top: Anticipation is as at hand as the teams wait for the rebound.

Above: Careful placement of the shot gives the red team another two points.

Right: Aaron Alston and Clint Wilson go up for the jump.



Rum Runners Steal the Show

This year's men's intramural basketball league was described by students as "extremely competitive, and great fun." The men took the league very serious, and demonstrated incredible skills while competing.

Ten teams built up the league and made it very challenging. Once again the creativity of the males athletes minds were represented by the team names. The competing teams were the Rum Runners, Rapid Transit II, Kant B. Touched, Jerry's Kids, Its Just A Cold Sore, Beast Masters, SPARN, Wet Spots, Los Puercos Del Fuegos, and the Steam Rollers. Who thinks of these names? No one will ever know. The season was very well organized, with the help of commissioners Alex Argamasilla and Kelly McEwen. The Rum Runners

and Kant B. Touched were two of the tough teams defensively and offensively. However, the true talent of the Rapid Transit's came through with only losing one game in league play. The Rapid Transits and the Rum Runners ended up tying for the intramural pool play titles. This got both teams into the championship game. Spectators seemed to agree that it was an exciting game to watch, although the Rum Runners won by a big spread of 75-62. "With the Rum Runners having players like Aaron Alston, it made it almost impossible to win", stated Andrew Scott who played for the losing team. The Rapid Transits have lost three consecutive times in the championship.



Above Left: Brian Sundine and Alex Argamasilla get ready to grab the rebound.

Above: Shellie Dyman and David Card are the official time and stats keeper's

Left: Crios Munnings grabs the ball and is ready to leave Phil Biel and Dan Barcia behind.

Fun In The Sun





Opposite page top: A softball team takes out for instructions.

Opposite page far left: Amy Flaherty misses the ball.

Opposite page left: The catcher and umpire observe the game closely.

Left: The pitcher pitches the ball.

Top: Rich takes a break from the game.

Left: Stephen Olk goes for the pitch.



Top: David Card perplexes about the stats.

Above: Marietta Echer runs to third base.

Upper right: Lisa Gentile ready to hit.

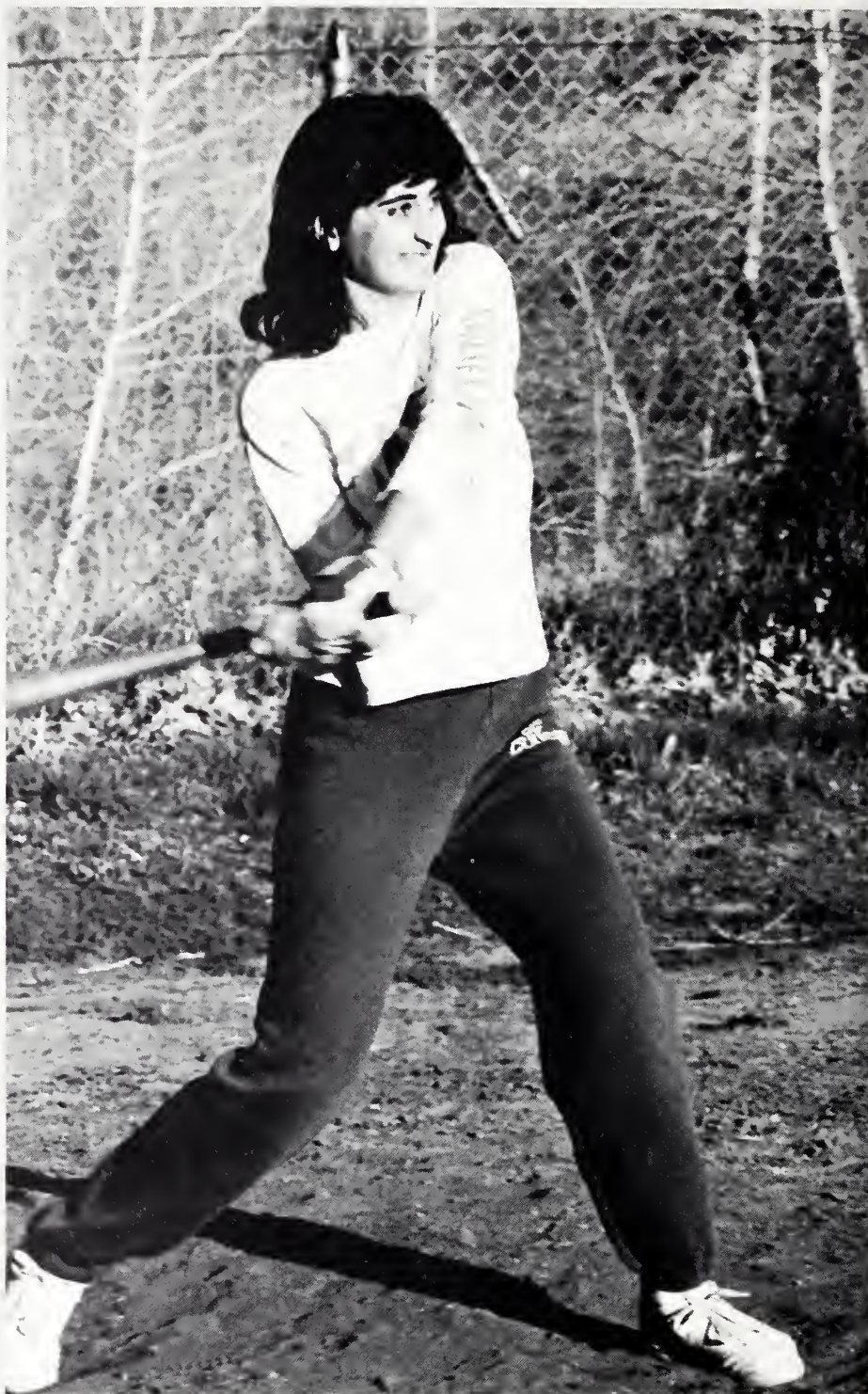
Right: A teammate brings the ball in.

Lynn Cashman hits the ball.

Far right: Edmund Marshalleck pitches the ball.

Opposite page: Rosendo Urbina prepares to swing.

Pos H



A Big Hit

Just as the weather is starting to get a little warmer, and the snow is melted from the ground, everyone gets that urge to get outside and have some fun. What better way to have a great time with all your friends than to create some teams and play some softball! Every spring, the intramural committee hands out the team packets and tries to get as many teams as possible to sign up. There are two different leagues for students to choose from, either all men, or a co—ed league. Anyone interested in starting a team simply picks up a softball packet, and then proceed to go out and round up a group of their friends that would like to play.

Softball is the one sport in which a majority of the students that are playing, just want to

be outside and have a good time with their friends, unlike football or basketball where there is tough competition. Throughout the season, the teams average between one and three games a week and these are played in the late afternoon during the weekdays, or in the early afternoon on the weekends. As the season finally comes to an end, the teams advance into the play—offs, and for those two top teams there is the championship game which decides the winner. After the excitement has died down, the championship winner receives their T—shirts which officially declares them the intramural softball champions. As the excitement dies down and all the equipment is locked up, everyone starts to look forward to next years softball season.

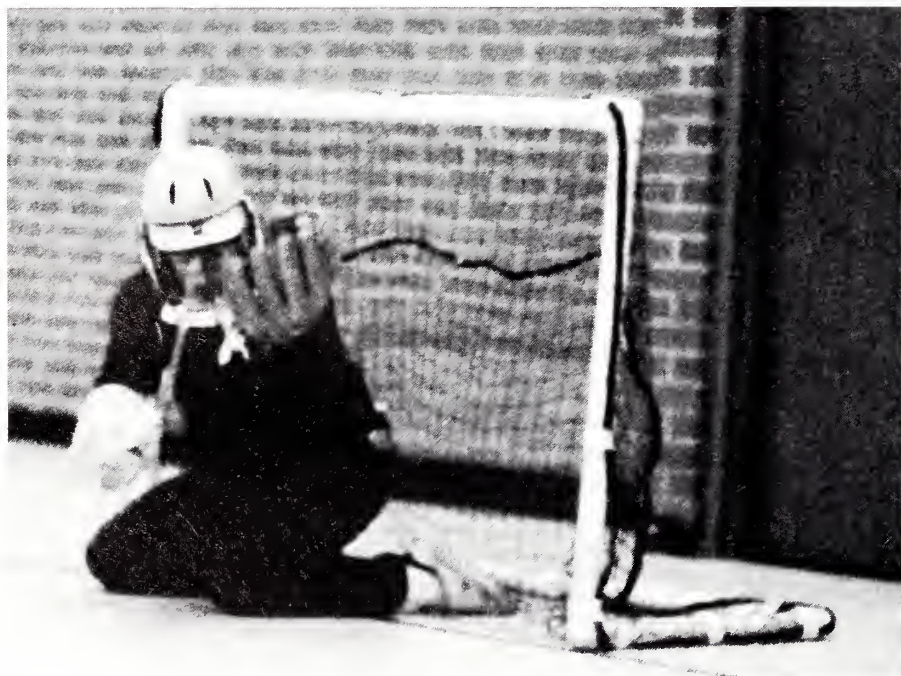


The Puck Stops Here

There are many intramural sports that Regis offers throughout the course of the year, and floor hockey is the last one available in the spring. Teams are all co-ed and are picked by the team captain before the season starts unlike the draft that both the football and basketball teams have.

Floor Hockey is a lot of fun but it can also be a little rough going. This is truly a contact sport that will give you a few bruises to remember the season by. As the teams gather into their respectable positions on the court, you can feel the tension in the air as the puck is dropped and the game begins. No pads are

required so it's up to the student as to what he/she will wear. Most students just wear an old pair of sweats which is just enough to take the sting out of those times that the puck finds you. The players are no the only thing that takes a lot of abuse. By the end of the season, most of the sticks can be seen taped up with duck tape or for those that just can't quite pull themselves together, their remains find a home in the corner. All the games are played in the fieldhouse five and has one referee that has been appointed by the intramural committee.





Opposite page far right: A goal well saved.

Opposite page: A dive for the puck.

Above: Lauren Lawton, Steve Olk, and Kristen Dorsey having a good time playing floor hockey.

Far Left: Scott King enjoys a good game.

Lisa Bradbury takes the puck down for a goal.



Above: The rush is blocked.

Right: Lisa Gentile goes for the touchdown.

Middle: Lauren Lawton and friend celebrate the victory.

Bottom Right: J.J. considers her options.

Opposite Left: Lisa escapes the tackle.

Opposite Right: Annie Gallegos is blocked in a demonstration of teamwork.





The Tough Get Tougher

Often when men think of women playing "their" sport, they take it lightly and laugh. Well, watch out all you laughing males because the women's intramural football teams of '88 were no joke.

The teams this year were extremely competitive and took every game seriously. Neither rain nor snow could stop these girls from giving their best effort for their team. Although the game was first on their minds, they were still able to combine fun, laughter, and friendship.

This year's women's football teams included the Hellstreeters, the Bruisers, and the OC/DC's. The dominant team that took over the season however, was very appropriately named for their playing ability: "Out of Control". Out of Control's key player and coordinator was Carla Bollinger. She, along with Kelli McInerney, took their team to the championship, and won it with no problems.

The women stress that they enjoy getting together and playing for the intramural league, and hope that Regis continues to support the female intramural sports.



Boys Will Be Boys

Soon after the fall semester has begun and the leaves are beginning to change, something in the air triggers the sportsman in the men and the women of Regis. Just as all of the professional teams are starting their seasons, the men and women dress up and give football a try. Men's intramural football, for example, offers students a very popular way to relieve stress and to just have a great time playing with friends.

Starting a team is really easy and gives students the chance to participate in a mini-football draft. During this time, a list of eager to play students with their name, weight, height, and year are handed out. From this list, the team captains must pick their teams. After the teams have been selected, the rules that are established by the intramural commissioners are passed out and explained. After all questions are cleared up, the teams schedule practice times and begin to create strategies and set up plays that they hope will bring their team into first place.

As the season first starts, you can easily see that even though this sport is just for fun, some teams take football a little more seriously than others. Some of the teams who are a bit more serious tend to have the same team name year after year - GITHUTA and The Machines, for example. Even with these more competitive teams, there are still plenty of others that are just out there to have fun. As the season winds down, the teams that have made it to first and second place have the chance to play each other to see who is number one. In past years, the two last place teams were able to play each other in what was affectionately called the Toilet Bowl. A little added incentive for the teams is that for the winning teams, they are able to play under the lights on a real football field. The final season play on Tuesday night, Oct. 25, saw the two top men's football teams battle for a tough win. This year, GITHUTA was ultimately the victor as they handed The Machine a 6-0 loss.

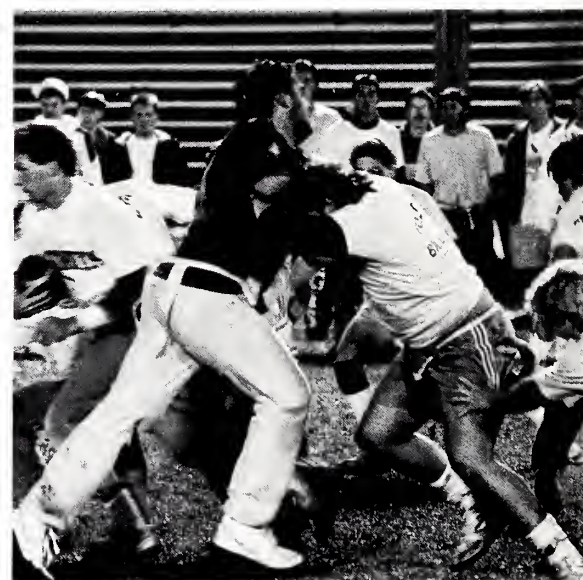
Right: Joe Delany goes around the outside as Don Ferraro comes in to block.

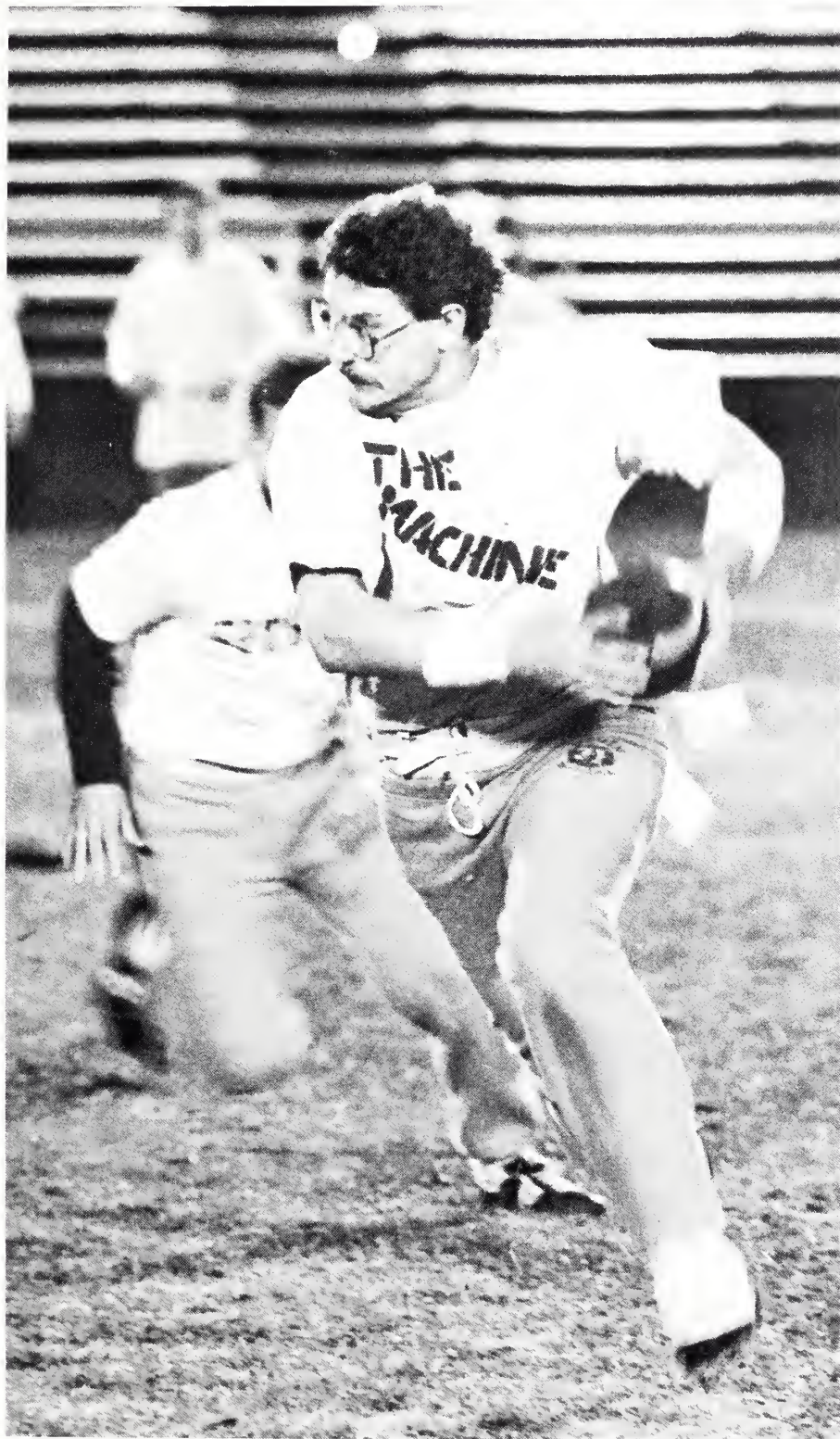
Middle Right: Carl Scheib blows through the offensive line.

Opposite Left: The quarterback for the Machine's looks for an opening.

Opposite Top Right: Patrick O'Shaughnessy cuts to the inside.

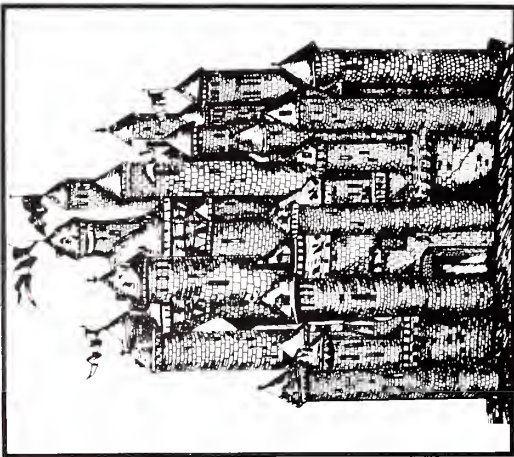
Opposite Bottom Right: Keith Jones missed it by that much.

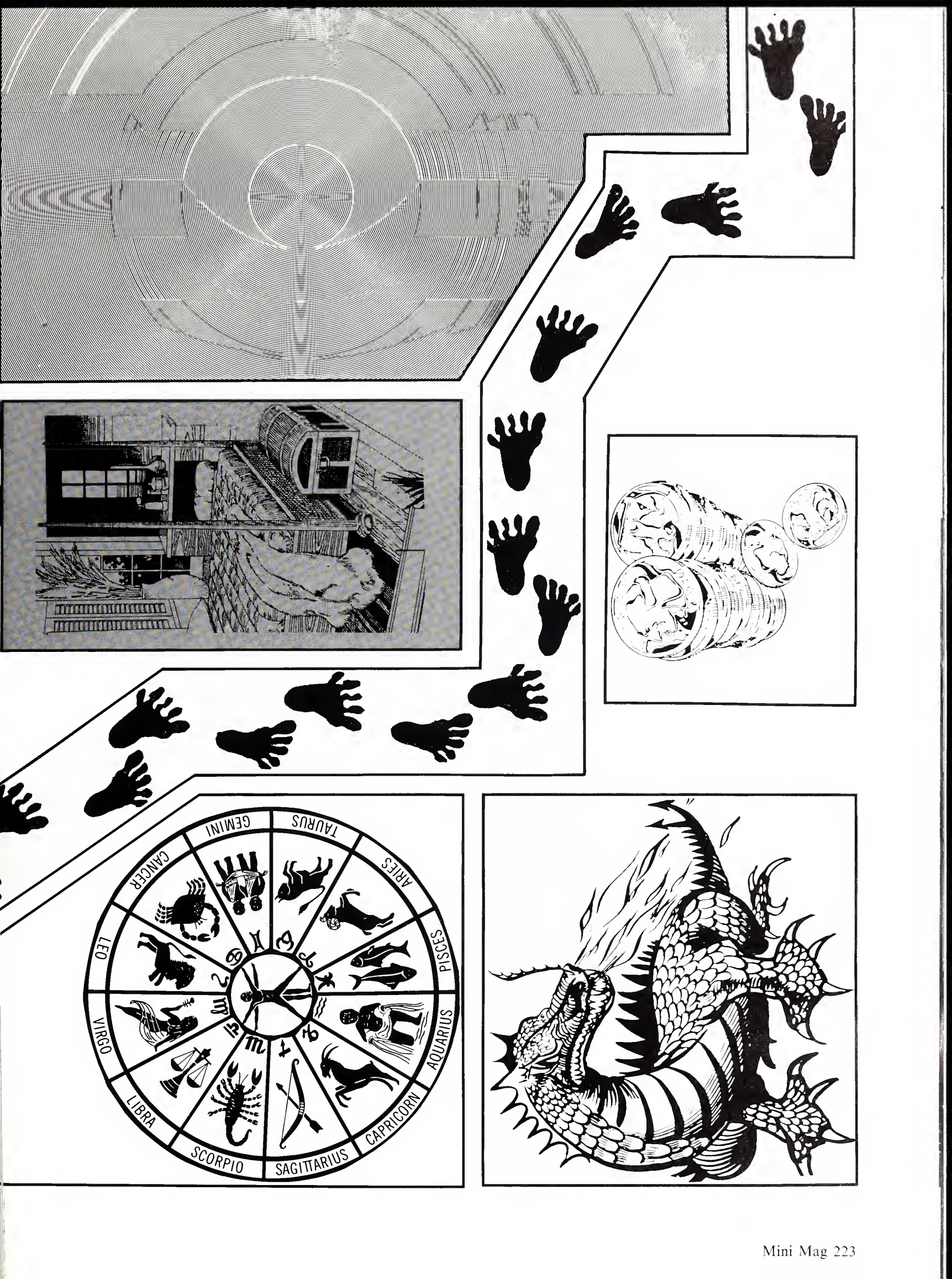


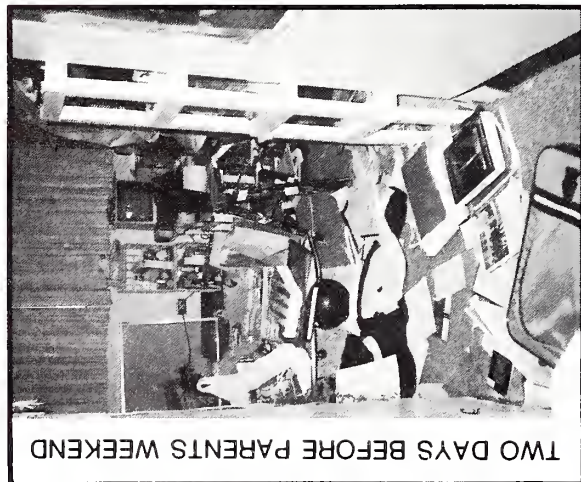




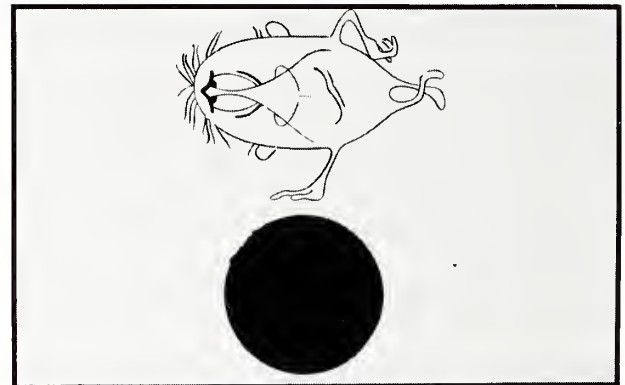
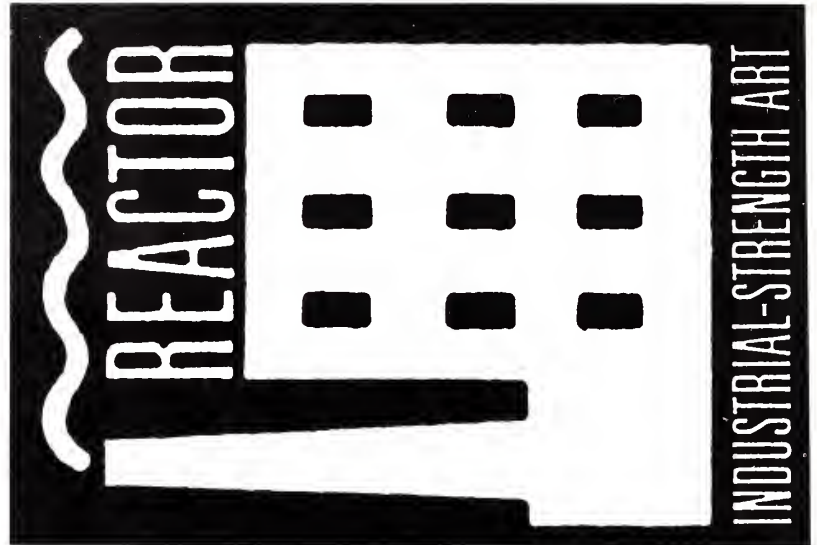
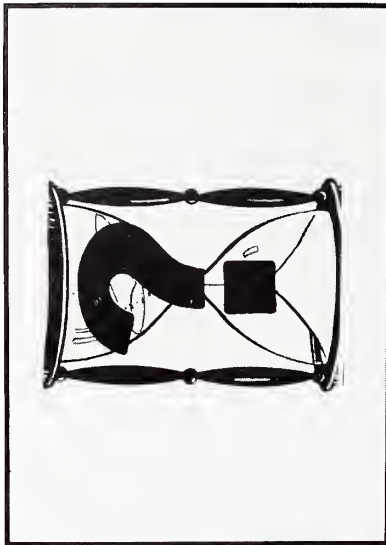




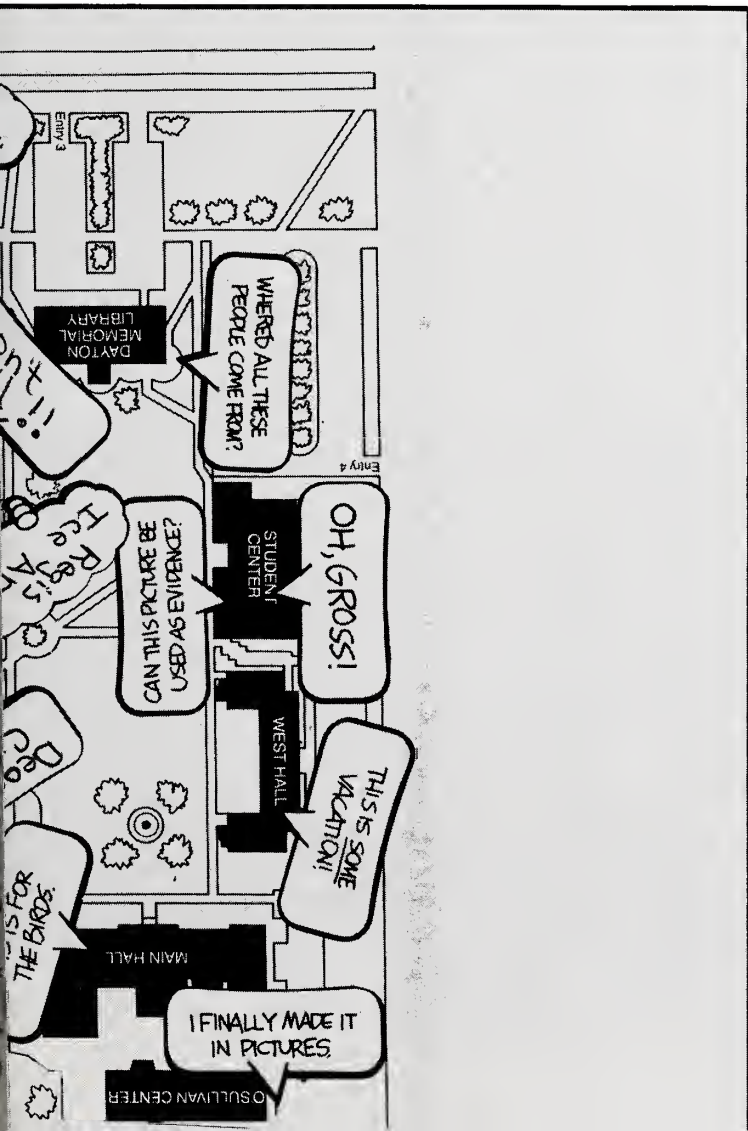




**FOR \$40,000
WOULD YOU EAT A
BOWL OF LIVE
CRICKETS?**



mountain madness



“NOW
GOOD
PEOPLE”
— CHARLES
BRASE

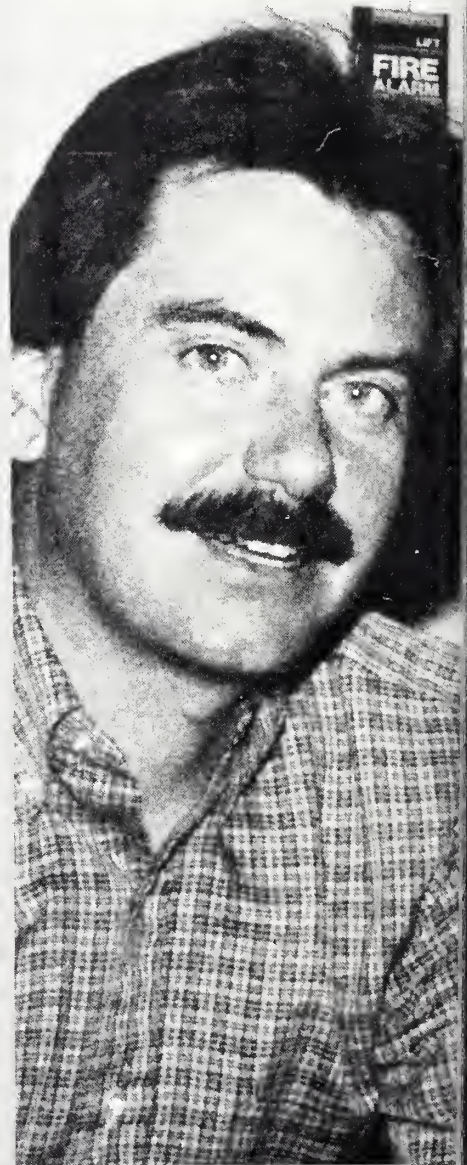
“OH MY
GOD”
— FRANCIS
OZOG

C

lose Up

As we go through the course of our college years, there are certain things that we must all do. First, we all enter college as Freshman, and as Freshman there are things that we will all need to learn. We learn what is cool and what is not. We learn where to go and just what to do. After surviving your first year, you are blest with the honor of becoming a Sophomore. As a Sophomore, your greatest joy in life is struggling to choose a major. When you finally decide just what it is you are here for, you get the privilege of becoming a Junior. As a Junior,

you really don't fit anywhere. You are no longer a lower classman and you are not quite a Senior, but you have indeed been granted the greatest gift . . . the right to live off-campus. Once a Junior, you are only a short time away from being a Senior. When the time finally comes for you to be a Senior, you have both happy and sad feelings. You are finally ready to get out of college, and yet sad because you now have to leave a group of people that you have become attached to in the last four years. As your senior year comes to an end and your diploma arrives in the mail, it all seems to be saying, "Welcome to the working world."





Weekend Getaway

Got a weekend with nothing to do? Why not try one of the many retreats offered each semester here at Regis. When life seems to be backing up and everyone wants something from you, it is time to stop and smell the roses. Why not take a retreat? All you need to do is sign up, pack some clothes and off you go to a mini vacation.

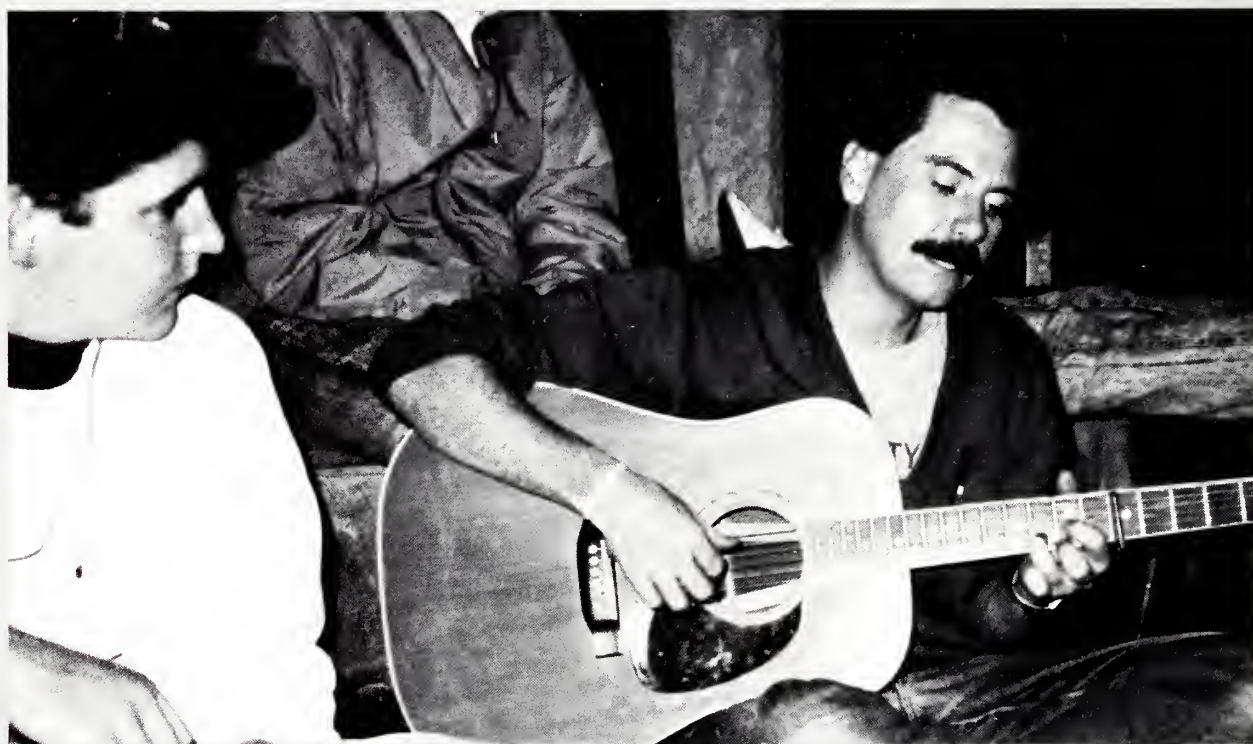
The retreats offered at Regis vary in content. Some retreats are designed with a specific purpose in mind such as Sophomore Leadership, Peer Support, and Christian Life Community (CLC) while others are offered simply for the purpose of stopping everything so you can get back in focus.

Here at Regis, many of the retreats focus on

you as a person. It is important that we all know who we are and where we are going. Some of the retreats take a religious twist. They are geared specifically to take a look at your relationship with your chosen religion.

Retreats are no longer something that people fear, but rather something that they can look forward to. A retreat is a great time to spend with your friends, and they also offer the added feature of introducing you to new friendships that tend to last a life time.

The next time someone offers you a retreat, pack your bags and go, for you will have a great time, and in the process you will have a chance to recharge your life.



Allen, Laurel
Andrews, Lisa
Armijo, Nadia
Bacigalupo, Andrea
Barada, Thomas





Barela, Christina
Brooks, Daniel
Burton, Robert
Bell, Terri
Bohn, Christopher



Bollinger, Christopher
Boyd, Dana
Bracken, Walter
Briggs, LeAnn
Browne, Howard



Bryant, Denise
Calson, Eric
Carlstead, Stephanie
Chambers, Jerome
Charles, Kathleen



Chase, Charine
Chopyak, Joseph
Clayton, Julie
Clemmons, Lynn
Cleveland, Andrew



Closken, Christina
Creech, Jason
Creamer, Gregory
Cooley, Christopher
Cox, Cheryl



DeMars, Emily
Dearson, Stephanie
DiBattista, Erika
Dinan, Craig
Doherty, Jacqueline

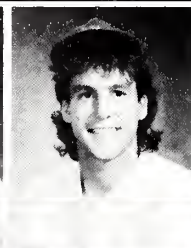


Dolan, Michael
Doman, Stephen
Dreitz, Patricia
Egizii, Jeff
Eldredge, Keith



Elam, Christen
Ellerbeck, Jeff
Ellyin, Ramona
Elston, Brent
Enger, Julie

*Espinoza, Pamela
Fetter, Gregory
Findley, John
Fitzgerald, Maureen
Flory, Kristin*



*Forbes, Elizabeth
Forbes, Mark
Fuentes, Edward
Fuselier, Harold
Gadlin, Laumont*



New Kids On The Block

As they enter the campus, you can see it on their faces, they have the look of both excitement and fear, they are the Freshmen. The freshmen class of 1989 arrived with only mild difficulty. For many students, this is the first time away from home and the separation is not only hard on the students, but also the parents. You can see it in the parents tears, the look of both sadness and joy.

Each Freshmen class is given an awesome responsibility, the responsibility of surviving college life. The problem is no

longer just what classes to take, it is now what classes, with which instructor, when to get your homework done, and where to spend the upcoming weekend.

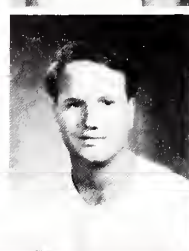
This year's Freshmen class seemed to adjust quite nicely. They made the decisions that needed to be made, they chose their classes, they found time to do their homework and they still made it to skiing on the weekend. All in all, the Freshmen class blended in and were no longer visible as the new kids on the block.



*Gallegos, Mary
Garizynski, Joy
Gebward, Carl
Gillon, Angela
Girard, Darrilyn*



*Goizueta, Thomas
Graham, Shiloe
Gladback, Peggy
Greene, John
Guglielmo, Dave*





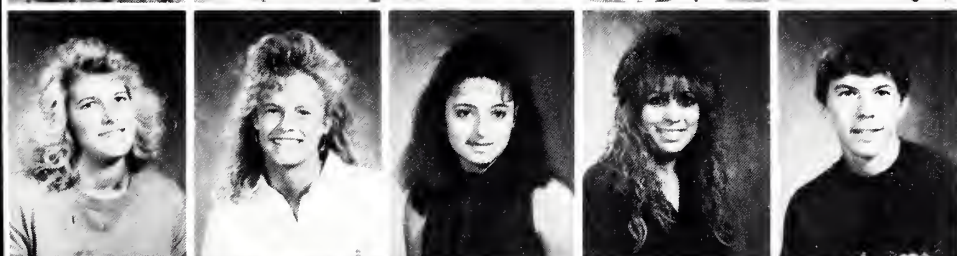
Hall, Barry
Horne, Tim
Harris, Mary
Hastie, Katherine
Hauck, Rachelle



Hayes, Wendy
Haynes, Sandra
Heiss, Kathryn
Hedrick, Kenneth
Hermosillo, Davenie



Hepner, Jeffrey
Hillman, Victoria
Hobbs, Amy
Ilczyszyn, Dennis
Jackson, Nicholas



Janney, Jill
Jeffries, Lisa
Jimencz, Luz Marie
Jiron, Ursula
Johnson, Brian



Johnson, Ernest
Jones, Stephen
Kaiser, Susan
Kerr, Michael
Kelly, Christopher



King, Michael
Kirkland, Jason
Kline, Jenifer
Kosak, Lisa
Kramer, Scott



Kramp, Amy
Krieger, Kathleen
Lacy, Cody
Landry, James
Lange, Timothy

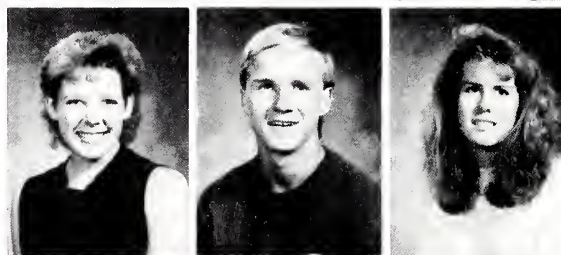


Landry, Hilda
Lee, Christina
Lee, Tammy
Lewis, Brian
Lievens, Robyn

*Litwhiler, Heather
Lockrem, Joseph
Lung, Robert*



*Lynch, Dianna
Lynch, Michael
Mahoney, Shannon*



*Marcus, Lorrie
Martin, Jenelle
McAvoy, Molly*



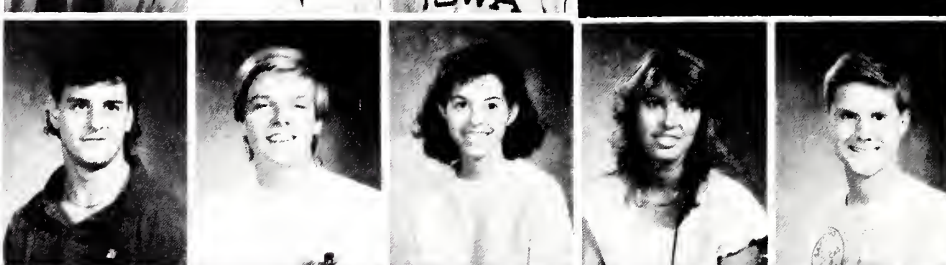
*Martinelli, Teresa
Masterson, Katie
Matsushima, Naomi*



*Maun, Garrett
McCarthy, Steven
McCluskey, Charles*



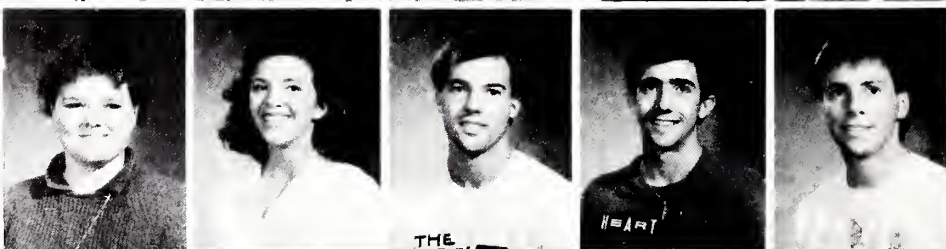
*McGarry, David
McGinley, Patrick
McInerney, Kelly
McIntosh, Liza
Maloney, Kevin*



*McLain, Amy
Meckley, Jody
Miller, Wendy
Millsap, Jeffrey
Mitchell, April*



*Millsaps, Annette
Morris, Carianne
Moulton, John
Mulhern, Patrick Jr.
Mullen, Joseph*





Pressure and Stress

You wake up late for class, you didn't quite finish your homework, you have a paper due in your first hour class, and you have to wait for a shower; you have **STRESS!** Stress is becoming more and more evident in today's society, and some of the people most effected by this terrible thing is students, especially college students. To much stress is something they hope to never have, but the odds are everyone will experience stress in one form or another. When the pressures of life and school build up, many people find it hard to cope. The answer is very simple: eliminate from your life that which causes stress. For some students, the answer is simply to stop everything, for others, stress release is found in doing something that they enjoy. Some students like to workout when they are stressed, others like to take a walk, and still others just simply curl up on the

couch and watch television. No matter what you do, it is important that you try to lower your stress level.

For those of you who find it hard to releave stress on your own, Regis offers stress management classes through the Life Direction Center. It is here that you are taught to deal with your stress. With the help offered here at Regis, the problem of getting rid of stress can become fun. Stress is a serious thing but the most effective way of dealing with it, is to make it fun for you. Whether it is running, working out, or just going for a walk, enjoy what you are doing and you will find life much easier to deal with. With stress out of your life, you will find yourself being much more effective and productive. The chances of experienceing a life with little or no stress is slim but it never hurts to shoot for it.



*Murrie, Michael
Musich, Michael
Nastro, Ronald
Nicosia, Jon
O'Gara, Jennifer*

*Pagel, Jennifer
Palmer, Christopher
Patterson, Samuel
Peacock, Michelle
Peters, Carrie*

*Piburn, Jeffrey
Pinder, Brian
Pinsinski, David
Pokorny, Brian
Porter, Bridget*

*Prentice, Craig
Quintero, Patricia
Rafferty, Gayle
Ramirez, Alfredo
Rice, Anna*



*Robinson, Keith
Robinson, Scott
Rohr, Kendra
Roughton, Ann
Ryan, Patrick*



Computer Lab

No matter how hard you try, you just can't get away from those dreaded mid-term papers. It may not seem like that big of a deal, but when the paper must be typed, that poses a problem for those students who always hand write papers. For some, the idea of using a computer to type a paper is a little scary. Some students have typewriters but these are not always as available as some think. There are three computer labs on campus for students needs, from word processing to spreadsheets.

This year, the computer lab in the basement of the Science

Building was moved and expanded into the learning center in the basement of the library. In this lab, students have the largest selections of software to choose from. Here, there is not only the standard word processing, spreadsheet, and programming languages, but also desk top publishing. To use these to their full extent, there is also two laser printers for student use. So whether it's a program to be written or a paper to be typed, there are plenty of facilities to take advantage of and turn out quality work.



*Ryan, Shannon
Ryan, Scott
Scheetz, Matthew
Schlesinger, Patty
Schmiesing, Kristen*



*Scott, Gates
Shifo, David
Shivvers, Dianna
Sieber, Christopher
Skarbek, Katherine*

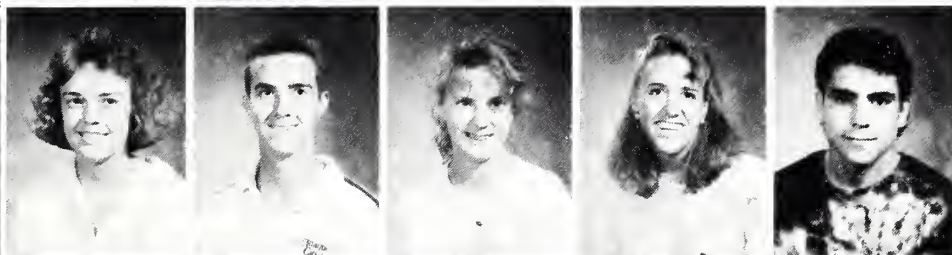




Slaughter, Regina
Somsky, Tammy
Sopkorich, Anne-Marie
Srock, Kathleen
Storek, Amy



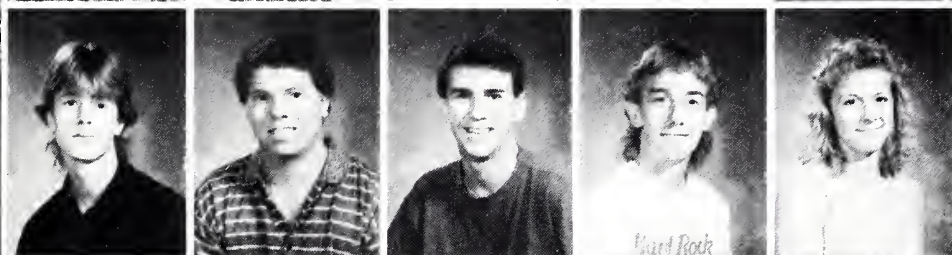
Stringer, Nichole
Strode, Kirsten
Stoyer, Brooke
St. John, Michael
St. Pe, Philippi



Struve, Stephanie
Struessner, Walter
Suy, Karen
Swanson, Alicia
Takerian, John



Tarley, John
Taylor, Steven
Teter, Derek
Than, Thuy Trang
Thompson, Sally



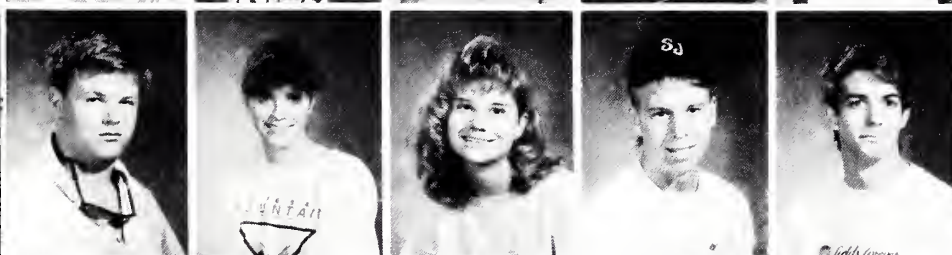
Thompson, Thomas
Torres, Christopher
Troutmann, Christopher
Trovas, John
Treat, Kimberly



Truzzolo, Alisa
Vaquero, Carlos
Viehmman, Yvonne
Vogel, Rebecca
Vollmer, Shauna



Walker, Mark
Ward, George
Weatherford, Michelle
Weghorst, Mark
Westerbuhr, Lori



Whatmoore, James
Wilkins, Sara
Winkel, Katherine
Wyper, Jason
Zachritz, David

Payleitner, Beth
Adducci, Joe
Aguon, Peter
Arangue, Gina
Bennett, Robert



Beran, Heather
Berner, Linda
Bishop, Jeff
Blanchard, Robert
Brockway, Mike



Carbough, Emily
Chauvin, Julie
Climer, Lisa
Coffey, Julia



Collins, William
Connor, Donald
Cooney, Elena
Coram, Melissa



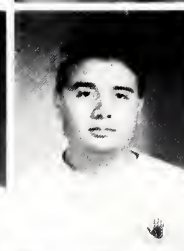
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DeCola, Dyanna
Davala, Lance
Curry, William
Cunningham, Mary



Dugart, Jeanne
Dumler, Martin
Dyman, Shellie
Edelmann, Robben
Ella, Bonnie



Emlich, Janet
Freund, Michelle
Godfry, Brenda
Golwvaux, John
Gonzales, Rodney
Gramhill, Richard



Harte, Stephanie
Hartman, Gregory
Hastings, Mark
Hatch, Sheila
Harzer, Tim
Heihen, Heather





*Hemmer, Eric
Hemming, Sarah
Hill, Monica
Hintze, Libby
Hoban, Chris*

*Hubert, Michelle
Johnson, Mary
Jones, Roberta
Kato, Patti*



Resident Parents

You can see them in the dorms, you can see them all over campus, and you can see them in the Resident Life office. They are your friendly neighborhood Resident Directors. Each dorm is equipped with a staff of Resident Assistants and Resident Directors, otherwise known as R.A.'s and R.D.'s.

The job of the Resident Director is to make sure that things run smoothly in the dorms. DeSmet's Monquie Wiggins, O'Connell's Loring Olk and West's Rich Carter make up an elite group of

people on Regis's Resident Life staff.

You may think that just because they have their own apartment furnished in their own ways, in the same building as you, doesn't mean that their life is any better. The job of a Resident Director is to take care of everyone in the dorm, which is not easy, because we are not talking about one or two people but rather a building that houses between one hundred and a hundred and fifty students.



*Koren, Robert
Kubat, Cheryl
Kuss, Sandy
Leff, Terrance
Lennon, Stephanie*

*Long, David
Logan, Edward
Maier, Mary
Malia, Gerald
Matinez, Jill*

Marriot

Marriot - known to students as SAGA - remains a mainstay for food, drink, and merry-making. Marriot is a perfect place to relax after that tough Organic Chemistry test. It is also a great place to discuss profound philosophical issues.

Entertainment has been recently added to the menu with luncheon concerts by the dance department, and a local jazz band, USA Today table-top news, and a high-tech, digital, flashing, electronic bulletin board.

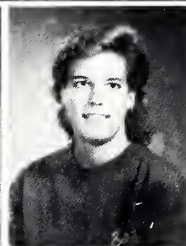
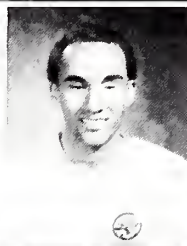
Recent policy changes include adding a popcorn machine, ice cream dispenser, luncheons specialty bars, burger bar on week-

nights and new meal plans. Marriot now offers a meal plan in which you have a specific number of meals in the cafeteria and cash credit in the snake bar. They also extended the dinner hour during the week to enable students more time so that they could still get dinner while working around their busy schedules. Friendly Marriot employees are always helpful and willing to give that extra helping of ravioli, or provide a sick-plate.

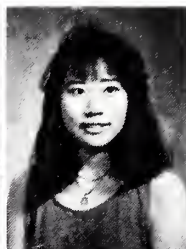
It is a bit of change from Mom's cooking, but the many changes that have happened over the course of the year have led to a great improvement and a better dining experience at Marriot.



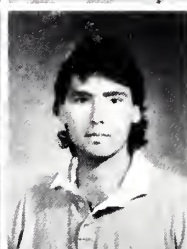
*McDonald, John
McMahon, Kelly
Melly, David
Merkel, Jennifer*



*Middendorf, Matt
Mori, Mariann
Nelson, Jason
Newton, Tom
Nguyen, Van*



*Obana, Carmeliza
Otterbine, Paul
Overton, Gregory
Paluso, Patrick
Patten, David*





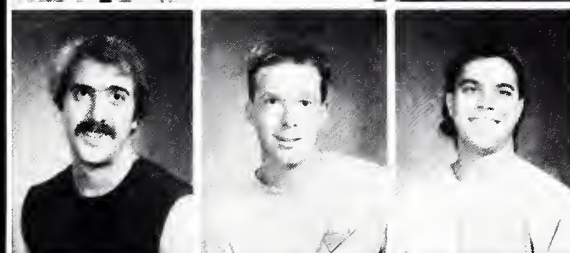
*Pearce, Timothy
Percival, Jeffrey
Perry, Jennifer*



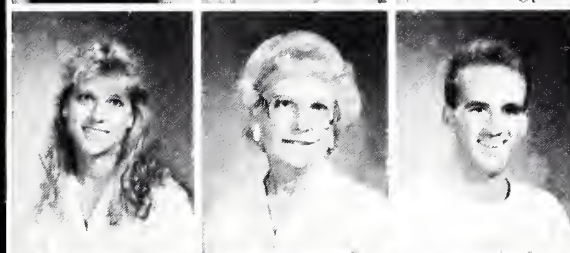
*Plisga, Bill
Ramsay, Jennifer
Russell, Chris*



*Schaffer, Chris
Slaughter, Joan
Snyder, Chritie*



*Stange, Eric
Stocking, Paul
Stoll, Joseph*



*Stoffel, Debbie
Stout, Suzanne
Summers, Brendan*



*Swanson, Brigid
Sweatt, Melissa
Taylor, James
Tennessen, Elizabeth
Tiemeyer, Keith
Treat, Dianne*

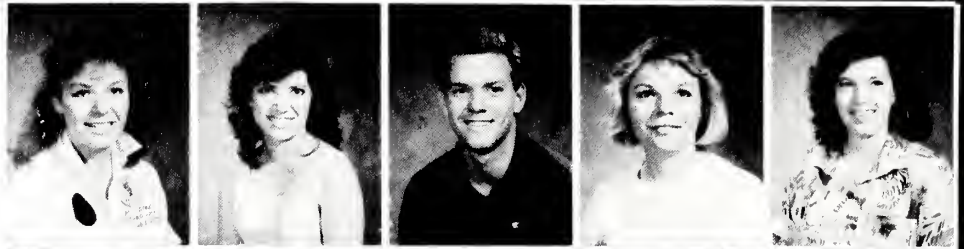


*Vinnola, Kelli
Woessner, David
Wagner, Michael
Walsh, David
Winston, Maribeth*



*Yuzeitis, Tim
Zonski, Tasha
Zummach, Tom*

*Acke, Mary Jo
Alonzo, Cristy
Atwell, Michael
Benham, Barbara
Boone, Christy*



*Card, Kari
Card, David
Carney, John
Carruthers, Kelly
Christenson, Kelly*



*Conley, Dean
Cummings, David
Dito, Melissa
Donnelly, Ann
Erftmier, Tracy*



*Farrell, John
Fennell, John
Foegen, Caitlin
Ford, Julie
Gonzalez, Gabriela*



*Havermann, Brian
Hepp, Joe
Hietser, Joe
Hodgden, Stefani
Kaiser, Chris*



*Kelsch, Jeff
King, Emily
Kirwin, Ken
Kopeckey, Elizabeth
Lehmkuhle, Sean*



*Louree, Pete
Maddox, Marjorie
Mahaffy, Jean
Maloney, Steven
Marschman, Renae*



*Maude, David
McHugh, Nicholas
Michaels, Joanna
Miller, Saroan
Milton, Debbie*



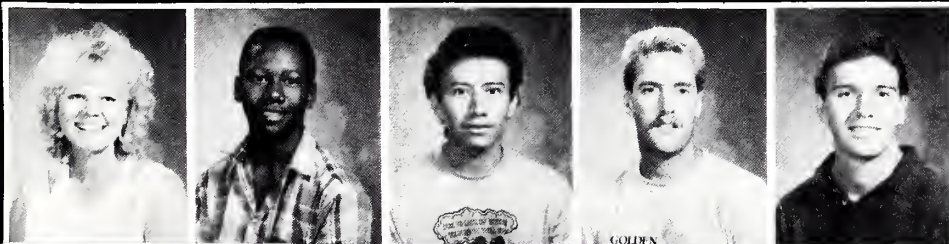
All Nighter's

Do you ever feel there's just not enough hours in the day to do what you want to? Well, your not alone! For many students, the only way finish everything is to pull an all nighter.. The only problem with staying up all night is that most of us need a little help staying awake. Everything seems to be going fine until about midnight or around one in the morning. Soon you find yourself reading the same sentence over and over until you finally realize, that the chapter isn't that long! It's time to get a little help. Most students use this as an excuse to take a little break and get some caf-

feine.

The most popular source of caffeine is Coke a Cola, but there are still others that join the league of coffee drinker's, mixing it with what ever they can find to give it a new twist. The need for caffeine, is usually accompanied with the late night munchies. To satisfy both of these, some students decide to take a walk to McCoy's or Village Inn, the two 24 hour restaurant's are located with in walking distance of Regis. Here you can bring a little homework and load up on some caffeine and get something to eat at the same time. For those who can't work in

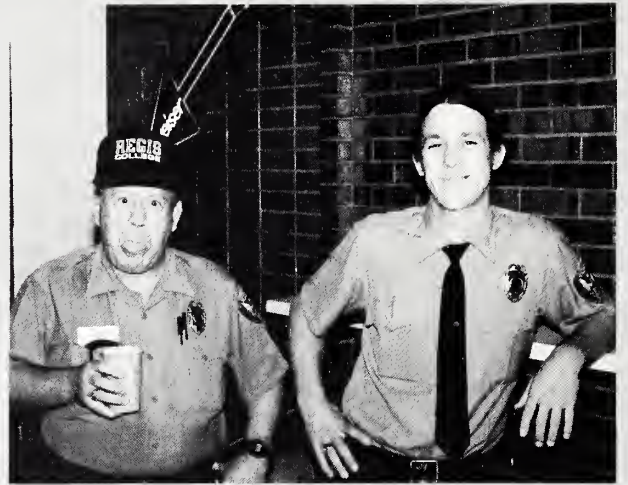
the social atmosphere, there are also the "fast pick up - safe as coffee" aids like Vivarin and Jet-Alert. Although these are not as good for you as sleep, they do work much faster. Soon after the caffeine has kicked in, you should be set for a few more hours and it's time to put this new energy to work. Two chapters, one take home test, and one research paper later, you glance outside and you see the horizon getting a little brighter. Yes, the sun is coming up, and it's the start of yet another day.



Moore, Lisa
Munnings, Crios
Nah, Gregorio
Neumann, John
Neuroth, John

It's nine o'clock at night - do you know where your campus security guards are? Are they sneaking around campus looking for trouble makers? Are they out in the parking lots writing tickets for those who are illegally parked, or reminding people to slow down? Or are they roaming the halls of the dorms searching for vandalizers? Are they sitting in the Security office doing some type of paper work? Are they answering calls from those reporting annoying disturbances? Maybe they are. Maybe they aren't. Either way you look at it, chances are that the security guards are getting more than they bargained for.

There are a couple of advantages to being a security guard here at Regis College. One of these advantages is that the security guards get to know many on and off-campus students personally. Many students are often seen conversing with the security guards outside on nice days, and inside lobbies and halls of the buildings on those not so nice days. This often serves as a break for security. They have a chance to enjoy some laughs and great times with the students. They can also learn new information from students as they are on duty. They also learn more about the students and what is going on by talking to students. Or they may be giving the students a break by being able to get the students' minds off of the things that may be bothering them. This also



works the same way for the security guards.

Another advantage is that they get to attend such things as movies and other activities in the Ranger Station for free. Occasionally they may need to solve a small problem that sometimes occurs at these activities, but most of the time, they are at their leisure. This also provides a break from a sometimes monotonous job. They are able to do their jobs and engage in a relaxing social activity at the same time. So the job of a security guard here on campus can be relaxing, and is often more than what they bargained for.

The next time you see a security guard roaming campus, take time to say hi, remember, they are there for you, why not be there for them.

That's What Friends Are For



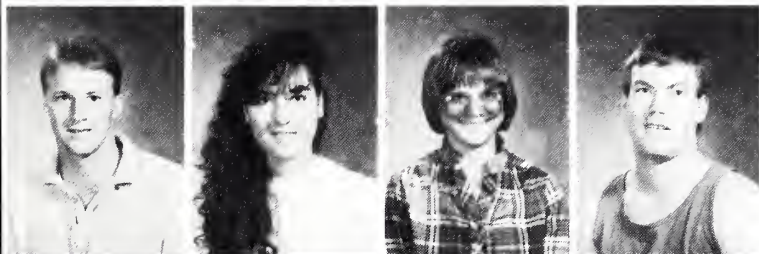
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Nichols, Christopher
O'Callaghan, Julie
O'Flaherty, Elizabeth*



*Okamatsu, Kathy
Ortiz, Janette
Parises, Debbie
Pieroni, Christopher*



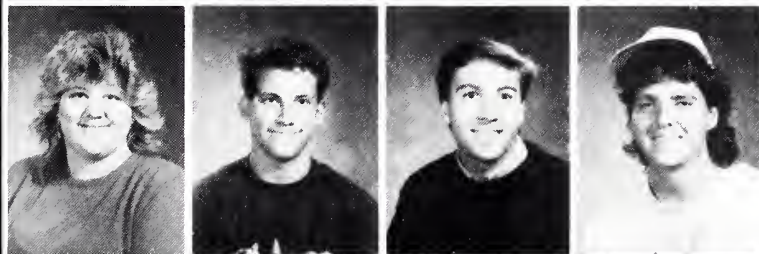
*Salas, Osmany
Sarin, Pamela
Schaefer, Lisa
Scheetz, Michael*



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Siqueiros, Laura
Simmonds, Kristen
Smith, Lee*



*Sorgi, Sarah
Spranger, Sandra
Stalcup, Karen
Stewart, Megan*



*Taylor, Ellen
Terrigno, Michael
VanDerslice, Andrew
Verezia, Dan*



*Walker, Lisa
Webber, John
Williams, Richard
Wright, Geoff*

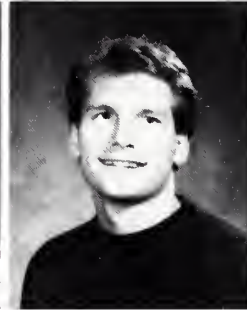




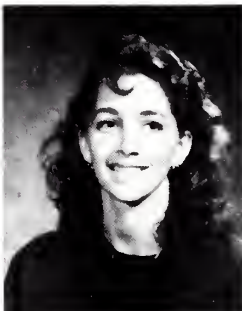
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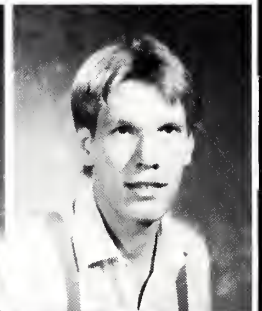
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 Biel, Phillip
 Bishop, Daniel
 Bollinger, Carla



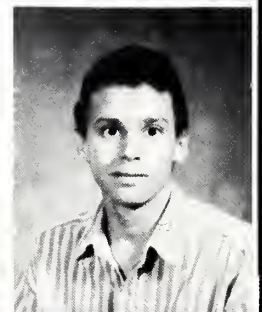
Boyd, Angela
 Broadhurst, Candy
 Castelli, Melissa
 Cecchine, Ann



Chase, Joe
 Chiapel, John
 Clay, Johnson
 Clements, Paul



Cole, Michelle
 Conlin, Mary
 Connelley, Kim
 Cooper, Virgil



Cullen, Catherine
 Curto, Mary
 Dolan, Patricia
 Donahue, Shannon



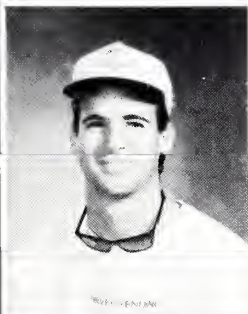
Friendships Are Simply Black & White

Do you remember that little slip of paper you filled out about a roommate as you first got ready to go off to school? After a few weeks you finally received the name and address of your roommate for your stay at school. This may not seem like too important of a decision, but it really is. The selection process for roommates is a long and complicated one. The people who match up two students, take on the responsibility of your happiness as you first arrive on campus. The person you have been matched up with is a very important decision, so you want to make sure that you and your roommate get along for this roommate is probably going to be your first real friend at college, and the two of you are going to go through a lot together. Soon after you arrive at your new "home away from home," you realize just how important this friend is going to be.

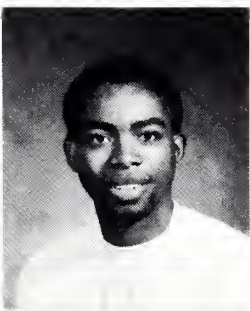
As you and your roommate progress



through college, it is important that you realize just how special your friendship is. You will find yourself sharing everything and spending countless hours talking and helping one another. As the years go by and you are about ready to graduate, you look back on what you and your roommate have done in the past. Soon you find yourself looking back through your yearbook and seeing the good times that both of you went through. A friendship like this doesn't stop after graduation, and it is always important to try and stay in touch. The two of you have made a lasting impression on each other and you will always see friendship as plain as black and white.

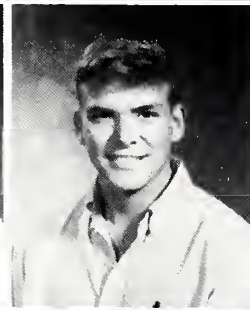
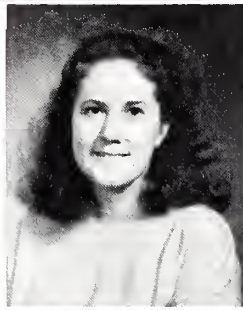


*Eckrich, Tim
Evans, Tina
Foltmer, James
Fox, Ann*



*Good, Mitzi
Green, Emmanuel
Greener, Susan
Hames, Bonnie*

Hanson, Marcia
Heaston, Lisa
Hector, Bradley
Heeke, Beverly



Heller, Mary
Hershfeldt, Alan
Higgs, Melinda
Hilbert, Lee



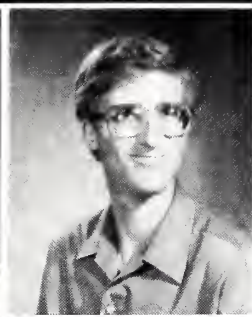
Welcome To The Real World

For many students, graduation is a long awaited achievement. With graduation, comes the big decision of what to do after graduation. For some, the choice is easy. They have been planning this moment for most of their life and they have already planned what they will be doing, where they will live, who they will be living with and how much they will be making. For some students, the pre-planned approach is simply not them. These are the people who plan on taking time off to either find themselves or find that special place where they feel most comfortable. These are the same people you will see traveling around the world and enjoying life. Some people will be road tripping across the United States, while others leave the country to get a taste of another culture.

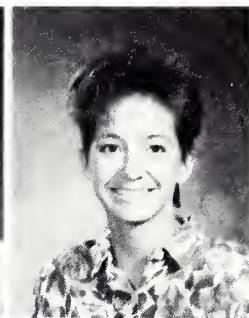
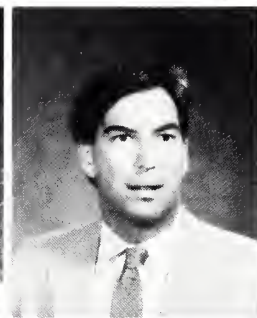
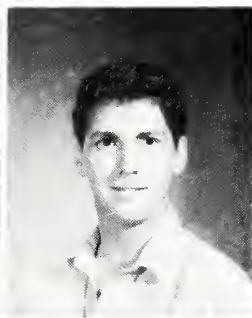
If traveling is not your cup of tea, you may



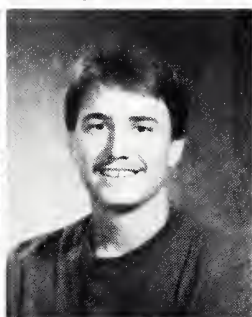
want to consider taking the next year off to catch up on all the sleep that you missed in the last four years. No matter what you decide to do, just remember that you have worked hard these last four years to get to this point in your life, so make the most of it.



Hiller, Paul
Hiller, William
Holland, Tim
Huerter, Greg



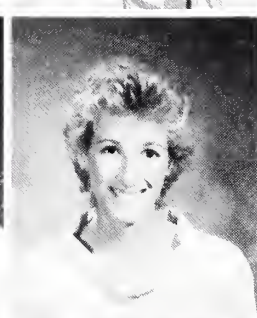
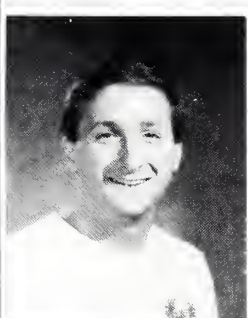
Huiskamp, James
Hunnicut, Jeff
Johnston, Steve
Kaveny, Kim



Keenan, Eileen
Kennedy, John
Kiger, Chris
Kirwin, Gale



Knies, Richard
Lewis, Vickie
Maerckle, Donna
Marquez, Shari



Marsh, James
Marshalleck, Edmund
McCarthy, Sandra
McEwen, Kelly

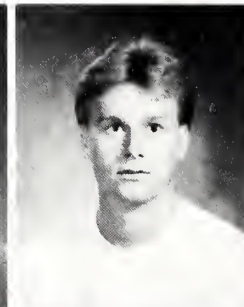


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Mize, Ann
Moore, Sue

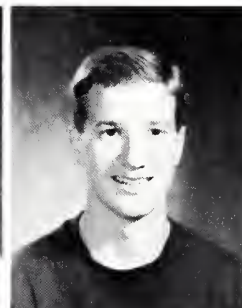
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Moyer, Douglas
Murphy, Kelly
Nelson, Margaret*



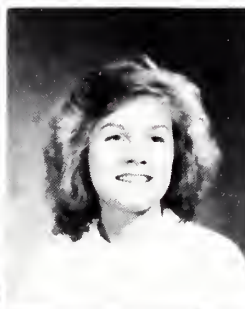
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Peck, Jennifer
Pedersen, Mark*



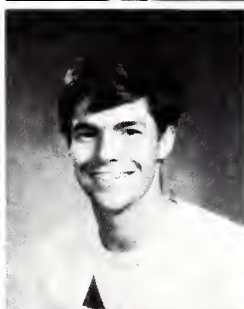
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Rock, Rich
Rooney, Brian*



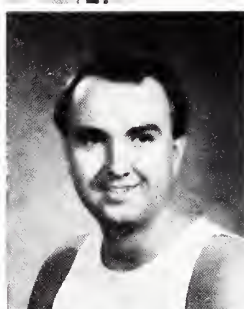
*Rosetta, Regis
Roughton, Sue
Running, Bear
Runtz, Joseph*



*Ryan, Joseph
Savarie, Susan
Scheib, Karl
Scholz, Chris*



*Scott, Craig
Segale, Kathy
Schemmel, Susan
Senneff, Lisa*





Scholz, Chris
Smaling, Diane
Soriano, Raymond
Spinhirne, John

When You Need A Friend

When you're down and troubled and you need some love and care

And nothing, nothing is going right, close your eyes and think of me

And soon I will be there to brighten up even your darkest night.

You just call out my name and you know wherever I am

I'll come running, to see you again.

Winter, Spring, Summer or Fall, all you have to do is call

And I'll be there, yes I will - you've got a friend.

If the sky above you grows dark and full of clouds

And that old north wind begins to blow,

Keep your head together and call my name out loud.

Soon you'll hear me knockin' at your door.

Now ain't it good to know that you've got a friend

When people can be so cold. They'll hurt you, yes, and desert you,

And take your soul if you let

them. Oh, but don't you let them.

I'll be there, yes I will - you've got a friend.

- Carole King

Here at Regis, friends are pretty easy to find, and if you ever need a friend . . . you've got a friend.



*Shirk, Leslea
Sponsel, Chris
Stephens, Mark
Stewart, Tina*



*Stinson, Rob
Stophel, Stephen
Sundine, Brian
Sweeny, Bob*

Time to Think

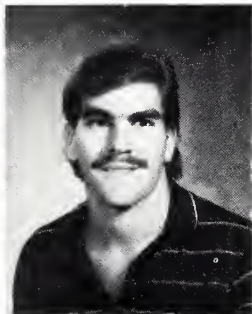
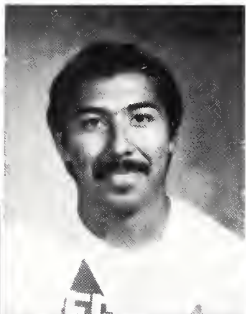
For many students, college is a very stressful time. It is the time to think mainly of your classes, take-home exams, and those ever-popular 10-15 page research papers. With school being so full of pressure, it is a wonder that everyone here doesn't go completely mad. For some students, the way to remain sane is to take time for yourself and just get away to think. Some do this by simply stopping what they're doing and taking a look at something around them; something that really grabs their attention. Looking at the sunrise, watching the grass grow, and staring at the mountains are some favorite ways to relax.

No matter what you do, remember to take time for yourself and simply ponder life.

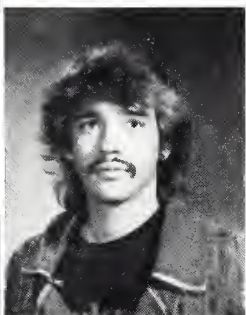




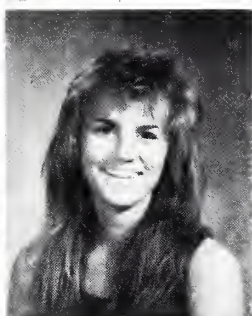
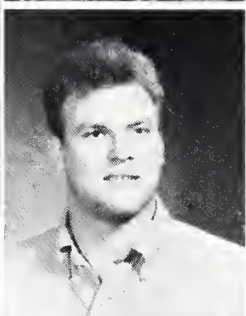
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Taylor, Michael
Telling, sarah
Toews, Robert*



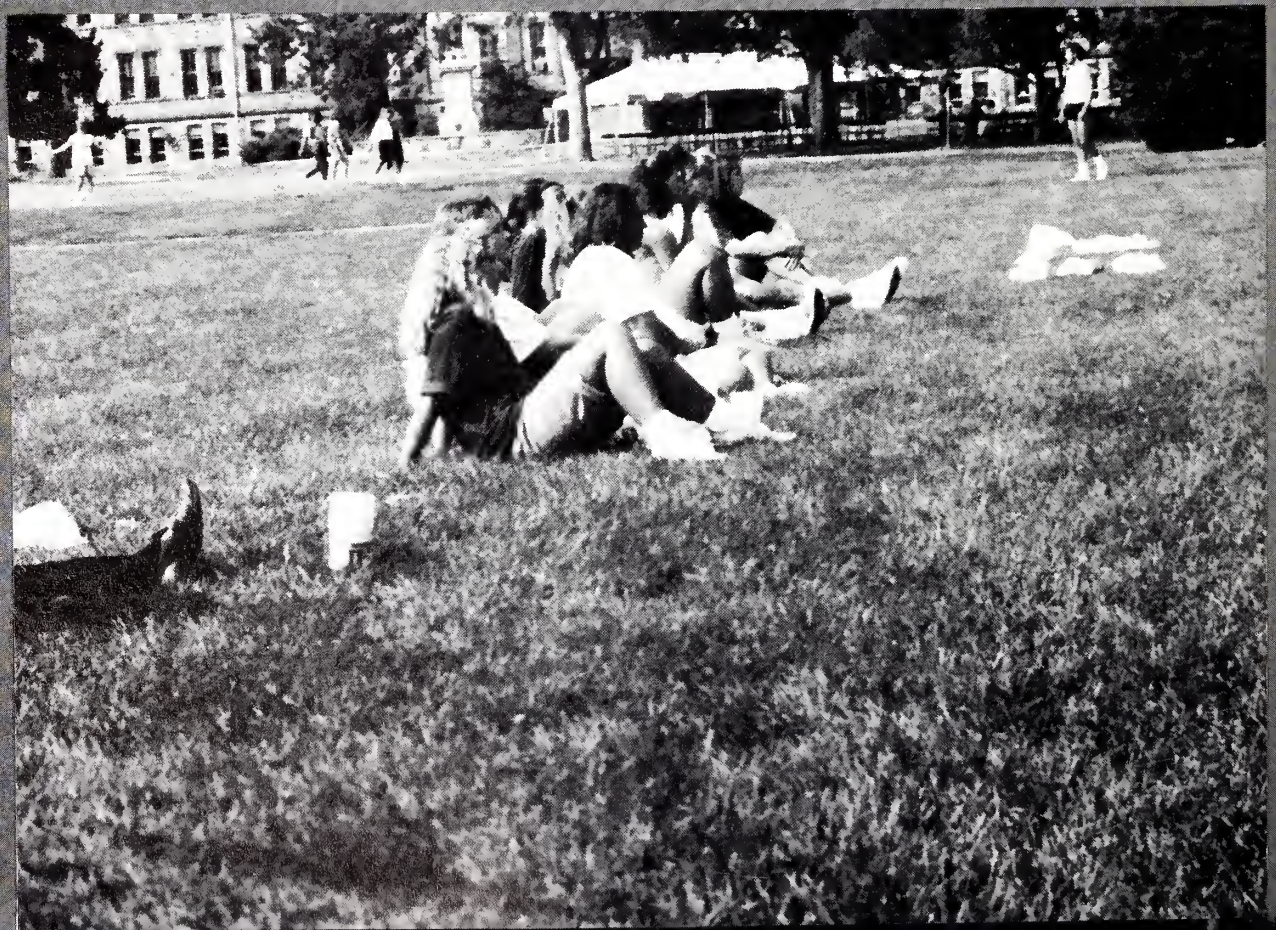
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Valdez, Paul
Vigil, Renee
Vinnola, Deb*



*Weyher, Frank
Windholz, Cherie
Wisehart, Shelli*



*Wittenburg, Lou
Young, Kriste*





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 Cashman, Lynn 212
 Castelli, Melissa 55, 246
 Cecchine, Ann 81, 128, 246
 Cecchine, Ann 129
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1988 — 89
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A Final Word

As the last pages of the 1988—89 Ranger Yearbook are taken away by the mail, we have a feeling of accomplishment here in the Yearbook office. This past year has brought many changes to the campus here at Regis College and to the Ranger Yearbook as well. Since the campus received a facelift, we thought it would be appropriate to give the Ranger Yearbook a facelift as well. Our goal was to bring new graphics, design, in depth copy writing, diversity, originality, consistency, and a common theme that is well developed and carried throughout the book.

This year the Ranger Yearbook added the talents of Kim Kos and Elizabeth Tennesen, who thanks to their hard work and dedication, brought many of the new creative ideas you see to life. A yearbook wouldn't be complete without pictures, and so our staff wouldn't be complete without Hrolf Huey. Hrolf's specialty is varsity sport photos, but his expertise in picture taking has helped us in many other areas of the yearbook.

We hope that the contents of these 264 pages are something that you will treasure for many year's to come. Hopefully, you will all enjoy looking and reading through the Ranger Yearbook as much as we enjoyed putting it together.

The completion of this year's yearbook would not be possible if it weren't for the help of the following people. As a staff we would like to give a very special

thanks to these people who are alphabetical order. Rick Anderson, Dana Boyd, Rich Carter, Steve Clemente, Don Connor, Dyanna DeCola, Amy Flaherty, Michelle Hubert, Keith Jones, Fr. Kevin, Jim McCormick, Kevin Norris, Ken Phillips, Tom Reynolds, Craig Scott, Brigid Swanson, Dave Wilson, The Brown and Gold Staff, The Computer Center, and The Student Executive Board. We would also like to especially thank Mr. Dave Kandel, Herff Jones Field Representative, for his help and patience in the production of the 1988—89 Ranger Yearbook.

Sincerely,

David Cummings	Editor—in—Chief
Elizabeth Tennesen	Copy Editor
Kimberly Kos	Layout Editor
Hrolf Huey	Photography Editor

Colophon

The 640 copies of the 1988—89 Regis College edition of the Ranger were printed by Herff Jones Publishing Company located in Logan, Utah. The approximate cost of publishing Volume 77 was \$ 35,000.00. Students pre-paid \$30.00 for the yearbook.

This 9x12 basic book size contains 264 pages printed on 80lb. semi—gloss paper. Theme body copy is set in 10 pt. Times Roman and type varies in each section. Captions are set in 8 pt. Times Roman Italics. All section titles are 18 pt. Brush with the activities section being Helvica type. All division page letters are 18pt Brush with letters of art work done by Mr. Dave Kandel on an Apple Macintosh computer. Un-

limited use of gray screens, loose registrar lines, reverse, overprint and mortise on all photos. Two point rule lines are around all photos and the opening seven pages are full color and from page seven through signature four is spot color. Copy was submitted using Megabyte Courseware, Herff Jones typesetting software. A particle lithograph cover with several applied inks was used.

All photo reproductions are 150 line halftone screens individually scanned using a densitometer. No gang mounting of photos other than individual student photos in the class section. Ted Spring Photography, 15 South Wilcox, Castlerock, Colorado 80104 received the bid to do the individual student portraits. The 1987—88 Ranger Yearbook received the following award, First Place in the American Scholastic Press Association Contest and Critique. Regis College was among institutions with a student body of 1000 or less to receive a first place award in the contest, which was open to all college publications throughout the country. The 1987—88 edition was produced by Mary Hoge: Editor—in—Chief, Dave Cummings and Pete Louree: Co—Editor, Hrolf Huey Photography Editor.







The Vision Continues . . .

As the academic year draws to a close and the once populated halls and classrooms find silence from the year's chatter, everyone will look back at the time spent here and reminisce.

This has been a year of change for Regis, and even though things started out a little rough, they are running much smoother now. The beginning of the year started with the merger of Loretto Heights College with Regis College, and with this came a mixed bag of emotions. We also found that Dr. Clyde Currie of the biology department, who was a very special and well-liked professor, had suffered a stroke. This stroke affected his speech and also caused some paralysis on the right side. Just after the Loretto merger was beginning to settle down, an "agreement of principle" was reached between Regis and Teikyo University of Tokyo. This agreement will allow Teikyo to establish a school for Pacific Studies at the Loretto campus. This joint venture will provide international education to both American and Japanese students.

The prestigious Rhodes scholarship was awarded to Mary Ann Lehmkuhle, who graduated from Regis in 1986. This was a very big honor for the college in that only 32 scholars are selected in the United States, and very few of these attend Jesuit institutions.

Just as everything was looking up

for Regis, a tragic accident occurred on Monday March 13, 1989 as four students were returning from spring break. The result of this accident injured three students, two very seriously, and took the life of one student, Adam Walker. The entire campus mourned the loss of Adam and prayed for both him and his family as well as the other three students still trying to recover.

As the year began to come to a close, who could forget Ranger Week that had some kind of activity going on every night for us? Ranger Day was filled with great entertainment and was a great opportunity for us to relax and enjoy the music and the great weather.

Who could forget both Prom and UnProm, held the night before? The highlight of this year's Prom was that there were no damages!

The Visions of Excellence have experienced a number of changes this year. We have to look past the bad times we've had this year and learn from our mistakes. The Excellence in the Jesuit Tradition is very much alive here at Regis and is engraved in our hearts. It doesn't matter if you've been here one year or more than four, the feeling won't fade. As it was over 100 years ago and it is today, we'll feel that special link with Regis College from today on through the rest of our lives!

